

## MDOC STREET LEAGUE 2022/23 - Event 7 - Whaley Bridge - Gross Results

| Pos | Name                                 | Club                      | MW | 40/60 |       |       | Points | Time  | Pens  | Score | Points   | % of par     |
|-----|--------------------------------------|---------------------------|----|-------|-------|-------|--------|-------|-------|-------|----------|--------------|
|     |                                      |                           |    |       | paper | phone | total  |       | Bonus |       | per hour |              |
|     | Organiser points:                    |                           |    |       |       |       |        |       |       |       |          |              |
|     | Trevor Hindle                        |                           |    |       |       |       |        |       |       |       |          |              |
|     | Hazel Hindle                         |                           |    |       |       |       |        |       |       |       |          |              |
|     |                                      |                           |    |       |       |       |        |       |       |       |          |              |
| 1   | Nathanael Booker                     | MDOC                      | M  | 60    | 0     | 1920  | 1920   | 59:48 | 0     | 1920  | 1920.0   | <b>176.4</b> |
| 2   | Christopher Embrey                   | MDOC                      | M  | 60    | 40    | 1690  | 1730   | 59:32 | 0     | 1730  | 1730.0   | <b>158.9</b> |
| 3   | Ruth Beresford                       | MDOC                      | W  | 60    | 0     | 1600  | 1600   | 61:40 | 50    | 1550  | 1550.0   | <b>142.4</b> |
| 4   | Nicholas Colwill                     | IND                       | M  | 75    | 0     | 1960  | 1960   | 76:12 | 36    | 1924  | 1539.2   | <b>141.4</b> |
| 5   | John Embrey                          | SROC                      | M  | 75    | 0     | 1920  | 1920   | 73:07 | 0     | 1920  | 1536.0   | <b>141.1</b> |
| 6   | Mike Ashby                           | Sale Harriers             | M  | 75    | 0     | 1910  | 1910   | 74:29 | 0     | 1910  | 1528.0   | <b>140.4</b> |
| 7   | Jim Edwards                          | MDOC                      | M  | 60    | 100   | 1360  | 1460   | 59:19 | 0     | 1460  | 1460.0   | <b>134.1</b> |
| 8   | Peter Brooke                         | SELOC                     | M  | 75    | 40    | 1770  | 1810   | 74:29 | 0     | 1810  | 1448.0   | <b>133.0</b> |
| 9   | Peter Gorvett                        | SYO                       | M  | 75    | 0     | 1750  | 1750   | 74:57 | 0     | 1750  | 1400.0   | <b>128.6</b> |
| 10  | Anna Thomas + Mark Hanna             | Manchester Triathlon Club | W  | 75    | 0     | 1630  | 1630   | 74:49 | 0     | 1630  | 1304.0   | <b>119.8</b> |
| 11  | Fiona Blagg                          | Macclesfield Harriers     | W  | 60    | 0     | 1300  | 1300   | 57:14 | 0     | 1300  | 1300.0   | <b>119.4</b> |
| 12  | Steve Fairclough + Andrew Mainwaring | IND                       | M  | 60    | 0     | 1300  | 1300   | 58:30 | 0     | 1300  | 1300.0   | <b>119.4</b> |
| 13  | Tim Hargreaves                       | MDOC                      | M  | 60    | 1280  | 0     | 1280   | 59:08 | 0     | 1280  | 1280.0   | <b>117.6</b> |
| 14  | Kay Hawke                            | PFO                       | W  | 75    | 0     | 1590  | 1590   | 72:29 | 0     | 1590  | 1272.0   | <b>116.9</b> |
| 15  | Benjamin Wolstenholme                | Bramhall Runners          | M  | 60    | 0     | 1250  | 1250   | 55:54 | 0     | 1250  | 1250.0   | <b>114.8</b> |
| 16  | Rebecca Glen                         | MDOC                      | W  | 60    | 0     | 1240  | 1240   | 58:16 | 0     | 1240  | 1240.0   | <b>113.9</b> |
| 17  | Paul Hunt                            | MDOC                      | M  | 60    | 40    | 1260  | 1300   | 62:01 | 61    | 1239  | 1239.0   | <b>113.8</b> |
| 18  | Ade West-Samuel                      | GVS                       | M  | 60    | 0     | 1230  | 1230   | 58:23 | 0     | 1230  | 1230.0   | <b>113.0</b> |
| 19  | James Corden                         | Stockport Harriers        | M  | 60    | 0     | 1230  | 1230   | 60:48 | 24    | 1206  | 1206.0   | <b>110.8</b> |
| 20  | Fiona Millington                     | MDOC                      | W  | 60    | 390   | 790   | 1180   | 58:53 | 0     | 1180  | 1180.0   | <b>108.4</b> |
| 21  | Albert Sunter                        | SELOC                     | M  | 75    | 0     | 1490  | 1490   | 75:45 | 23    | 1467  | 1173.6   | <b>107.8</b> |
| 22  | Grace Hunt                           | IND                       | W  | 60    | 0     | 1170  | 1170   | 57:55 | 0     | 1170  | 1170.0   | <b>107.5</b> |
| 23  | Siobahn Henn                         | MDOC                      | W  | 60    | 0     | 1160  | 1160   | 58:46 | 0     | 1160  | 1160.0   | <b>106.6</b> |
| 24  | David McCann                         | MDOC                      | M  | 60    | 0     | 1150  | 1150   | 59:41 | 0     | 1150  | 1150.0   | <b>105.6</b> |
| 25  | Chris Donnelly                       | Sale harriers             | M  | 75    | 0     | 1450  | 1450   | 75:38 | 19    | 1431  | 1144.8   | <b>105.2</b> |
| 26  | Jane McCann                          | MDOC                      | W  | 60    | 0     | 1130  | 1130   | 60:31 | 16    | 1114  | 1114.0   | <b>102.3</b> |
| 27  | Clare Griffin                        | MDOC                      | W  | 60    | 0     | 1110  | 1110   | 58:51 | 0     | 1110  | 1110.0   | <b>102.0</b> |
| 28  | Lisa Bloor + Catherine Tombs         | PENNINE                   | W  | 60    | 80    | 1020  | 1100   | 59:56 | 0     | 1100  | 1100.0   | <b>101.0</b> |
| 29  | John Britton                         | MDOC                      | M  | 60    | 0     | 1140  | 1140   | 61:21 | 41    | 1099  | 1099.0   | <b>101.0</b> |
| 30  | Richard Griffin                      | MDOC                      | M  | 60    | 40    | 1040  | 1080   | 58:41 | 0     | 1080  | 1080.0   | <b>99.2</b>  |
| 31  | Michael Greenwood                    | GRAMP                     | M  | 60    | 0     | 1090  | 1090   | 60:27 | 14    | 1076  | 1076.0   | <b>98.8</b>  |
| 32  | Jacob Daniels + Marcus + Gary        | MDOC                      | M  | 60    | 0     | 1060  | 1060   | 59:20 | 0     | 1060  | 1060.0   | <b>97.4</b>  |
| 33  | Paul Filby                           | MDOC                      | M  | 75    | 0     | 1320  | 1320   | 72:59 | 0     | 1320  | 1056.0   | <b>97.0</b>  |
| 34  | Daniel Martin                        | MDOC                      | M  | 75    | 0     | 1270  | 1270   | 74:35 | 0     | 1270  | 1016.0   | <b>93.3</b>  |
| 35  | Afy Afrouz                           | Bramhall Runners          | W  | 60    | 0     | 1000  | 1000   | 58:08 | 0     | 1000  | 1000.0   | <b>91.9</b>  |
| 36  | Chris Tetley                         | Goyt Valley Striders      | M  | 60    | 0     | 980   | 980    | 57:08 | 0     | 980   | 980.0    | <b>90.0</b>  |
| 37  | Christine Bowen                      | Goyt Valley Striders      | W  | 60    | 0     | 980   | 980    | 57:08 | 0     | 980   | 980.0    | <b>90.0</b>  |
| 38  | Helen Gray                           | Goyt Valley               | W  | 60    | 0     | 980   | 980    | 59:48 | 0     | 980   | 980.0    | <b>90.0</b>  |
| 39  | Jonathan Gilmour + Laura Owen        | IND                       | W  | 60    | 0     | 980   | 980    | 59:05 | 0     | 980   | 980.0    | <b>90.0</b>  |
| 40  | Chris Rostron                        | MDOC                      | M  | 75    | 0     | 1220  | 1220   | 75:26 | 13    | 1207  | 965.6    | <b>88.7</b>  |
| 41  | Ian Douglas                          | IND                       | M  | 75    | 40    | 1130  | 1170   | 73:21 | 0     | 1170  | 936.0    | <b>86.0</b>  |
| 42  | Sean Caldwell                        | Ind                       | M  | 75    | 0     | 1170  | 1170   | 72:19 | 0     | 1170  | 936.0    | <b>86.0</b>  |
| 43  | Joanna Mckendrick                    | SYO                       | W  | 60    | 0     | 930   | 930    | 56:45 | 0     | 930   | 930.0    | <b>85.4</b>  |
| 44  | Kath Speak                           | MDOC                      | W  | 40    | 0     | 650   | 650    | 41:36 | 48    | 602   | 903.0    | <b>83.0</b>  |
| 45  | john williams                        | MDOC                      | M  | 75    | 0     | 1100  | 1100   | 73:16 | 0     | 1100  | 880.0    | <b>80.8</b>  |
| 46  | Ian Watson                           | MDOC                      | M  | 60    | 0     | 870   | 870    | 56:25 | 0     | 870   | 870.0    | <b>79.9</b>  |
| 47  | Becky Albrow                         | Ramsbottom running club   | W  | 75    | 0     | 1080  | 1080   | 71:28 | 0     | 1080  | 864.0    | <b>79.4</b>  |
| 48  | Paul Taylor                          | SYO                       | M  | 60    | 920   | 0     | 920    | 62:19 | 70    | 850   | 850.0    | <b>78.1</b>  |
| 49  | Robert Taylor                        | Stockport Harriers        | M  | 60    | 0     | 810   | 810    | 58:05 | 0     | 810   | 810.0    | <b>74.4</b>  |
| 50  | Samantha Hardman                     | IND                       | W  | 60    | 0     | 800   | 800    | 56:06 | 0     | 800   | 800.0    | <b>73.5</b>  |

## MDOC STREET LEAGUE 2022/23 - Event 7 - Whaley Bridge - Gross Results

| Pos | Name                       | Club                  | MW | 40/60 | Points |       | Points total | Time  | Pens Bonus | Score | Points per hour | % of par    |
|-----|----------------------------|-----------------------|----|-------|--------|-------|--------------|-------|------------|-------|-----------------|-------------|
|     |                            |                       |    |       | paper  | phone |              |       |            |       |                 |             |
| 51  | Nick Roberts               | STC PFNR              | M  | 60    | 0      | 790   | 790          | 58:58 | 0          | 790   | 790.0           | <b>72.6</b> |
| 52  | Sally Hunter               | Goyt Valley Striders  | W  | 75    | 0      | 970   | 970          | 72:24 | 0          | 970   | 776.0           | <b>71.3</b> |
| 53  | Andy Payne                 | DEE                   | M  | 60    | 840    | 0     | 840          | 62:21 | 71         | 769   | 769.0           | <b>70.6</b> |
| 54  | Brian Holland              | Goyt valley striders  | M  | 60    | 0      | 840   | 840          | 63:02 | 91         | 749   | 749.0           | <b>68.8</b> |
| 55  | Maria + Simon Rushton      | Marple Runners        | W  | 60    | 0      | 760   | 760          | 60:46 | 23         | 737   | 737.0           | <b>67.7</b> |
| 56  | Karen Andrew + Rob Heywood | Marple Runners        | W  | 60    | 0      | 760   | 760          | 60:56 | 28         | 732   | 732.0           | <b>67.2</b> |
| 57  | Barry Chambers             | DEE                   | M  | 60    | 0      | 730   | 730          | 59:55 | 0          | 730   | 730.0           | <b>67.1</b> |
| 58  | Trevor Longman             | Macclesfield Harriers | M  | 60    | 0      | 730   | 730          | 58:59 | 0          | 730   | 730.0           | <b>67.1</b> |
| 59  | Anna Ashton                | Marple Runners        | W  | 60    | 0      | 760   | 760          | 61:02 | 31         | 729   | 729.0           | <b>67.0</b> |
| 60  | Julie Fowler               | IND                   | W  | 40    | 480    | 0     | 480          | 38:55 | 0          | 480   | 720.0           | <b>66.1</b> |
| 61  | Jacky Embrey               | SROC                  | W  | 60    | 110    | 600   | 710          | 55:36 | 0          | 710   | 710.0           | <b>65.2</b> |
| 62  | Mark Grundy + Ric Coulby   | Stockport Tri Club    | M  | 60    | 0      | 710   | 710          | 53:41 | 0          | 710   | 710.0           | <b>65.2</b> |
| 63  | Ian Gilliver               | MDOC                  | M  | 75    | 40     | 800   | 840          | 75:07 | 4          | 836   | 668.8           | <b>61.4</b> |
| 64  | Marie Roberts              | MDOC                  | W  | 40    | 60     | 360   | 420          | 37:35 | 0          | 420   | 630.0           | <b>57.9</b> |
| 65  | Roger Ashby                | Pennine F R           | M  | 75    | 0      | 770   | 770          | 73:22 | 0          | 770   | 616.0           | <b>56.6</b> |
| 66  | Doug Edwards               | MDOC                  | M  | 60    | 0      | 680   | 680          | 62:20 | 70         | 610   | 610.0           | <b>56.0</b> |
| 67  | Pete Fotheringham          | Goyt Valley Striders  | M  | 60    | 0      | 620   | 620          | 61:18 | 39         | 581   | 581.0           | <b>53.4</b> |
| 68  | Helen Fotheringham         | IND                   | W  | 40    | 0      | 360   | 360          | 39:49 | 0          | 360   | 540.0           | <b>49.6</b> |
| 69  | Grahame + Irene Crawshaw   | MDOC                  | W  | 60    | 0      | 310   | 310          | 56:05 | 0          | 310   | 310.0           | <b>28.5</b> |
| 70  | Julie Brook                | MDOC                  | W  | 60    | 0      | 310   | 310          | 54:50 | 0          | 310   | 310.0           | <b>28.5</b> |
| 71  | Colin Allott               | Goyt Valley Striders  | M  | 60    | 0      | 1050  | 1050         | 88:53 | 867        | 183   | 183.0           | <b>16.8</b> |