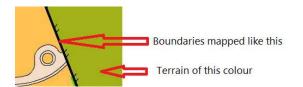


# **Manchester & District Orienteering Club**

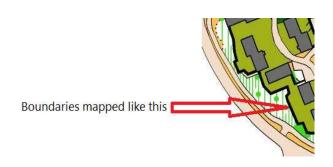
Macclesfield West – Upton Priory Part of the North West Urban League. Saturday 11th October 2025

## The Important Stuff - If you don't read anything else, read this!

Do NOT cross the boundaries or enter or attempt to cross terrain areas shown below







#### **Covid 19 Precautions**

Please do not attend if you have symptoms or have tested positive for Covid-19 or are required to self-isolate. Please respect social distancing. Please read the current <u>BO Covid Code of Conduct</u>.

Event centre: Macclesfield Rugby Club, Priory Park, Priory Lane, Macclesfield SK10 4AF

**Travel:** Take the northern exit from the Broken Cross roundabout on the A537 Macclesfield – Knutsford Road (<a href="https://w3w.co/pops.kings.crisp">https://w3w.co/pops.kings.crisp</a>) along Fallibroome Road which leads to Priory Lane. Continue north along Priory Lane until you arrive at the Rugby Club. Alternatively, take the southern exit from the roundabout on the A5087, Prestbury / Alderley Road (<a href="https://w3w.co/boxer.issues.divisions">https://w3w.co/boxer.issues.divisions</a>) and turn south onto Priory Lane. The Rugby Club is a short distance at the north end of Priory Lane (<a href="https://w3w.co/races.good.hint">https://w3w.co/races.good.hint</a>).

If travelling by rail, the nearest stations are Macclesfield or Prestbury. Walk up Waters Green to the bus station and take the number 19 bus. It runs once per hour.

**Parking:** A marshal near to the gate will direct you into the large car park where other marshals will direct you where to park.. Orienteers should park beyond the Rugby Club building. Do not park in the vicinity of the club building itself. The event centre will be in the upstairs main bar of the club. An O kite and other signs will mark the route. The route to the Start will be signed from the event centre. You will exit the car park on foot through the same gate where you entered the car park. Aim for the right-hand side of the gate to avoid the incoming traffic. Turn right at the gate and after 60 metres on the pavement cross the road where there is a middle island to the pavement on the other side. Take care crossing and give way to vehicles. Continue walking on the left-hand pavement along Priory Lane and you will arrive at the start location. A total distance of 300 metres.

**Event Centre:** The bar on the first floor of the Club House has been reserved from 9.30 a.m. – 2.30 p.m. for event administration and will be signed from the car park. Here you will find enquiries, entry on the day, dibber hire, download, first aid, results display and limited bag storage (at your own risk). Dogs are not allowed in the complex nor on the courses.

**Entry on the day**: This will be possible up to the limit of available maps. Seniors £10, Juniors £5. Registration will be from 10.00 - 11.45 a.m. Payment by contactless card is preferred.

**Facilities:** Multiple toilet facilities; showers and changing rooms on the ground and first floor. A cafeteria with snacks and drinks may be available in an open sheltered area on the car park side of the building.

#### **Terrain and Map**

Macclesfield West is an area comprising relatively modern mixed housing interspersed with areas of open. The northern section combines estate housing, open ground and parkland connected by a network of small alleys. The southern section comprises less densely packed residential housing linked by some landscaped walkways. Competitors are reminded to keep off verges and gardens. The map has been extensively extended to the south. This area will be used by the longer courses. The map scale is 1:4000 (courses 1 - 3); 1:3000 (courses 4 - 8)

## **Starts and Finishes**

The start is adjacent to Priory Lane and is approximately 300m walk from the event centre. The Start will be open from 10.30 to 12.30. Helpers may start a little earlier.

From the Finish, runners will be directed approximately 800m along Priory Lane back to the event centre where they must download their dibbers. Take care crossing the road at the same place you crossed on the way to the start. You must return to download even if you fail to complete your course. The courses will close at 1:30 pm at which time the controls will start to be collected. If you think you may take longer than one hour to complete your course, please consider starting by 12:00 or earlier.

## SI cards

The control boxes are SIAC enabled. However runners must punch the start and the finish. All the other controls will be contactless for people with SIACs. Non SIAC cards may also be used in the usual manner. If you have pre-ordered an SI card for hire, please collect this at registration.

## **Safety**

It is your responsibility to take care on all roads. This area of Macclesfield is relatively quiet but adult courses cross a busier road which is used as a bus route. Junior courses 7 & 8 will cross this busier road which is traffic calmed. This will be a timed out crossing supervised by a marshal. The race area also contains many residential cul-de-sacs, which may contain light traffic. Please take care.

For clarity, pavement edges are only shown on major roads and large paved areas Some of the alleyways are narrow and have blind corners. Please be sensitive to the possibility of local residents or other runners coming the other way and take corners wide. Please show respect to residents and other users.

A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

The nearest A&E Department is Macclesfield District General Hospital, SK10 3BL.

## Special notes for competitors on Courses 7 & 8 and their parents/guardians

No competitor under the age of 16 may compete on Courses 1-6. Those under the age of 12 may only compete on course 8. All courses will cross minor and no-through roads. Courses 7 and 8 have been planned to avoid the busiest roads but care should be taken. Course 8 maps can be collected beforehand at Registration and, if supervising adults have any concerns regarding road safety, they should supervise their child on the course.

### **Important**

It is essential that runners are familiar with urban orienteering symbols indicating forbidden passage. See Appendix for important symbols. Any infringement will result in disqualification.

**Course lengths** 

Course lengths			
Course	Urban Class	Age Class	Optimum Distance Km
1	МО	Open to all	8.4
2	MV WO Open 2	M40, M45, M50 W18, W20, W21, W35	7.3
3	MSV WV Open 3	M55, M60, W40, W45, W50	6.4
4	MUV WSV Open 4	M65, M70, W55, W60	5.6
5	MHV WUV Open 5	M75+ W65, W70	4.0
6	Open 6	WHV	3.0
7	MJ WJ Open 7	M16- W16-	3.5
8	MYJ WYJ Open 8	M12- W12-	2.0

There is insignificant climb.

Control descriptions will be pictorial for Courses 1 to 7, written for Course 8.

## **Officials**

Organiser: Trevor Roberts MDOC

Planners: Trevor & Hazel Hindle MDOC

Controller: Peter Gorvett SYO

## **APPENDIX: URBAN MAPS**

## General notes for those new to this type of race

The map is drawn to ISSprOM 2019-2, the International Sprint Map standard, and it uses some symbols with which "forest orienteers" may be unfamiliar. It is of great importance that all competitors are aware of these, especially those which denote "passability". The most important map symbols used are shown below:

Symbol	<b>Meaning</b> Passable fence
<del>,, ,, ,,</del>	Uncrossable fence
	Passable wall
	Uncrossable wall
	Building – not to be entered
	Canopy – may be passed under
	Steps of a stairway
·	Underpass or tunnel
	Forbidden access (as for "forest maps")
o	Large tree
	Small tree
0	Monument or statue