

MANCHESTER AND DISTRICT ORIENTEERING CLUB

The Heineken – 31/03/2026 Final Details



Venue for Registration, Assembly and Entry on the Day

The Salutation Pub, 12 Higher Chatham St, Manchester M15 6ED (///master.venue.damage). Registration from 5:30pm. Bags can be left at owners' risk.



Travel

Easily reached by **public transport** (e.g. 10 min walk from Oxford Rd Station, 20 mins from Piccadilly Station). Various **car parks** nearby including the University of Manchester Car Park and Booth St West.

Courses

Course	Optimum Distance	Controls
Short	1.7km	11
Long	3.6km	17

Terrain

Typical inner-city housing and university science park
Map scale 1:3000
Recently planted young trees not mapped

Juniors

Are welcome but **MUST** be accompanied by an adult

Start and Finish

The start and finish are 500m (5 mins) from the venue and routes will be taped.

Timings

Starts 6:30 to 7:30. Courses close 8:30pm. Report to download at venue even if you do not complete your course.

Safety & Risk

Hi-viz is advised for all runners and a headtorch required for later starters.

Please take care crossing roads and run wide around corners to avoid collisions. A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

The nearest accident and emergency department is located at Manchester Royal Infirmary, Upper Brook St, Manchester M13 9NZ (///angel.spent.jobs). There will be a map and instructions at the venue.

Please note: participants who are not currently members of British Orienteering are not covered by the organisation's public liability insurance. This means, for example, that if you were to accidentally injure a member of the public or damage property, you would not be covered. You are very welcome to take part, but you do so at your own risk.

Privacy: when entering our events your name may appear in the results section of our website or in newspaper reports. Read our [privacy policy](#) to see how we look after your personal data.

Contacts/Officials

Series organiser: Trevor Hindle (sprint2026@mdoc.org.uk)

Planner: Ian Gilliver

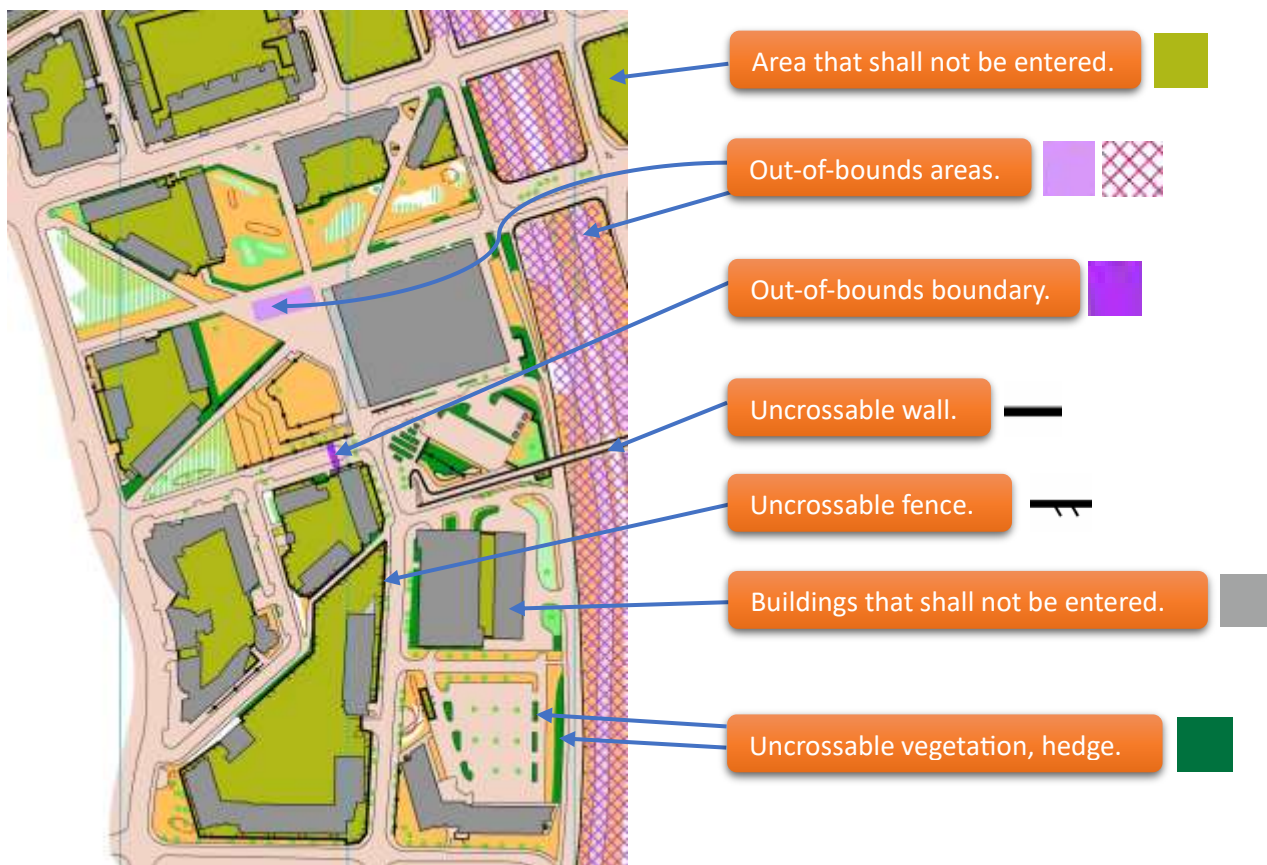
Acknowledgements

Dermot O'Dea for kindly allowing us to make use of The Salutation

Bethanie Spears for her help with permissions from The University of Manchester

Uncrossable Features, Out of Bounds and Shall Not Enter

"You Shall Not Pass!"



It is important to remember that it is **FORBIDDEN** to enter or cross these, even if you are physically able to do so. This is for your own safety and our ability to hold future events in these areas. For example, it is forbidden to:

- Jump over an olive-green garden bed, even if you do not touch the ground.
- Run through an unlocked or open gate if it is mapped without an opening as part of an uncrossable fence.
- Reach over a low wall to punch a control if it is mapped with a thick black line.
- Run along a path through purple hatched area, even if you have been allowed to do so at previous events held at the same area.
- Run through a narrow gap in a dark green hedge if there is no gap on the map.

Passage Underneath



This map snippet shows that the canal towpath continues underneath the road and building

- The single "shark tooth" represents a tunnel entrance
- The hashing between the dashed lines shows there is a lower-level running route below the road (brown hashing) and building (grey hashing)

The map also shows a legitimate path through the building works out of bounds (pink hashing)



This map snippet shows that it is possible to run underneath the railway as indicated by the "shark's teeth"

Note: the overhead railway line is broken where there is a lower running level indicated by the "shark's teeth"

Paved Areas and Traffic

This map snippet shows two types of paved area

- The dark colour (A) indicates heavy traffic of vehicles or pedestrians
- The light colour (B) indicates light traffic of vehicles or pedestrians

