

Handforth NSL 13th Feb 2024 – Final Details

The Venue

The Bulls Head, 30 Wilmslow Road, Handforth, SK9 3EW

Note that if you are arriving from the SE Dean Row Rd from the Unicorn pub is expected to be closed.

The pub has a large car park. NOTE: this is monitored by CCTV. Enter your registration number (at the bar).

In the unlikely event the car park is full,. there is a (free) car park 100m to the North.

Food

There will be a clip board (or 2) for you to list your choice of food (and a target time). This is purely to assist the kitchen with their planning, it is not an order. When you wish to eat, order at the bar as normal.

Safety

Please see the map below for general information about the area. Note that the main road running North/South past the pub is likely to be busy, particularly earlier in the evening.

MapRun Details

The event will be using MapRun on a 'phone or watch. If you are new to MapRun please see the following link on the club website <https://www.mdoc.org.uk/using-maprun-at-mdoc-nsl-events>.

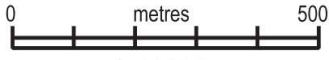
The events can be found from 'Select Event' on the app, navigating to UK/Manchester/NSL. The events are called Handforth 40, Handforth 60 and Handforth PXAS ScoreQ75. Select the one which corresponds to the course you have entered.

The start procedure will be outlined at the event.

Safety Map

Handforth

Emergency Number: 07768 918124



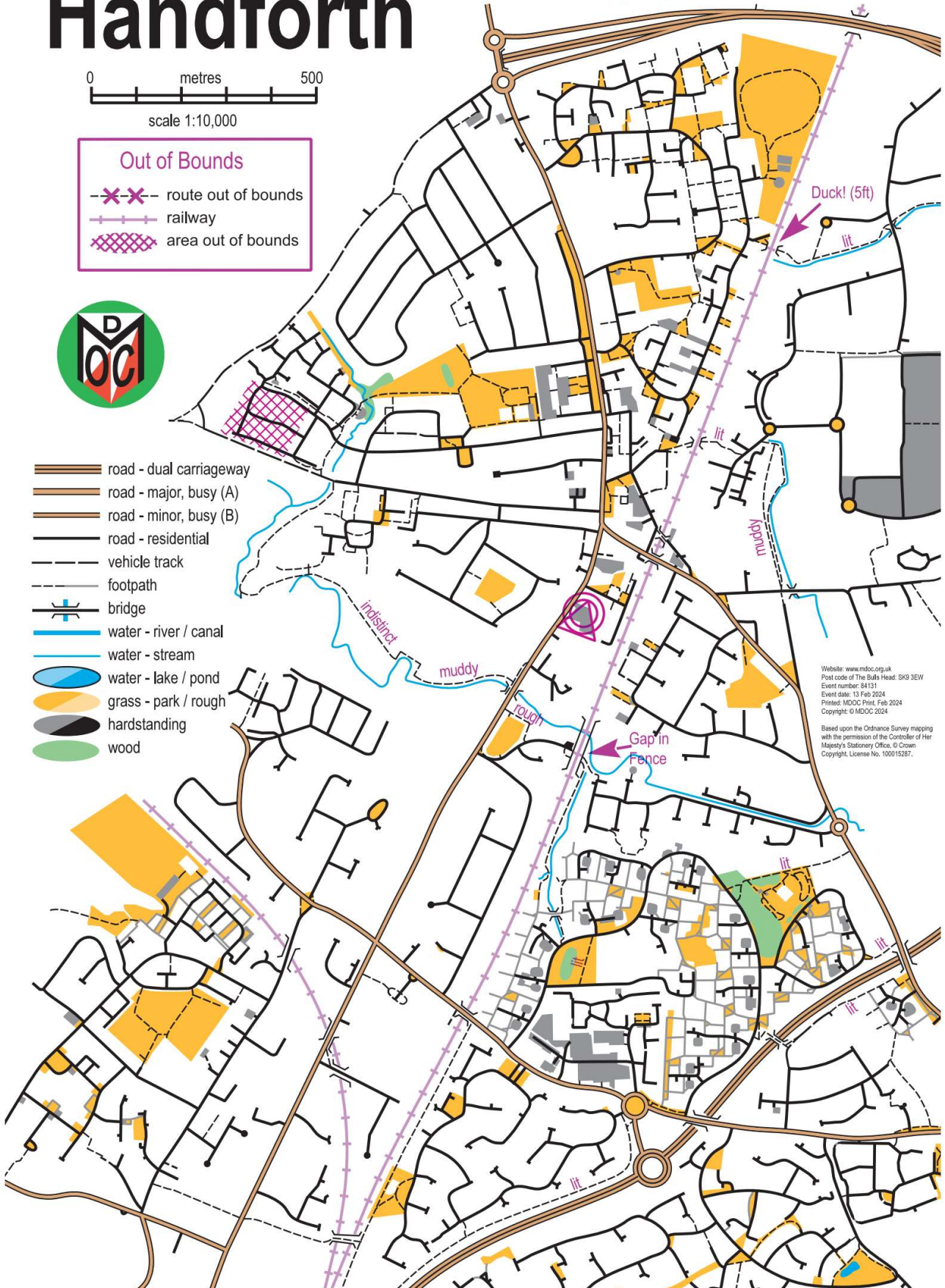
scale 1:10,000

Out of Bounds

- X--- route out of bounds
- +--- railway
- X--- area out of bounds



- road - dual carriageway
- road - major, busy (A)
- road - minor, busy (B)
- road - residential
- vehicle track
- footpath
- bridge
- water - river / canal
- water - stream
- water - lake / pond
- grass - park / rough
- hardstanding
- wood



Website: www.mdoc.org.uk
Post code of The Bulls Head: SK9 3EW
Event number: 8451
Event date: 13 Feb 2024
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MDOC NIGHT STREET LEAGUE: Safety Notice (2023/24)

COVID-19: British Orienteering's Code of Conduct (current version dated August 2021) must be observed by all participants. In particular:

- **You must not attend an event if you have any COVID-19 symptoms, or are currently required to self-isolate**
- **Be mindful of others who wish to observe social distancing.**

We will review our event safety arrangements should the Code of Conduct or Government Guidance be updated and inform NSL participants accordingly.

In case of injury:

- **Ring the Emergency number on your Answer Sheet. Also, when necessary, ring 999.**
- **Give current location (e.g. nearest control number) if you need to be picked up.**
- **State if you need to be taken direct to A&E or to the Finish.**

General Notes:

1. **All competitors MUST wear a high-visibility top.**
2. **Under 16s MUST be accompanied (rather than shadowed) by an adult.**
3. **You will need a torch and, depending on the terrain and the absence of street lighting, the Planner/Organiser may recommend that you carry a back-up light and means of summoning help (e.g. a whistle).**
4. **In case of Emergency, you are recommended to carry a mobile phone. Many modern phones have a Torch App which could be used as a back-up light. But use it discreetly so as not to attract attention and potential mugging.**
5. **Dress according to the weather conditions (rain/hail/cold).**
6. **You may like to carry a compass.**
7. **Take care crossing roads, tramlines and railway lines – even when racing to the finish!**
8. **A person running across a road in such a way as to cause a road user to swerve, thereby causing injury to someone else (the driver or another pedestrian), is likely to be held responsible in that their actions caused the incident.**
9. **A person running around a 'blind' street corner is responsible for not colliding with another pedestrian – so please run wide around corners.**
10. **Take care on slippery surfaces and uneven ground; depending on the terrain, the Planner/Organiser may recommend trail shoes.**
11. **When sharing the pavement or towpath with others "Share the Space, Drop your Pace".**
12. **Give dogs a wide berth.**
13. **Take care carrying your pencil/pen to avoid injury.**

Existing Medical Conditions

- **If you wish, please make the Planner/Organiser aware of an existing medical condition. The information will be passed to the Series Co-ordinator and kept in confidence.**