### MDOC NSL Event 5<sup>th</sup> December 2023

Venue The Jolly Sailor, 218 Bramhall Lane, Davenport, Stockport, SK3 8TE.

what3words ///enjoyable.arena.pulse)

The pub has a large car park, but this could fill rapidly. Alternative parking is possible along Ashfield Road and The Crescent, the roads on either side of Bramhall Lane immediately north of the pub. Please Park with consideration and do not block driveways. Do not park on Bramhall Lane in the vicinity of the pub.

Registration will be located adjacent to the carvery area which is on the right as you enter the rear of the building from the car park.

### The Event

The event uses both traditional pen/paper and MapRun phone app methods to record the controls visited. For information on using the MapRun app on your phone please refer to the MDOC website.

### Start and Finish

The Safety Check / Pre-start is located on your left as you leave the rear door of the pub.

The start and map issue is located on the right.

# You MUST visit the pre-start first to clear/check your dibber and to record your name with the official.

There are 70 control locations numbered 15 through to 84. Points awarded for a control will be the first digit multiplied by 10. In addition to the usual range of street furniture used in NSL events there is one wash-out hydrant (WO) and one orienteering marker post. See display at registration for examples.

The finish is located very close to the start.

Penalties for lateness will be 1 point for every 2 seconds (30 points per minute).

### The Area

The area covers Davenport, Woodsmoor and parts of Hazel Grove and north Bramhall. It is bounded on the north by Buxton Road and in the south by Bridge Lane and Jackson's Lane. The terrain is pretty flat except for the south-western corner where it drops steeply to the Ladybrook valley.

The area is trisected by 2 railway lines with a limited number of crossing points. One of these, on the more northerly line, is a level crossing controlled by barriers and lights. The trains are quite frequent and the barriers are often closed for up to 4 minutes at a time. Beware! If the barriers are down, DO NOT try to cross. Either wait and take a breather or take a detour. There is a road bridge 200m to the east. Elsewhere there are 3 stepped railway footbridges, two of which are unlit, where special care needs to be taken. They are marked FB on the map.

Within the area there are 3 brown roads running roughly north – south which can be busy, especially in the early evening. Crossing points, which include both light controlled pedestrian crossings and traffic islands, are marked on the map. Use of these is not compulsory except for those by the start and finish. Here there are traffic islands either side of the entrance to the pub which MUST be used if you intend to cross the busy road at that point.

Please note that the Stepping Hill hospital estate is not fully mapped, but the peripheral roads can be used if required. There are no control sites within the hospital grounds.

Areas shown in deep yellow as open land are areas where the public has access. Other open areas such as cricket pitches and school playing fields are not generally shown.

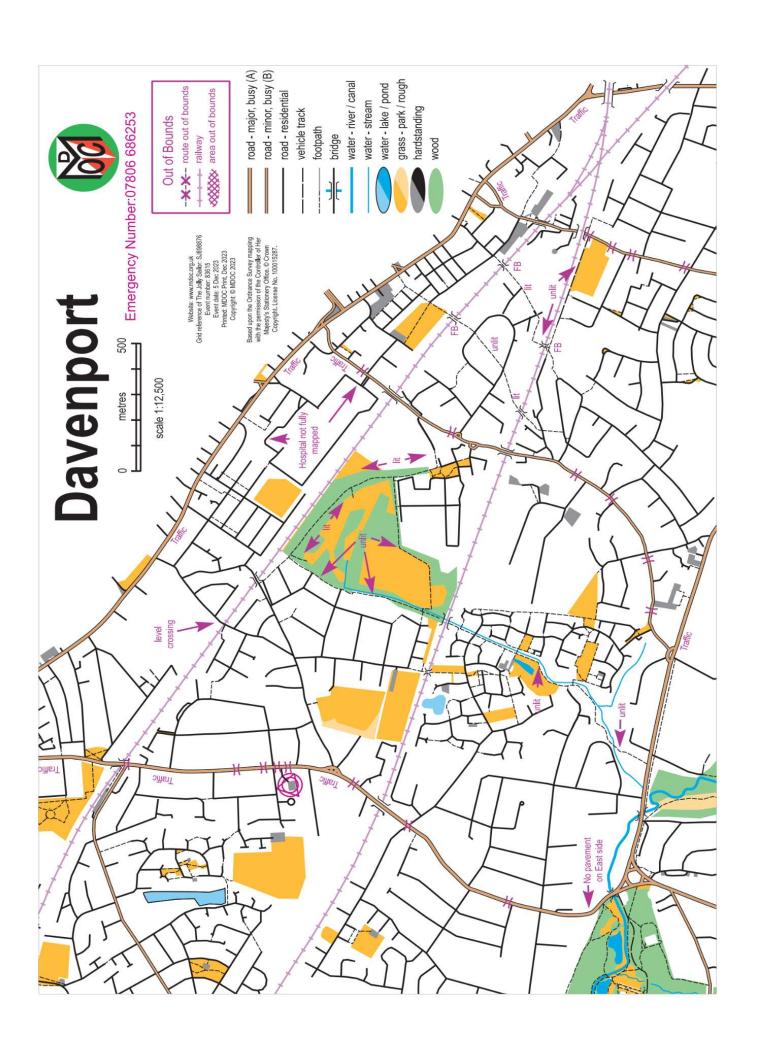
There is a large area of land south of the hospital marked as part open / part wood. This is Mirrlees Fields. It does contain rough open grassland but there are areas of tree cover and some fight. It has recently been enclosed by a wire fence with limited access points. Direct crossing of the area is not recommended. The peripheral paths can be used. The one on the northern boundary is paved and illuminated.

### The Pub

The Jolly Sailor is a commodious pub. Normally they serve an extensive menu of typical pub food. Unfortunately, during the run up to Christmas, they have withdrawn this and substituted their Festive Fare menu – two courses for £20. However, as a special concession to us, they have reinstated their roast meat carvery at a price of £12.75. The carvery is located next to the Registration area so makes for a cosy arrangement. Please support it.

The drink arrangements remain unaltered and both Timothy Taylors and Black Sheep are available on draught.

# **Safety Map**



# MDOC NIGHT STREET LEAGUE: Safety Notice (2023/24)

COVID-19: British Orienteering's Code of Conduct (current version dated August 2021) must be observed by all participants. In particular:

- You must not attend an event if you have any COVID-19 symptoms, or are currently required to self-isolate
- Be mindful of others who wish to observe social distancing.

We will review our event safety arrangements should the Code of Conduct or Government Guidance be updated and inform NSL participants accordingly.

## In case of injury:

- Ring the Emergency number on your Answer Sheet. Also, when necessary, ring 999.
- Give current location (e.g. nearest control number) if you need to be picked up.
- State if you need to be taken direct to A&E or to the Finish.

### General Notes:

- 1. All competitors MUST wear a high-visibility top.
- 2. Under 16s MUST be accompanied (rather than shadowed) by an adult.
- 3. You will need a torch and, depending on the terrain and the absence of street lighting, the Planner/Organiser may recommend that you carry a back-up light and means of summoning help (e.g. a whistle).
- 4. In case of Emergency, you are recommended to carry a mobile phone. Many modern phones have a Torch App which could be used as a back-up light.
  - But use it discreetly so as not to attract attention and potential mugging.
- 5. Dress according to the weather conditions (rain/hail/cold).
- 6. You may like to carry a compass.
- 7. Take care crossing roads, tramlines and railway lines even when racing to the finish!
- 8. A person running across a road in such a way as to cause a road user to swerve, thereby causing injury to someone else (the driver or another pedestrian), is likely to be held responsible in that their actions caused the incident.
- 9. A person running around a 'blind' street corner is responsible for not colliding with another pedestrian so please run wide around corners.
- 10. Take care on slippery surfaces and uneven ground; depending on the terrain, the Planner/Organiser may recommend trail shoes.
- 11. When sharing the pavement or towpath with others "Share the Space, Drop your Pace".
- 12. Give dogs a wide berth.
- 13. Take care carrying your pencil/pen to avoid injury.

## **Existing Medical Conditions**

If you wish, please make the Planner/Organiser aware of an existing medical condition. The information will be passed to the Series Co-ordinator and kept in confidence.