## **Romiley NSL** - Final Details

### Thursday 8 Dec. 2022

#### Venue

The venue is the Stock Dove, 94 Compstall Rd, SK6 4DE. There's a medium size car park, with more parking on-street and a bigger car park behind the precinct 250m West. Romiley station is 450m away.

#### Safety Notes

Beware of busy roads - some of which have marked crossings you may wish to use - and especially 3 busy junctions which are indicated on the map. Please study the map and the generic safety notice at the end of this document.

#### **Event Notes**

The terrain could be described as undulating, with a significant hill in the NE corner of the map. There are a lot of TPs. The mapped area has been extended slightly, and is being used differently to previous events. Control values go up to 80s and 90s, with late penalties set at the fairly proportionate rate of 1 point every second (or 60 points per minute). As usual, you can use paper or MapRun or both to claim your points. There is a trivial MapRun demo if you want to check your technology before the main event.

#### **MapRun Courses**

Scan the QR code for the appropriate course (note this may not work on some phones) or chose 'Select Event' in MapRun6 and navigate to the location given.

40 minutes

QR Code for UK>Manchester>NSL Romiley 40 PXAS ScoreQ40



60 minutes QR Code for UK>Manchester>NSL Romiley 60 PXAS ScoreQ60



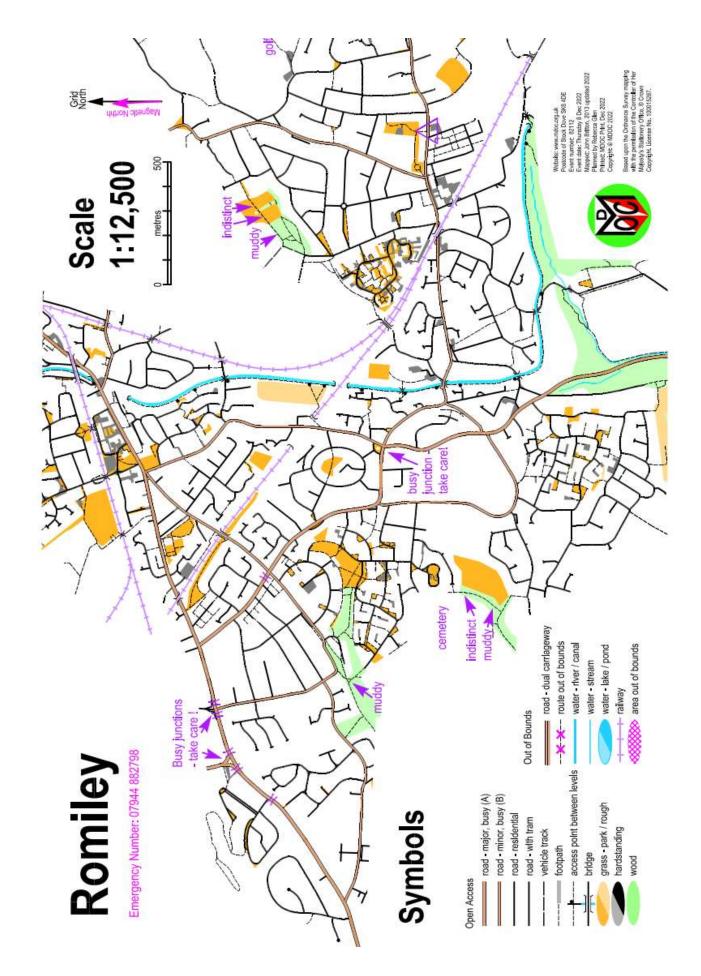
75 minutes QR Code for UK>Manchester>NSL Romiley 75 PXAS ScoreQ75



Demo QR code for UK>Manchester>NSL>Romiley Demo PXAC



#### Safety Map



# MDOC NIGHT STREET LEAGUE: Safety Notice (2022/23)

COVID-19: British Orienteering's Code of Conduct (current version dated August 2021) must be observed by all participants. In particular:

- You must not attend an event if you have any COVID-19 symptoms, or are currently required to selfisolate
- Be mindful of others who wish to observe social distancing.

We will review our event safety arrangements should the Code of Conduct or Government Guidance be updated and inform NSL participants accordingly.

In case of injury:

- Ring the Emergency number on your Answer Sheet. Also, when necessary, ring 999.
- Give current location (e.g. nearest control number) if you need to be picked up.
- State if you need to be taken direct to A&E or to the Finish.

#### **General Notes:**

- 1. All competitors <u>MUST</u> wear a high-visibility top.
- 2. Under 16s MUST be accompanied (rather than shadowed) by an adult.
- **3.** You will need a torch and, depending on the terrain and the absence of street lighting, the Planner/Organiser may recommend that you carry a back-up light and means of summoning help (e.g. a whistle).
- **4.** In case of Emergency, you are recommended to carry a mobile phone. Many modern phones have a Torch App which could be used as a back-up light. But use it discreetly so as not to attract attention and potential mugging.
- 5. Dress according to the weather conditions (rain/hail/cold).
- 6. You may like to carry a compass.
- 7. Take care crossing roads, tramlines and railway lines even when racing to the finish!
- 8. A person running across a road in such a way as to cause a road user to swerve, thereby causing injury to someone else (the driver or another pedestrian), is likely to be held responsible in that their actions caused the incident.
- 9. A person running around a 'blind' street corner is responsible for not colliding with another pedestrian so please run wide around corners.
- **10.** Take care on slippery surfaces and uneven ground; depending on the terrain, the Planner/Organiser may recommend trail shoes.
- **11.** When sharing the pavement or towpath with others "Share the Space, Drop your Pace".
- **12.** Give dogs a wide berth.
- **13**. Take care carrying your pencil/pen to avoid injury.

#### **Existing Medical Conditions**

• If you wish, please make the Planner/Organiser aware of an existing medical condition. The information will be passed to the Series Co-ordinator and kept in confidence.