

MDOC NSL 8, Mottram 29th Feb 2024 - **PLEASE READ THIS!**

The eighth NSL event of the season will be held in Hattersley, Mottram and Godley.

Event centre: The Mottram Wood Pub, Stockport Rd, Mottram, Hyde, SK14 3AU

What 3 Words [///difficult.snapped.marathons](#)

Parking: There is a very large car park at the venue. **Be sure to register your number plate inside the pub on arrival to avoid charges.** In the unlikely event that this car park fills completely, there is a large Tesco Superstore (Stockport Rd, Hattersley, Mottram in Longdendale, Hyde SK14 6QA) within walking distance.

Traffic Advice: If at all possible, **avoid the busy M67 spur** – see detailed advice for route options below

Nearest Train Station: Hattersley Station, SK14 3LQ (5min walk)

Food: Food is served until 9pm – view the menu here [Menu Link](#)

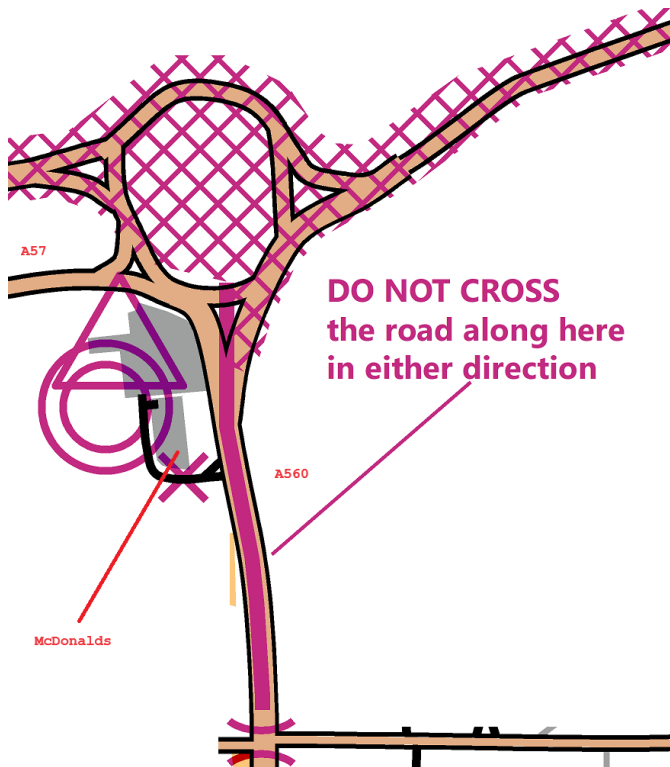
Event: 40 60 75 minute courses using manually completed clue sheet and/or MapRun. Visit as many controls as you can in any order scoring the tens value for each. All controls are standard NSL street furniture except one which is **signage on a gate**.

Penalties: **1 point per second over the selected course time**

The Map: The Map scale will be 1:10700. The Emergency Contact Number for the event organiser is printed on the map. A Key including Out of Bounds symbols is included.

The Area including **Safety Notes:**

The area covers Hattersley, Godley Hill, Mottram and the northern part of Broadbottom.



The venue is located near the terminus of the M67 and you **MUST NOT** cross the A560 between the roundabout and the traffic lights at the Tesco junction. You must use the footpath on the western side of the A560 which will either take you south to a crossing point at the traffic lights or north curving onto the westbound A57.

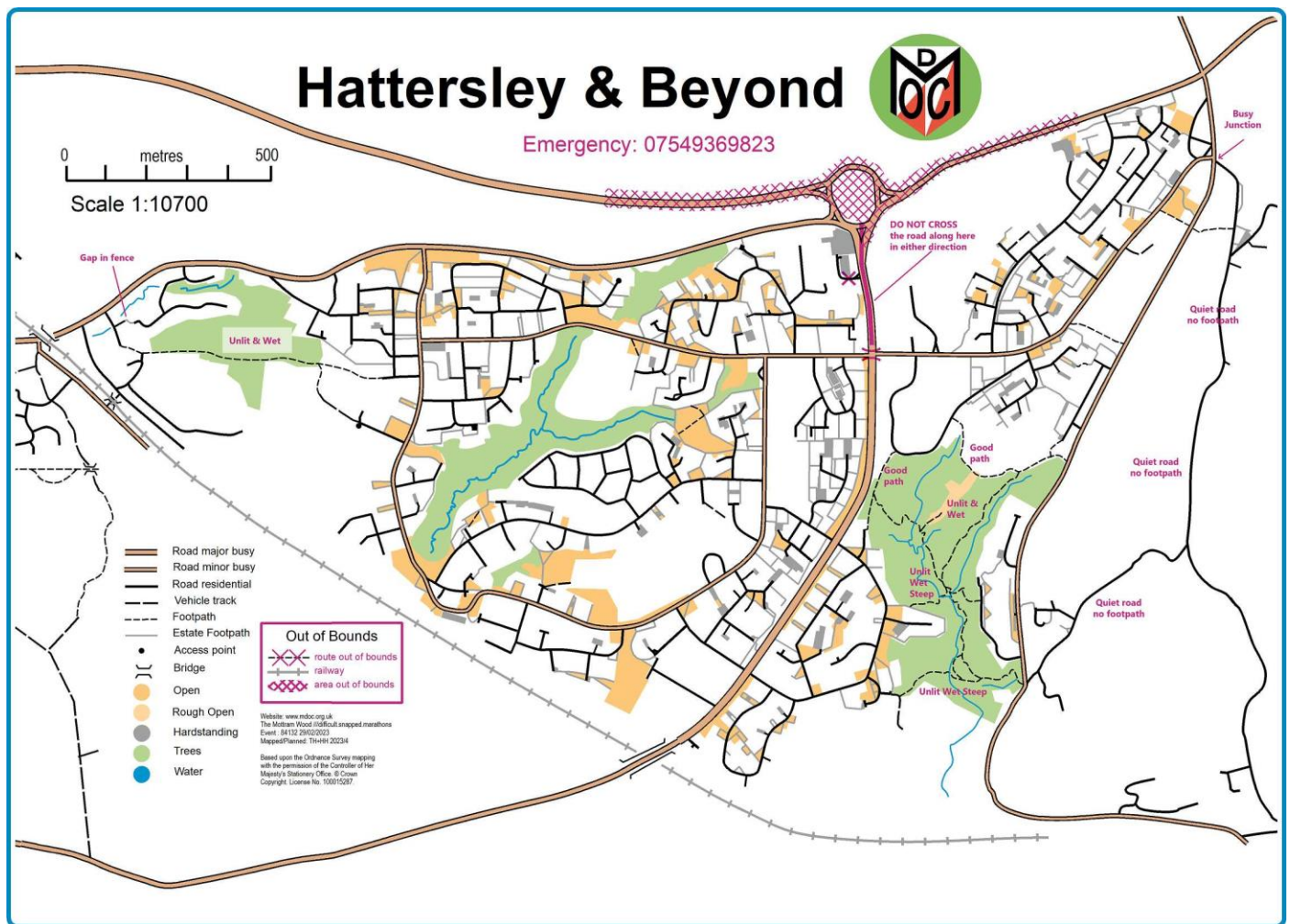
The road to the venue past McDonalds can be very busy and is marked as **OUT OF BOUNDS** for runners starting and finishing. Take special care if crossing this way in near the start / finish.

The A560 is a wide road south of the traffic lights with a wide central grass reservation and is crossable with care.

Please take care when coming to corners to avoid collisions with other runners or members of the public. Watch out for uneven paving – potential trip hazards.

There are areas of woodland on the map with paths, some of these will probably be wet and include **steep** steps. In more urban sections you may come across some **low walls** bounding open areas, these are **NOT** marked on the map so please take care.

Safety Map:



PLEASE NOTE

If you come to this locked gate in the far west of the area you can go through the gap – used locally as a footpath and shown as a valid route on the map.



START AND FINISH LOCATIONS AND PROCEDURES

Start Procedure: All competitors MUST report to 'Safety Check' located to the right out of pub entrance (see map below). At the Safety Check you MUST:

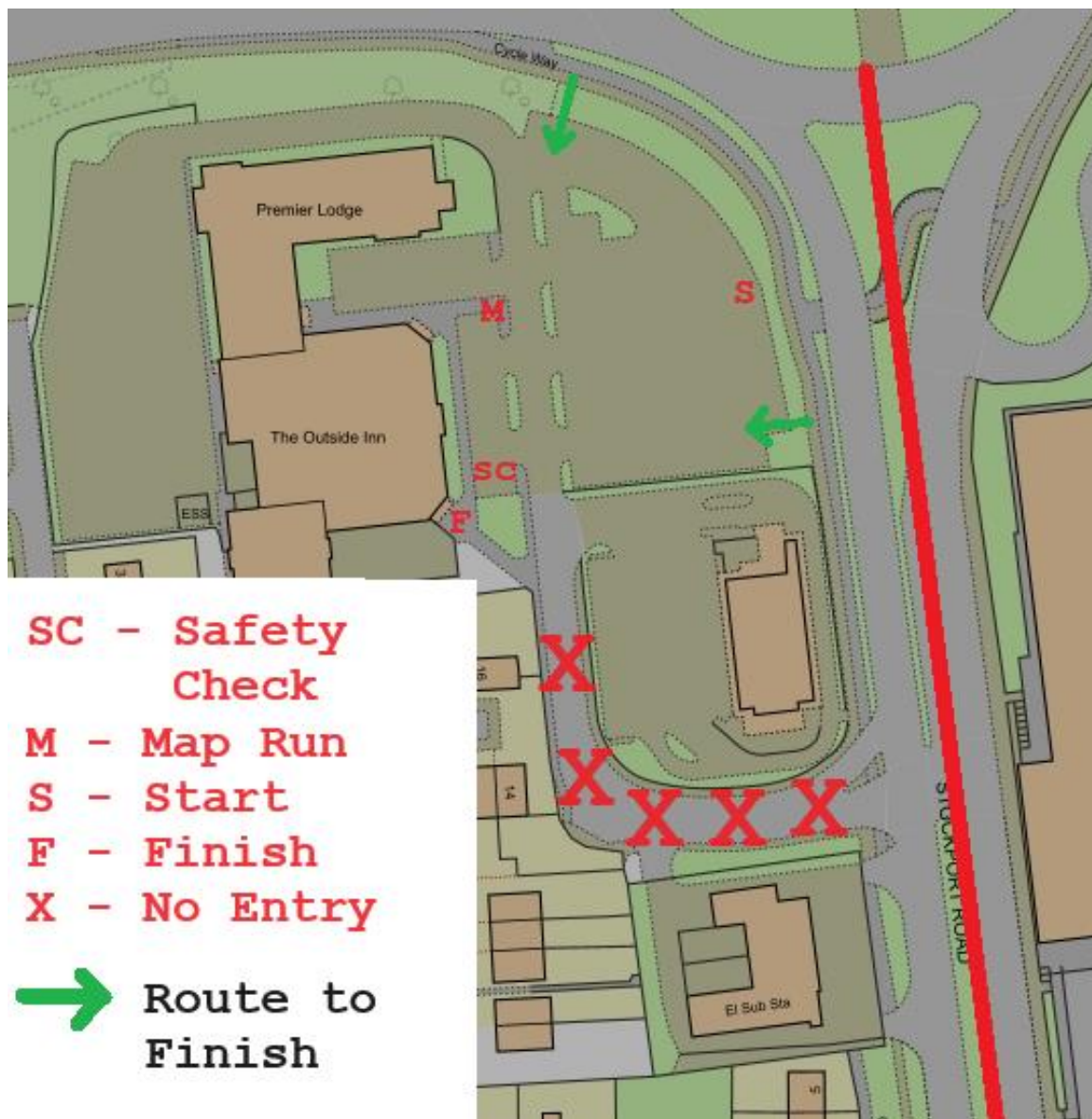
- Clear and check SI dibber
- Ensure your name and approximate time out is recorded by event organiser (actual start and finish times will be from SI Punching for all competitors).
- Check your MapRun is installed and enabled
- Note location of SI finish punch adjacent to 'Safety Check'

Finish Procedure: The SI Finish Punch will be attached to the fence adjacent to the 'Safety Check', where the MapRun finish should also be registered by your device.

On finishing all competitors MUST ensure they are checked back in at the 'Safety Check' – please be patient if other competitors are waiting to start.

MapRun: Guidance on using MapRun is available on the MDOC website. Prior to the event navigate to UK/Manchester/NSL to download your course.

Start / Finish Map:



Traffic Advice

The obvious route to the venue from Manchester and the west is from the M60 (Junction 24) at Denton via the M67 spur to Mottram. However, at peak times (4.30 – 6.30ish), traffic build-up at the roundabout at the east end of the M67 is considerable (tailbacks > 1km), and delays are (almost) inevitable. This route is best **avoided** until after 6.30. Suggested alternatives are given below – none of them are traffic free!

- Exiting the M67 at Junction 3 and following the A57
- Using the A560 from Woodley
- From M60N, taking junction 23, then A635 through Ashton under Lyne, A6018 through Stalybridge, then pick up A57 just east of Mottram.
- From M60S, taking junction 27 (Portwood) then A626 via Offerton to Marple, continuing via Charlesworth and Broadbottom.
- From the A555 via the A6 and Windlehurst Road in High Lane to Marple then as above

MDOC NIGHT STREET LEAGUE: Safety Notice (2023/24)

COVID-19: British Orienteering's Code of Conduct (current version dated August 2021) must be observed by all participants. In particular:

- You must not attend an event if you have any COVID-19 symptoms, or are currently required to self-isolate
- Be mindful of others who wish to observe social distancing.

We will review our event safety arrangements should the Code of Conduct or Government Guidance be updated and inform NSL participants accordingly.

In case of injury:

- Ring the Emergency number on your Answer Sheet. Also, when necessary, ring 999.
- Give current location (e.g. nearest control number) if you need to be picked up.
- State if you need to be taken direct to A&E or to the Finish.

General Notes:

1. All competitors **MUST** wear a high-visibility top.
2. Under 16s **MUST** be accompanied (rather than shadowed) by an adult.
3. You will need a torch and, depending on the terrain and the absence of street lighting, the Planner/Organiser may recommend that you carry a back-up light and means of summoning help (e.g. a whistle).
4. In case of Emergency, you are recommended to carry a mobile phone. Many modern phones have a Torch App which could be used as a back-up light. But use it discreetly so as not to attract attention and potential mugging.
5. Dress according to the weather conditions (rain/hail/cold).
6. You may like to carry a compass.
7. Take care crossing roads, tramlines and railway lines – even when racing to the finish!
8. A person running across a road in such a way as to cause a road user to swerve, thereby causing injury to someone else (the driver or another pedestrian), is likely to be held responsible in that their actions caused the incident.
9. A person running around a 'blind' street corner is responsible for not colliding with another pedestrian – so please run wide around corners.
10. Take care on slippery surfaces and uneven ground; depending on the terrain, the Planner/Organiser may recommend trail shoes.
11. When sharing the pavement or towpath with others "Share the Space, Drop your Pace".
12. Give dogs a wide berth.
13. Take care carrying your pencil/pen to avoid injury.

Existing Medical Conditions

- If you wish, please make the Planner/Organiser aware of an existing medical condition. The information will be passed to the Series Co-ordinator and kept in confidence.