

MDOC NSL South Reddish

The venue for the South Reddish event is
The Carousel, 158, Reddish Road, Reddish, Stockport SK5 7HR

Location approx. 1.5km north of Junction 27 M60

Directions:

From west: Exit M60 Junction 27, turn left past Tesco (signed A6188 N) and uphill to Roundabout, right hand lane to Reddish, Pub about 0.8km on Right hand side.

From North/East: Exit M60 Junction 26 at roundabout turn right (signed A6188 N) past Tesco and uphill to Roundabout, right hand lane to Reddish, Pub about 0.8km on Right hand side.

Parking:

Large Car park on RHS pub and smaller one on LHS. If full, then side street parking.
Use front entrance and Registration should be on the RHS.

Event Pre-Start and Start:

Pre-Start turn left out of Main Exit/Entrance

Please do not select Go to Start until you are at the Pre start especially if you are parked in the Left-Hand side car park.

To pick up satellites it is suggested you go left out of the main entrance as the Start is to the right and you may activate the start.

Finish: At Pre start.

Map: 1:12,500

Controls 60 controls 30-89

Penalty: 1 point per sec late

Safety notes are on the map.

In summary:

All main roads marked on the map are busy and they have many safe crossing points not marked on the map.

Please note it is advised to use the underpasses to cross the large roundabout in the southern part of the map. You have been warned.

Food:

It is a Greene King pub and they have an extensive menu on their website.

<https://www.greeneking-pubs.co.uk/pubs/cheshire/carousel/menu/main-menu>

Please pre order before your run. Whilst they say the kitchen is staying open half an hour later for us until 9pm please order as soon as possible.

Current meal deals

2 main classics £10.99

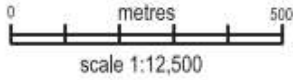
BOGOF Burgers (Thur)

Steak Deals

As this is a football night you could download APP Season Ticket for Free Drink and !0% off drinks. No charge but a bit longwinded.

Chris Rostron

South Reddish



ALL MAIN Roads will be Busy
Most have lots of safe crossing points

All paths unlit and many are vague and/or muddy

Most alleyways are unlit in this NE area

LIT

Only cross Railway at marked Bridges

Open Access

- road - major, busy (A)
- road - minor, busy
- road - residential
- vehicle track
- footpath
- Footpath (complex network)
- access point
- bridge
- urban park
- rough grassland
- hardstanding

Out of Bounds (OOB)

- water - river / canal
- railway
- area out of bounds
- lake

Most alleyways are unlit

Modern estate paths mostly lit

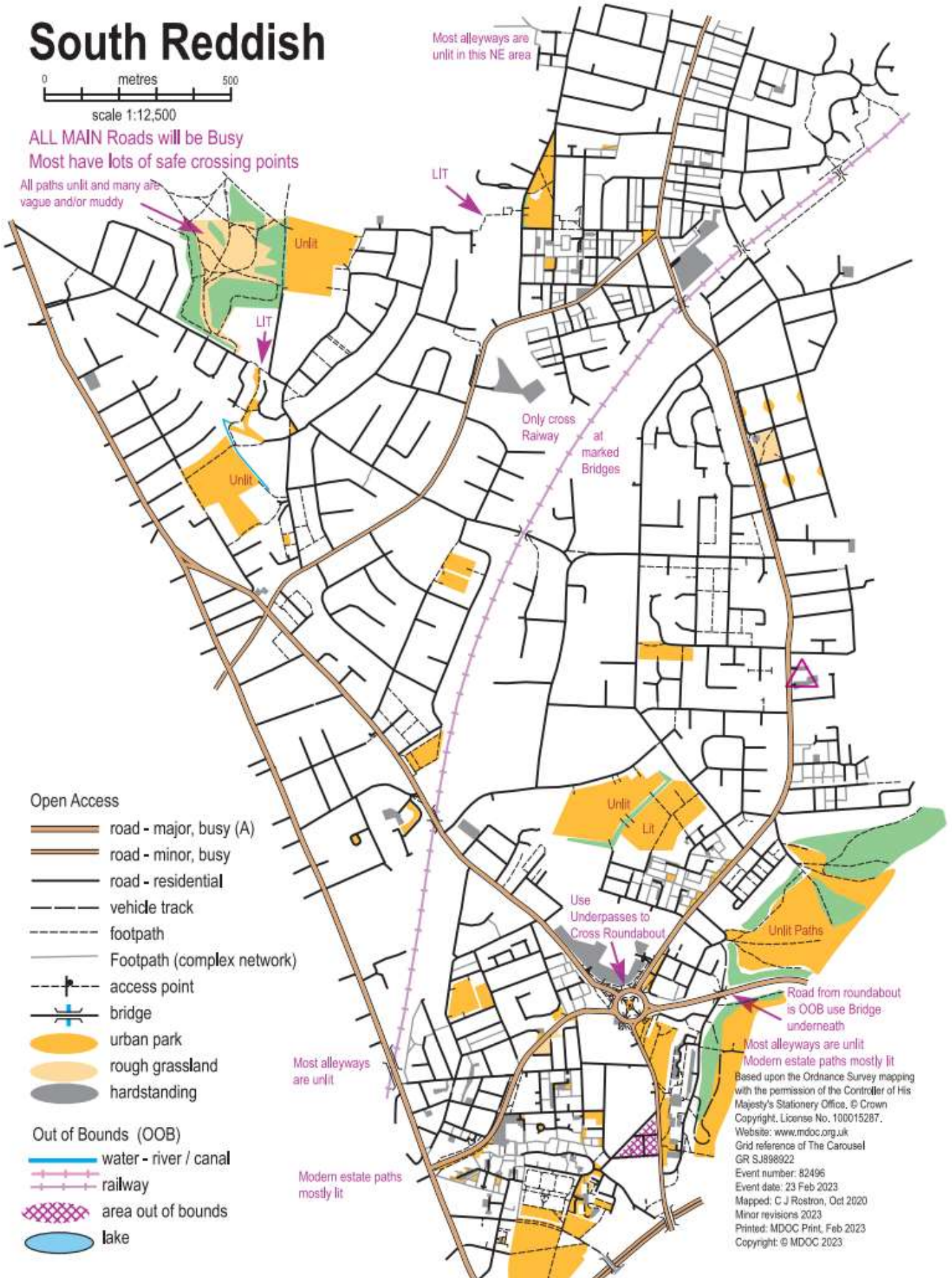
Use Underpasses to Cross Roundabout

Road from roundabout is OOB use Bridge underneath

Most alleyways are unlit

Modern estate paths mostly lit

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Event date: 23 Feb 2023
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MapRun Course Download

The MapRun courses can be downloaded using the MapRun6 app. Click on 'Select Event' and navigate to UK/Manchester/NSL and then the appropriate (40,60.75 or Demo) South Reddish event.

Alternatively you can use the QR codes below using a QR code reader on your phone. This should initiate the downloading. However, it appears not to work on later versions of Android (for 'security' reasons!).

QR for the 40 minute event



For the 60 min



For the 75 minute



For the Demo



MDOC NIGHT STREET LEAGUE: Safety Notice

(2022/23)

COVID-19: British Orienteering's Code of Conduct (current version dated August 2021) must be observed by all participants. In particular:

- *You must not attend an event if you have any COVID-19 symptoms, or are currently required to self-isolate*
- *Be mindful of others who wish to observe social distancing.*

We will review our event safety arrangements should the Code of Conduct or Government Guidance be updated and inform NSL participants accordingly.

In case of injury:

- *Ring the Emergency number on your Answer Sheet. Also, when necessary, ring 999.*
- *Give current location (e.g. nearest control number) if you need to be picked up.*
- *State if you need to be taken direct to A&E or to the Finish.*

General Notes:

- 1. All competitors **MUST** wear a high-visibility top.*
- 2. Under 16s **MUST** be accompanied (rather than shadowed) by an adult.*
- 3. You will need a torch and, depending on the terrain and the absence of street lighting, the Planner/Organiser may recommend that you carry a back-up light and means of summoning help (e.g. a whistle).*
- 4. In case of Emergency, you are recommended to carry a mobile phone. Many modern phones have a Torch App which could be used as a back-up light. But use it discreetly so as not to attract attention and potential mugging.*
- 5. Dress according to the weather conditions (rain/hail/cold).*
- 6. You may like to carry a compass.*
- 7. Take care crossing roads, tramlines and railway lines – even when racing to the finish!*
- 8. A person running across a road in such a way as to cause a road user to swerve, thereby causing injury to someone else (the driver or another pedestrian), is likely to be held responsible in that their actions caused the incident.*
- 9. A person running around a 'blind' street corner is responsible for not colliding with another pedestrian – so please run wide around corners.*
- 10. Take care on slippery surfaces and uneven ground; depending on the terrain, the Planner/Organiser may recommend trail shoes.*
- 11. When sharing the pavement or towpath with others "Share the Space, Drop your Pace".*
- 12. Give dogs a wide berth.*
- 13. Take care carrying your pencil/pen to avoid injury.*

Existing Medical Conditions

- *If you wish, please make the Planner/Organiser aware of an existing medical condition. The information will be passed to the Series Co-ordinator and kept in confidence.*