

Final details for Poynton Thursday 12th November 2024.

It will be based at **The Kingfisher, London Rd South. SK12 1NJ**

Parking

The Kingfisher has a very small car park. The adjacent shoppers' car park, officially, has a 2 hour time limit. The nearby Aldi car park is also limited to 2 hours, note it has ANPR. There is adequate parking available on London Road South and the nearby estate.

Safety

Although the Poynton bypass has reduced the amount of traffic, the major roads can still be quite busy. Please take care when crossing, especially in the area close to the double roundabouts which some drivers seem to find somewhat confusing!

Registration

Registration will be open from 5.30 and starts are from 6.00 to 7.30.
Registration will be at the far end, past the bar.

Food and Drink

It's a Wetherspoons.

Start and Finish

Pre start will be adjacent to registration.

You will leave via the emergency exit, turn right and past the main entrance.



The finish is located just beyond the start.

Do not set 'go to start' until you arrive at the start.

The Maprun timing is NOT used so remember to punch the finish first before worrying about the Maprun Finish 'beep'.

Maprun

As usual, it will be a MapRun event, with traditional paper-based backup for those who prefer.

You must use the paper-based backup to confirm you have visited a control that doesn't 'beep'.

We do not study maprun traces to prove whether you went to a control that doesn't 'beep'

Please download the appropriate Maprun course before you arrive, from:

UK/Manchester/NSL/Poynton 40



UK/Manchester/NSL/ Poynton 60



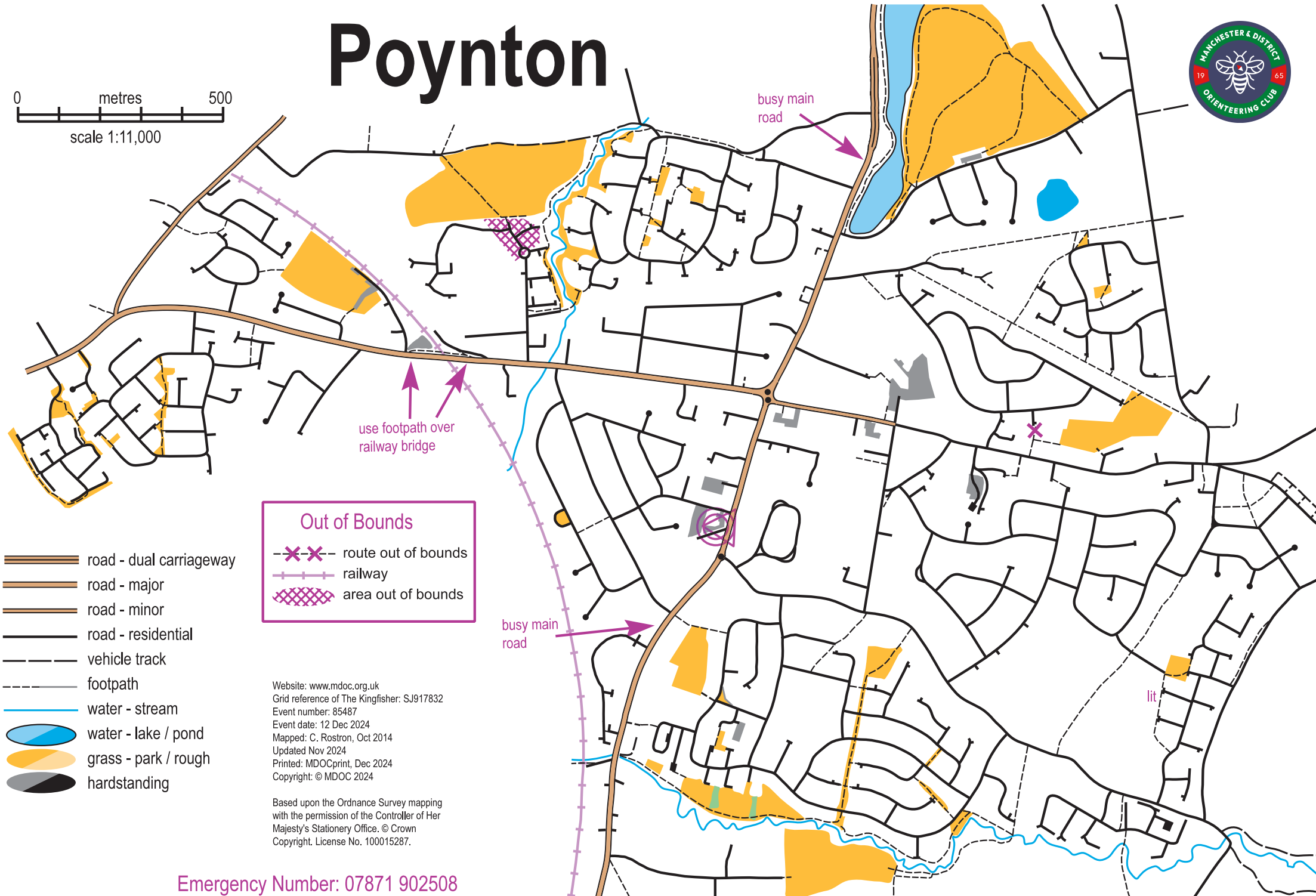
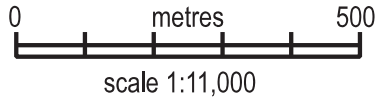
UK/Manchester/NSL/ Poynton PXAS Score Q75



Controls and points

This event has 60 controls numbered 20 to 79.

Poynton



- road - dual carriageway
- road - major
- road - minor
- road - residential
- vehicle track
- footpath
- water - stream
- water - lake / pond
- grass - park / rough
- hardstanding

Out of Bounds

- route out of bounds
- railway
- area out of bounds

Website: www.mdoc.org.uk
 Grid reference of The Kingfisher: SJ917832
 Event number: 85487
 Event date: 12 Dec 2024
 Mapped: C. Rostron, Oct 2014
 Updated Nov 2024
 Printed: MDOCprint, Dec 2024
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Emergency Number: 07871 902508

MDOC NIGHT STREET LEAGUE: Safety Notice

(2024/25)

You must not attend an event if you have any COVID-19 symptoms.

In case of injury:

- **Ring the Emergency number on your Answer Sheet. Also, when necessary, ring 999.**
- **Give current location (e.g. nearest control number) if you need to be picked up.**
- **State if you need to be taken direct to A&E or to the Finish.**

General Notes:

1. **All competitors MUST wear a high-visibility top.**
2. **Under 16s MUST be accompanied (rather than shadowed) by an adult.**
3. **You will need a torch and, depending on the terrain and the absence of street lighting, the Planner/Organiser may recommend that you carry a back-up light and means of summoning help (e.g. a whistle).**
4. **In case of Emergency, you are recommended to carry a mobile phone. Many modern phones have a Torch App which could be used as a back-up light.**
5. **Dress according to the weather conditions (rain/hail/cold).**
6. **You may like to carry a compass.**
7. **Take care crossing roads, tramlines and railway lines – even when racing to the finish!**

Do not rely on your ears – electric vehicles are virtually silent – so LOOK!

8. **A person running across a road in such a way as to cause a road user to swerve, thereby causing injury to someone else (the driver or another pedestrian), is likely to be held responsible in that their actions caused the incident.**
9. **A person running around a 'blind' street corner is responsible for not colliding with another pedestrian – so please run wide around corners.**
10. **Take care on slippery surfaces and uneven ground; depending on the terrain, the Planner/Organiser may recommend trail shoes.**
11. **When sharing the pavement or towpath with others "Share the Space, Drop your Pace".**
12. **Give dogs a wide berth.**
13. **If carrying a pencil/pen, take care to avoid injury.**

Existing Medical Conditions

- **If you wish, please make the Planner/Organiser aware of an existing medical condition. The information will be passed to the Series Co-ordinator and kept in confidence.**