



MANCHESTER AND DISTRICT ORIENTEERING CLUB 2011 CHAMPIONSHIP

2010 <

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> 2012

EVENTS

Code	Date	Club	Event	Notes
Wtrg	16 January	SELOC	Watergrove, Rochdale	NWOL, CSC 1st Round
Dlmr	30 January	DEE	Delamere Forest, Frodsham	NWOL
HtnR	13 February	SROC	Hutton Roof Crag, Carnforth	NWOL
Trvr	27 February	MDOC	Torver Low Common, Torver	NWOL, Twin Peak Day 2
Hgst	20 March	SYO	Hugset, Barnsley	Middle Distance
Brmh	10 April	AIRE	Bramham Park, Wetherby	Level C
HlmF	22 May	LOC	Holme Fell, Coniston	NWOL, Weekend Day 2
MccF	11 June	MDOC	Macclesfield Forest North, Macclesfield	NWOL, Town and Country Day 1, Middle Distance
Cnst	18 September	AIRE	Conistone, Skipton	Dales Trophy Weekend Day 2
ShlH	23 October	WCH	Shoal Hill, Cannock	Level C
Thrs	12 November	DEE	Thurstaston, Wirral	NWOL, Middle Distance
Clwb	20 November	SELOC	Clowbridge, Burnley	NWOL

RESULTS

A competitor's total includes his/her best 6 events

Division	#	Name	Events											Total		
			Wtrg	Dlmr	HtnR	Trvr	Hgst	Brmh	HlmF	MccF	Cnst	ShlH	Thrs		Clwb	
Junior Men White	1	Ben Dempsey		[mp]		1052		1028								2080
Junior Women White	1	Lily Riley												891		891
Junior Men Yellow	1	Ben Dempsey	1014								945			1064		3023
	2	Matt Jackson		982												982
	3	Joseph Proud												943		943
	4	T Jackson		919												919
	=	L Jackson		919												919
Junior Women Yellow	1	Hannah Proud												1000		1000
Junior Men Orange	1	James McCann		[940]	997	1003			981	1082	[981]	1073		1015		6151
	2	Ben Martland	922					[mp]						961		1883
	3	Matthew Fellbaum	1035													1035
	4	Matthew Bream								978						978
	5			919												919

	Ed Thompson														
Junior Women Orange	1 Rosie Martland	951	1035				1028						3014		
	2 Cosima Dickinson	922	877										1799		
	3 Laura Hindle	1032											1032		
	4 Rosemary Ogden							965					965		
Junior Men Light Green	1 Matthew Fellbaum		992	1031	1030			1021	1042	1038			6154		
	2 Tom McCann			964	971			991		1013		1050	4989		
	3 Alistair Thornton	1046											1046		
Junior Women Light Green	1 Laura Hindle		1011	[956]	1046			977	1027	1042		1085	6188		
	2 Carolyn Hindle	1048											1048		
	3 Rosie Martland											931	931		
	4 Charlotte Bream								907				907		
Open	1 John Britton (M60)	1076	1073	1065	1059			[1039]	1063			[1050]	1072	6408	
	2 Vicky Thornton (W50)	1074	1072	1046				[mp]	1066	1062	1070			6390	
	3 Alex McCann (M16)	1058	1052	1056	1051			[1041]	1043				1063	6323	
	4 Heather Fellbaum (W45)		1054	1047	1022			[1015]	1033	1039	1068	[mp]		6263	
	5 Tom Fellbaum (M20)	1017	1040					[1017]	1038		1057	1056	1048	6256	
	6 Jillyan Dobby (W60)	1033	1050	[1021]	[1026]			1059	[1014]	1035	1036	[1022]		1037	6250
	7 Alice Fellbaum (W18)	1039	1050	1057					1024	[1008]	1047	1025		6242	
	8 Andrew Gregory (M75)	[1007]	1055						1008	1031	1050		1045	1047	6236
	9 Kate Bryant (W55)		1048	1026	[1017]				[1007]		1045	1047	1023	1029	6218
	10 Peter Ross (M60)			1037	1035			1019	[1018]	1037	[1008]	1038		1046	6212
	11 Steve Dempsey (M45)	1039	1053		1033			1037			1024			1021	6207
	12 Carolyn Hindle (W16)		1010	1034	1023				[994]	1021	1036		1043		6167
	13 Andy Thornton (M50)	1025	1028	1039					1023		1015	1033			6163

= Martin Green (M55)		1028	1035	[996]	1027			1016	1021		1036		6163
15 Rebecca Humphreys (W16)		1026	1020	1034					1034		1019	1028	6161
16 Liam Corner (M40)	1023			1010	1036	1035		1017	[997]			1034	6155
17 David McCann (M45)	1023	1032	1017	[1008]			1017	[1013]		1037		1021	6147
18 Jane McCann (W45)	1012	1034	[1006]	1017			1014		1023	1026		[1010]	6126
19 Ian Watson (M60)		1020	1012	1017	1023	1014		1019	[995]				6105
20 Alan Poxon (M55)	[992]	1019		1008	1022			[1006]	[1008]	1010	1012	1010	6081
21 Steve Lang (M40)	1006	998	[989]			1006		1012			1021	1022	6065
= Tony Wagg (M65)	[dnf]		1022	1022			961		1013	1021		1026	6065
23 Sue Birkinshaw (W70)		1024	1008	995			[980]	1008		1005		997	6037
24 Chris Rostron (M60)	997	1020	[982]	1003		993	995		[974]			1005	6013
25 Trevor Hindle (M45)	993	1006	994	1010					992		1007		6002
26 John Kewley (M45)	975		1002	1002			1019	973			1027		5998
27 Chris Kirkham (M60)	982	1009	[965]	[976]	[958]	1011	[959]	[973]	1000	986		1006	5994
28 Julie Brook (W60)	980		986	[953]		986	[935]		1010	1030		992	5984
29 Ray Humphreys (M50)	1030	1014	920	997					994			1018	5973
30 Trevor Roberts (M60)			971	1020			992	1005	997	968			5953
31 Geoffrey Millan (M65)	1003	997	972				995				978	999	5944
32 Stephen Fellbaum (M50)	979	998	[961]	982			[934]	[971]	[975]	1007	985	986	5937
33 Kath Speak (W50)	985			914			1000		986	1027		981	5893
34 Hazel Hindle (W45)	970	964	972	[mp]			978	982	971				5837
35 Steve Beresford (M60)	972	981	982		936						985	937	5793

36	Alison Doyle (W60)	942	969	954	946	929	[916]					948	5688	
37	Steve Nicholls (M50)		876		[mp]	903	887		862	859		862	5249	
38	Alistair Thornton (M16)		1017	1048				1020	1033	1056			5174	
39	Dave Mawdsley (M70)		1026	1019				1021	1030	1047			5143	
40	Marie Roberts (W50)			935	982			1008		995	1013		4933	
41	Richard Blake (M60)		1001	970	987		[mp]	928			1000	[mp]	4886	
42	Andrew Stimson (M21)	975	972	923	960							958	4788	
43	Peter Lomas (M70)	1004				971	1081		1024				4080	
44	Stephen Bingham (M50)		999								1025	1006	1033	4063
45	Tom Horton (M18)		953	1018					1036			1023	4030	
46	Simon Proud (M50)	1000	999						984				1011	3994
47	John Dempsey (M16)		971		993		1023						1003	3990
48	Ian Gilliver (M60)	953	1008	993								1008	3962	
49	Ian Farrell (M21)	870						923		888		1004	3685	
50	Dave Bryant (M60)			[mp]							1032	1027	1034	3093
51	Jan Ellis (W60)			988					1031	1031			3050	
52	Eddie Speak (M55)	1003			1003			1020					3026	
53	William Humphreys (M18)		1006							978			993	2977
54	Pip Humphreys (W50)		[dnf]	979						969		961	[mp]	2909
55	Grahame Crawshaw (M60)	981			929	[mp]							951	2861
56	Paul Watson (M35)		916									990	945	2851
57		947	898	904										2749

Sara Andersson (W21)												
58 Irene Crawshaw (W65)	[mp]				1027						1042	2069
59 Jim Trueman (M45)				[mp]	1028						1037	2065
60 Tom Bedwell (M50)							1017				1039	2056
61 Julia Simpson (W45)		1013	1003									2016
62 Tim Martland (M45)	[mp]	1022				991						2013
63 Dan Riley (M35)										1016	997	2013
64 Liz Britton (W21)		998					1005					2003
65 Alan Ogden (M50)							987				1009	1996
66 Tim Mallon (M50)		1009	959									1968
67 Claire Barnett (W40)		980					940					1920
68 Jenny Mallon (W50)		943	959									1902
69 Michelle Riley (W21)										944	956	1900
70 Margaret Gregory (W70)		969					[mp] 892					1861
71 Tony Mason (M50)		881	886									1767
72 Phil Colville (M55)		1051										1051
73 Cliff Etherden (M60)		1048										1048
74 Matthew Fellbaum (M14)										1025		1025
75 Roger Bryant (M20)										1018		1018
76 John Williamson (M50)		1002										1002
77 Tom McCann (M14)									995			995
78		984										984

John Evans (M50)												
Michael 79 Owen (M55)											982	982
Paul 80 Clifford (M45)							973					973
David 81 Dann (M55)		972										972
Peter 82 Bream (M45)							966					966
83 Ted Smith (M70)				957								957
Kevin 84 Watson (M21)							949					949
Elizabeth 85 Hamer- Davies (W45)	[mp]									935		935
Simon 86 Mawdsley (M40)							932					932
Janette 87 Proud (W45)		931										931
Jonathan 88 Dickinson (M45)		871										871
Richard 89 Gibbs (M60)							837					837
Sally 90 Gilliver (W50)										[mp]		0

SCORING

General

- A competitor's overall score is the sum of his/her best 6 event scores.
- A competitor's event score is $1000 + (50 * (\text{division's mean adjusted pace} - \text{competitor's adjusted pace}) / \text{division's standard deviation})$. The average competitor will score 1000.
- A competitor's event score is zero, if he/she starts but does not finish.

Open Division

- The Open division is open to all MDOC members competing on TD5 courses.
- Scoring is based on the competitor's pace (time/distance) adjusted for category and course length.
- Adjusted Pace = Pace * (Competitor's Speed Ratio - Competitor's Length Ratio)
- Competitor's Speed Ratio and is based on the average winning times at BOC (1997, 2001-2009) for each age group's longest course
- Competitor's Length Ratio is based on a comparison between the competitor's course length and average course length at BOC for the competitor's category. If the competitor's course is twice the length of BOF's recommendation then the length ratio is +2%. If the competitor's course is half the recommendation then the ratio is -2%. The adjustment is based on athletic records for middle distance.
Competitor's Length Ratio = $0.02 * \text{Log}(\text{Competitor's Course Length} / (\text{BOF Course Length Ratio} * \text{Longest Course Length})) / \text{Log}(2)$

Junior Divisions

- The Junior divisions are open to all junior MDOC members competing on non TD5 courses.
- There are eight Junior Divisions: JM1 (Junior Men TD1), JW1 (Junior Women TD1), JM2 (Junior Men TD2), JW2 (Junior Women TD2), JM3 (Junior Men TD3), JW3 (Junior Women TD3), JM4 (Junior Men TD4) and JW4 (Junior Women TD4).
- Anyone 16 or younger at the start of the year is a Junior.
- Scoring is based on the competitor's unadjusted pace (time/distance).

Category	Speed Ratio	Length Ratio	Category	Speed Ratio	Length Ratio
M14	77.3%	38.6%	W14	62.6%	29.2%
M16	81.0%	56.6%	W16	68.0%	38.2%
M18	86.9%	71.5%	W18	68.0%	48.7%
M20	94.1%	83.7%	W20	78.1%	58.6%
M21	100.0%	100.0%	W21	79.4%	63.9%
M35	86.9%	85.5%	W35	64.8%	59.3%
M40	88.7%	80.3%	W40	64.9%	54.0%
M45	84.7%	69.9%	W45	62.3%	47.8%
M50	77.9%	66.6%	W50	61.0%	47.8%
M55	70.9%	59.8%	W55	54.6%	40.1%
M60	66.6%	53.3%	W60	51.2%	36.2%
M65	60.0%	46.5%	W65	43.7%	35.3%
M70	54.2%	38.7%	W70	41.7%	31.2%
M75	49.6%	34.3%	W75	37.2%	28.8%
M80	41.0%	36.0%	W80	21.3%	28.2%

Notes

- The selected events are approved by the MDOC Committee, and listed on the MDOC website.
- Ideally, there will be 12 events distributed evenly over the year.
- The events should be of high quality, typically organised by MDOC or a neighbouring club.
- When a competitor runs for MDOC at a selected event, his/her performance will be automatically included in the competition.
- When a competitor runs for another club at a selected event, his/her performance will be included in the competition if Steve Lang has been informed.