

# Alderley Edge Summer Evening Event – Thursday 13th July 2023

## Final Details

Alderley Edge is a fairly compact area of (mainly) runnable forest. There are many paths and, for those on the longer courses, some short but steep hills to enjoy too.

### Course length and approximate climb:

Blue: 5.2km and 245m

Green: 4.5km and 150m

Short Green: 2.3km and 30m

Light Green: 3.0km and 150m

Orange: 2.2km and 70m

Yellow: 1.7km and 50m

White: 1.3km and 30m

2 x 30 min score. 17 controls on part 1, 16 on part 2. All controls are worth 20 points each, with penalties being 1 point per 2 seconds late back.

On the score courses, you'll need to factor the ascent into your route planning if you want to reach the finish on time and avoid penalties.

### Hazards:

The paths vary from wide well-maintained trails to smaller rougher tracks with tree roots and other trip hazards. There will likely be muddy and slippery patches after the recent rain. Wear trail shoes with good grip - this isn't the right event for that old knackered pair to have one last outing. 'Off piste' areas offer the usual assortment of bramble scratch/nettle sting opportunities; long trousers are a good idea if you're planning to venture off the paths. The area is fairly sheltered and low lying and the weather forecast currently looks quite reasonable for the evening of the event, but consider bringing a waterproof jacket if the weather looks iffy on the night.

Finally, there's a shallow flight of steps on the **White** course which might be difficult with a road-biased pushchair.

The event area contains crags and former mine workings. The most hazardous of these are permanently fenced off by the National Trust and are additionally marked as out of bounds on your map - pink hashed areas. I've planned the 'colour' courses to avoid less experienced competitors having to cross crags but please take care when approaching controls sited at the foot of crags - a few of them are quite tall.

The **Blue; Green** and **Short Green** courses cross the B5087 road. The road crossings will be protected by timed-out controls, giving you two minutes to cross safely (and also get your breath back). The southern crossing (by the National Trust car park entrance) will additionally be managed by a marshal - please obey the marshal's instructions.

### Other things to note:

The car park is free to National Trust members - you need to bring and scan your card. Non members need to pay. Although it's quite large, we don't have exclusive use of it so please car share if you can. If we fill it up, we'll provide details of alternative parking which is about 10 minutes' walk away along the road. Please don't park on Artist's Lane or other adjacent lanes - they have double yellow lines and are covered in Police notices which suggest you might be towed away!

As with all our events, there are likely to be other people around. Please be kind and courteous :)

Finally, and most importantly, have fun! I hope you enjoy it!

Clare Griffin (Planner)