

MDOC Night event part of the North West Night League

Venue: Brereton Heath Local Nature Reserve, Holmes Chapel

Date: Saturday 28th January 2023

Directions / Parking

Brereton Heath Local Nature Reserve

Post Code CW12 4SU

GR SJ795654

Signed from A54 Holmes Chapel to Congleton Road

3.7 miles from junction 18 of M6

Parking at Brereton Heath is Pay parking before 5pm but we have exclusive use of the Car park as it 'formally' shuts at 5pm.

Registration & Start Times

Registration 17:00 to 18:30. Starts 17:30 to 18:45pm

Start: Adjacent to Registration

Finish: Adjacent to Registration

Course closure will be at 20:15pm.

It is a punching start with no pre allocated individual starting times.

Apart from the start and finish controls all controls will be SIAC enabled.

PLEASE DOWNLOAD IMMEDIATELY AFTER FINISHING, EVEN IF YOU RETIRE, SO THAT WE CAN BE SURE ALL RUNNERS ARE SAFELY BACK

Course Information

Courses will be offered as follows:

Orange - 2.4km / 25m / 13 controls

Green - 3.8km / 30m / 16 controls Double sided map

Blue - 5.5km / 35m / 25 controls Double sided map

The map scale will be 1: 5,000.

Control Descriptions will be on the map and loose copies at Registration.

Entry Details

Everyone should Pre-register (no entry fee) using the MDOC Registration System <https://mdocentry.org.uk>. This will guarantee a map is available

Online entry closing date Thursday 26th January

Limited EOD, subject to map availability

Seniors (M/W21+) £6.00

Juniors (M/W20-) £3.00

SI cards will be available for hire but note that lost SI cards will be charged at £40.

Please pay for your entry at Registration by contactless payment or correct cash

Terrain Description

Flat Nature Reserve around a lake. Many paths, As it is winter, the Light Green vegetation may not be as severe as the map suggests in many places. Marshes tend to be larger than mapped due to a wet winter and water courses mainly uncrossable See safety notes.
Beware of Rabbit holes.

Facilities

Registration is in a gazebo outside the main buildings.
Lit inside toilets will be available which are suitable to change in.

Safety

Marshes/water marked as uncrossable should not be crossed.
The linear water course along the southern part of the map should only be crossed at marked bridges or at path crossing points with care.
Elsewhere it is likely to be too wide and deep.
This is a night event in Winter and the weather may be changeable. Therefore, you may be required to carry or wear a hooded waterproof jacket
A backup lamp and whistle are compulsory
Carrying a mobile phone is strongly recommended.

Contacts / Officials

Organiser/Planner: Chris Rostron 01663 764799 or 07929 516649 on the night