



Day 1 – Sat 30 October – Macclesfield - North West Sprint Championships

Location: Macclesfield West

Parking/Assembly: Macclesfield Leisure Centre, Priory Lane, SK10 4AF <u>https://w3w.co/pounds.tour.clots</u> **Terrain**: A network of residential roads, walkways, and public green spaces.

Competition: A two-part sprint on adjacent areas. Competitors eligible for the NW Sprint Champs must enter the urban class appropriate to their age class (i.e. MV for M40+), otherwise enter your choice of urban class. **Map:** 1:4,000. New map 2021 by Eddie Speak

Start times: **Part 1** – Self-selected 15-minute block times on entry 11:00 to 12:30. **Part 2** – Times will not be preallocated. You may start at any time between 11:45 and 13:30 after completing Part 1. Courses close at 14:15 **Prizegiving**: At Assembly. Prizes will be awarded to members of North West clubs by age class at 14:15 **Officials**:

Organiser:	Marie Roberts (MDOC)	
Planner:	Paul Watson (MDOC)	
Controller:	lan Cooper (SYO)	

Day 2 – Sun 31 October – Knutsford – Part of the North West Urban League

Location: Knutsford

Parking/Assembly: Adelaide Heath Academy, Longridge, WA16 8PA <u>https://w3w.co/suitably.rather.global</u>. Overflow parking on Longridge and North Downs.

Terrain: Mixed residential area including a complex modern estate. Longer courses will also visit the town centre. **Competition:** The results will feed into the North West Urban League. Enter by the standard urban classes (i.e. MV for M40+),

Map: 1:4,000. New map 2021 by Richard Parkin

Start times: 10:30 to 12:30. Remember that the clocks go back one hour on the previous night giving you an extra hour to get to Knutsford..

Officials:

Organiser:	Trevor Roberts (MDOC)
Planner:	Trevor Hindle (MDOC)
Controller:	lan Watson (MDOC)

Details covering both days

Entries: Now open on Fabian4

Entry fees (each day): £9 Adults (An additional £2 for adults who are not members of British Orienteering) and £4 for Juniors. A total discount of £2 for those who enter for both days.

Timing: Sport Ident timing. All controls configured for contactless punching.

Dogs: Whilst dogs are allowed on the streets, we discourage taking them on a course. Please clean up any mess, especially on the assembly premises.

Course	Men	NW Sprint	Women	NW Sprint
No.		Age Classes		Age Classes
1	Open	M18, M20,		
		M21, M35		
2	Vets 40+	M40, M45, M50	Open	W18, W20, W21, W35
3	Supervets 55+	M55, M60	Vets 40+	W40, W45, W50
4	Ultravets 65+	M65, M70	Supervets 55+	W55, W60
5	Hypervets 75+	M75, M80, M85	Ultravets 65+, Hypervets 75+	W65, W70, W75, W80, W85
6	Junior 16-	M14, M16	Junior 16-	W14, W16
7	Young Junior 12-	M10, M12	Young Junior 12-	W10, W12