



Manchester & District Orienteering Club

Festival of Orienteering celebrating Finland 100 years



Friday 13th October to Sunday 15th October

Two level C events in Stockport, Lyme and Town Centre and a fun 'Metro' event in Didsbury, Manchester

General Information

Venue	Friday: Didsbury, South Manchester suburb (Evening Street event) Saturday: Lyme National Trust, South Stockport (Classic Parkland/Moorland event) Sunday: Stockport Town Centre (Urban event)
SI Punching	will be used. SI cards are available for hire @ £1 per day for Adults (Lost cards £30.00) Contactless punching will NOT be used
Start Times	Friday: 18:00 to 20:00 Saturday: 11:00 to 13:00 Sunday: 10:30 to 12:30
Fees	Friday: Senior £3 Junior £2 (BUT No unaccompanied under 16s allowed) Saturday: Senior £8 Junior £4 Adult Novice £4 (Light Green, Orange, Yellow or White courses only) Sunday: Senior £8 Junior £4
Entries	via Fabian4. www.fabian4.co.uk Cheap entries close by Sunday October 1st. Thereafter a £1 surcharge per Senior for both the Sat and Sun events. Online entries close Sunday October 8th. If you can't use Fabian4 for any reason then contact the Finland100 coordinator Finland100@mdoc.org.uk
Changes	There will be a £2 fee for any changes to pre-entries after Sunday October 8th.
EOD	EOD will be accepted on all days subject to surcharges as above and subject to availability of maps.
Safety	Competitors take part at their own risk and are responsible for their own safety. Friday: All competitors must wear suitable reflective jackets/bibs and have head torches Saturday: Suitable bad weather clothing may be compulsory, Whistles must be carried and Lone runners please leave car keys Sunday: It is advised that competitors wear reflective bibs or highly visible clothing

Friday 13th October

Assembly	The Gateway (Wetherspoon), 882 Wilmslow Road, Easy Didsbury, Manchester M20 5PG NB: Venue changed from CompassSport article and previous info Everyone must go to Assembly prior to starting
Parking	Please don't use very small Pub Car park. Opposite pub across Manchester Road is very large Car Park for Cinemas (Free for 4 hours) otherwise unlimited Parking at East Didsbury Metro Station 300m
Public Transport	Metro to East Didsbury then signposted 300m walk Bus 42, 50 or 130 from Piccadilly Gardens (City Centre) to East Didsbury
Terrain	Typical suburban streets some of which can be quite busy
Map	1:12,500 Based on Open Street Map line map showing roads passageways and very little other detail of the terrain.
Courses	Long (approx 8km), Medium (approx 5km) and short (approx 3km) using three different Metro stations as starting points. You will need to take your metro fare with you (prices to be advised later) Street furniture is used as the control sites and you will need a pencil or non water based pen to write down the answers to the appropriate question on the waterproof question sheet provided..

Saturday 14th October

Assembly	Lyme Car Park Peak District National Park, Disley, Stockport SK12 2NR
Parking	Lyme Car Parks (£8 or NT members free)
Public Transport	If you intend to use public transport then please inform the coordinator at Finland100@mdoc.org.uk
Transport	Train Station Disley 4km walk to Assembly (Buxton Train from Piccadilly Station) Bus stop 199 2km walk from the stop (Buxton Bus 199 from Airport or Stockport Bus Station) (From Manchester Centre get train or bus to Stockport and then walk to Bus Station)

We hope to be able to provide some transport from at least the car park Kiosk at the entrance to the park i.e. 2km from Assembly

Terrain
Map

Parkland and Open Moorland rising from about 200m to 400m
1:10000

Courses

Course	No	Suggested Mens classes	Suggested Womens Classes	Length TBA but within BOF guidelines
Brown	1	M21, M35+		8.5 - 12.0km
Blue	2	M45+, M18-	W21, W35+	5.5 - 7.5km
Green	3	M65+	W45 + W16-	3.5 - 5.0km
Short Green	4	M75+	W65+	3.0- 4.0km
Light Green	5	M14 (Novice Adult)	W14 (Novice Adult)	3.0 - 4.0km
Orange	6	M12	W12	2.5 - 3.5km
Yellow	7	M10	W10	2.0 - 2.9km
White	8	Novice Junior	Novice Junior	1.0 - 1.9km

Sunday 15th October

Assembly Stockport Town Centre Merseyway Precinct, Stockport SK1 1PJ

Parking Stockport Town Centre Car parks (20p an hour)

Public Train Stockport Station then 600m walk

Transport Bus any route to Stockport Bus station then 400m walk

Terrain Complex Town centre with many steep alleyways and irregular street pattern plus inner town estate areas with open land and parks surrounding.

Map 1:5000 Urban map

Courses Standard UK urban league classes

Course No	Suggested Mens classes	Course name	Suggested Womens Classes	Course Name	Length TBA but within BOF guidelines
1	Open (M18-35)	MO			6.0 - 10.0km
2	Veteran (M40+)	MV	Open (W18-35)	WO	5.0 - 8.0km
3	Super Veteran (M55+)	MSV	Veteran (W40+)	WV	4.0 - 6.5km
4	Ultra Veteran (M65+)	MUV	Super Veteran (W55+)	WSV	3.0 - 5.0km
5	Hyper Veteran (M75+)	MHV	Ultra Veteran (W65+) Hyper Veteran (W75+)	WUV WHV	2.5 - 4.0km
6	Junior (M16-)	MJ	Junior (W16-)	WJ	3.0 - 5.0km
7	Young Junior (M12-)	MYJ	Young Junior (W12-)	WYJ	2.0 - 3.5km

Juniors under 16 on the day can only enter courses 6 and 7