

Final details Mersey Vale Saturday 14th December 2024

Location

Burnage Rugby Football Club, Heaton Mersey, Stockport

Grid Ref: SJ861902 Postcode: SK4 3EA

From Didsbury Road A 5145 take Station Road then Vale Road and finally Battersea Road to Burnage RFC Car Park.

what3words: ///pasta.deflection.necks

Registration

In Ruby Club Building/Veranda

Limited EOD, subject to map availability.

EOD please pay by contactless card at Registration on the day.

Fee £6/£3.

SI card hire free. (£30 charge if lost)

Start and Finish

It is 100m to the start. The finish is 300m from download.

Starts between 10:30 and 12:30.

A Punching Start, so go to start when ready.

Download between each part of Sprint

Courses close 13:15.

Safety and Risk

The Sprint courses cross minor estate roads. Please take care. Hence only M/W14 and above are allowed to compete on these courses.

A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

Course details

White 1.6km 5m climb 10 controls.

Yellow 2.5km 10m climb 12 controls.

Sprint part 1 3.0km 20m climb 9 controls

You need to go to download between each part of the Sprint.

Sprint part 2 3.2km 20m climb 14 controls

Facilities

Registration under cover or inside

Toilets

Refreshments available until about 1pm

Breakfast Fayre – e.g. Bacon, sausages, eggs, coffee, soft drinks and there is a bar.

Dogs

Allowed, but please ensure dogs are always kept under close control

Officials

Organiser Chris Rostron (07929 516649)

Planner Graham Heap

Controller Ian Watson