

MANCHESTER & DISTRICT ORIENTEERING CLUB

MANCHESTER IN MAY

FINAL DETAILS for:

Day 4: Monday 6th May 2024

Version #1, Issued: 25th April 2024



'O' Fest

Wythenshawe Park

This bank holiday Orienteering Festival will be held at [Wythenshawe Park](#) which is located 5 miles south of Manchester City Centre.

Five different courses available, suitable for all ages and abilities from first timers through to experienced orienteers.

The single entry fee will cover as many of these courses as you wish to try.

Club members will be available to show you what to do to get started and answer any questions you might have.

ENTRIES

On-line entry is via [Racesignup](#)

Entry fees. Pay one entry fee and run as many courses as you choose

Until midnight on 27 April £6 Adults, £3 Juniors

On or after 28 April £6 Adults, £3 Juniors

Online entries close 5 May 2024 at 20:00

Entry on the Day (EOD)

There will be entry on the day while maps are available. £8 Adults, £5 Juniors.

Contactless payment preferred.

VENUE

Wythenshawe Park M23 OAB.

What 3 Words: <https://w3w.co/flying.give.gears>

Located in the old Rose Garden beside the main entrance driveway and adjacent to the Courtyard Cafe

TRAVEL

By Public transport

Use the BEE travel network and Metro map tfgm.com/tram

The nearest Metro station is Wythenshawe Park, on the Manchester Victoria to Manchester Airport line.

To get to the Park and Hall, walk east along Wythenshawe Road (B5167) for about 3/4 mile. Use the main brown-signed entrance to the Park and Hall (25 minutes)

Bus services run along Wythenshawe Road on the northern edge and Altrincham Road on the southern edge of the park.

By Car

From the south and west, take the M56 to junction 3. Follow signs to City Centre onto the A5103. After 500m take the slip road signed to Northenden and Sale Moor. Turn left onto the B5167, then at the first traffic lights keep left towards Brooklands on the B5167 to reach Wythenshawe Park main entrance (on your left)

From the east, take the M60 to junction 3. Then take the M56 to junction 2. Exit onto the A560 and after 1km turn right onto the A5103. Take the slip road signed to Northenden and Sale Moor. Turn left onto the B5166, then at the first traffic lights keep left towards Brooklands on the B5167 to reach Wythenshawe Park main entrance

From the north, follow the M60 to junction 5 and follow the signs to Chester. After 300m take the slip road signed to Northenden and Sale Moor. Turn right onto the B5166, then at the first traffic lights keep left towards Brooklands on the B5167 to reach Wythenshawe Park main entrance

Parking

Follow signs and marshals' instructions to the parking area.

ASSEMBLY

The assembly area will be located in the old Rose Garden beside the main entrance driveway and adjacent to the Courtyard Café.

It is a short 3-5 minute walk from assembly to the car parking area to the assembly area.

A safe walking route will be signed and tagged between the car park and assembly.

ASSEMBLY SERVICES

Newcomer meeting, help and advice

Enquiries

Toilets (including disabled) – in the adjacent Courtyard

Registration open from 10.00 to 13.30, for Entry on the Day (EOD) and free loan dibber allocation

Download

Results

Tented area for leaving bags or clothing (left at your own risk)

Food and Catering

Picnic area: There is a sizeable flat open grassed area so please bring your own picnic blankets, seats, tables.

There is also some permanent seating in the area.

The Courtyard Café located in the courtyard adjacent to the assembly area serves a range of hot and cold food and drinks, and ice creams. Attendees are welcome to bring take away items from the café to consume in the Assembly area.

STARTS

All starts will operate a punching start.

Start times are from 10:30 to 14:00

All courses close at 14:30

There will be no start times or start blocks.

A gap of 1 minute will be applied for participants or groups on line courses.

The start is less than 5 minutes walk from the Assembly area.

A safe walking route will be signed and tagged between the assembly area and the starts.

FINISH

There will be a single punching finish located close to the assembly area.

The route from the finish to the assembly area and download will be signed and tagged.

If doing multiple courses, it is important to return to registration to download dibber after every course, so that your results show up correctly.

This also applies to those doing both parts of the Score and Sprint Courses.

For safety reasons it is essential that you visit the Event Centre to download even if you don't complete your course.

All courses close at 14:30. If you are still on the course at this time please return to the Event Centre to download as promptly as possible.

COURSES

A range of courses will be available on the day as detailed in the table below.

Score courses (30 minutes) are ideal for newcomers and the White and Yellow courses have been planned with younger participants and families in mind.

Course	Description	Suitability
White	A short line course following paths	Newcomers and younger participants
Yellow	A slightly longer line course following paths	Newcomers and younger participants
Score	30min for each part. Part 1 easy/paths Part 2 medium (up to orange / light green standard)	Newcomers and family groups
2-part Sprint	Two line courses. Moderate navigational difficulty. Some controls located off paths and less visible. Each part approx. 3km optimum distance. Overall result based on the combined times on both parts	Open to everyone
Accessible	The white course and Part 1 score will be accessible	Open to everyone

In score events, there is no fixed course: instead, there is a set of control points which you can visit in any order. Each control has a point value: your aim is to score as many points as you can within 30 minutes. Two 30 minute score courses will be available for you to try, all included in the one entry price.

The White, Yellow and Sprint courses will be line courses where you are required to visit the controls in the order shown on the map. There is no time limit. The aim is to complete the course as quickly as you can. All courses can be run individually, in pairs or small groups. Junior participants can be accompanied or shadowed.

Terrain

Flat with historic and ornamental woodlands, copses, open grassland and wildflower meadows. Due to the wet weather this Spring expect some mud in parts.

Map

The scale of the map is 1:4000, standard orienteering map.

Maps for White, Yellow and Score courses will be available for participants to look at before they start.

Sprint maps will be picked up after the start punch.

Controls

All controls will be SIAC enabled, but you must punch at the Start and the Finish.

All courses will have a punching start and punching finish (i.e. not contactless)

SI timing cards (dibbers)

Standard dibbers are free to borrow. £30 charge if not returned.

DOGS

Dogs are allowed in the park, but not in the Farm or the Cafe

OTHER PARK ATTRACTIONS

An excellent children's playground adjacent to assembly.

Community Farm with animals and a farm shop. 3 minutes from Assembly. Open 11.30 to 16.00.

Cycle tracks for free use with your own bike, including a track round the park perimeter, a pump track and graded BMX tracks.

Horticultural Centre and Community Orchard

Unfortunately the recently renovated Wythenshawe Hall will not be open to visitors but it can be viewed from outside.

For further information visit the [park website](#). Check with the park for opening times.

SAFETY

A comprehensive risk assessment has been carried out, but participants take part at their own risk and are responsible for their own safety during the event.

Care should be taken around car park areas and on the main driveway entrance to the park.

Please be courteous to other park users.

There will be qualified First Aiders at Assembly.

The nearest A&E Department is at Wythenshawe Hospital (postcode M23 9LT). There will be a map and instructions available at Assembly.

CONTACTS / OFFICIALS

Entries: Marie Roberts: MinM.entries@mdoc.org.uk

Contact: Sue Birkinshaw, Coordinator, MinM@mdoc.org.uk

Organiser: Alison Doyle

Planner: Paul Watson MDOC

Controller: Marie Roberts MDOC