

# Saturday 23 September 2023

## NWOA Sprint Championships

### Offerton 2 part urban sprint

**Venue:** Dial Park School, Half Moon Lane, Offerton, Stockport, SK2 5LB

- Parking
- Registration
  - 10 – 11.30
- Entry on the Day
  - Seniors £12, Juniors £5 (up to limit of available maps)
- Dibber hire
- First Aid
- Download
- Bags may be left at owner's risk
- Toilets

**Public transport:** See <https://tfgm.com/> for bus information.

**Driving:** Signed at A6 opposite Stepping Hill Hospital, *via* Dialstone Lane and A626, Marple Road at Golden Hind Pub, *via* Lisburn Lane.

**Do not use other routes as you will be in the competition area.**

**Parking:** When school car park full please park on adjacent roads, with due courtesy to local residents.

**Dogs:** Not allowed in the school grounds and not advised on courses.

**SIAC cards:** Controls will be SIAC enabled but both start and finish must be punched.

**Starts & Finishes:** Both starts and finishes are within 5 minutes of school and will be signed, crossing a quiet road.

#### Start Times:

- Will not be allocated.
- Part 1: 10:30 to 12:00.
- Part 2: 12:30 to 14:00.
- Please start early if you anticipate being out a long time.

**Course closing times:** Part 1: 12:20. Part 2: 14:20

#### Courses:

Course	Men	Women	Part 1 (AM)		Part 2 (PM)	
			Km	Controls	Km	Controls
1	Open		3.4 (2.8)	18	3.5 (2.9)	19
2	Veteran (40+)	Open	3.0 (2.4)	15	3.0 (2.5)	19
3	SuperVet (55+)	Veteran (40+)	2.5 (2.1)	15	2.5 (2.1)	15
4	UltraVet (65+)	SuperVet (55+)	2.3 (1.8)	13	2.1 (1.7)	12

5	HyperVet (75+)	UltraVet (65+), HyperVet (75+)	1.7 (1.3)	10	1.7 (1.4)	13
6	Youth (16-)	Youth (16-)	2.6 (2.1)	18	2.3 (2.0)	17
7	Children (12-)	Children (12-)	1.2 (1.0)	16	1.0 (0.9)	14

- Course Lengths are “route choice” distances with straight line in brackets.
- Climb will be included but overstated due to 2.5 m contours.

**Prize Giving:** See MDOC website for details of medals and trophies. Will take place as soon as possible after courses close.

**Planner’s Notes:**

- A4 map at scale 1:3000 ISSOM, for all courses.
- Part 1 will use the Southern part.
- Part 2 will use the Northern part.

Offerton Estate is a sizeable area of mixed social and private housing built on very open-plan principles. Most houses have a fenced back garden and a nonfenced front garden which is usually lawn. The map shows all such lawns as Open Land, as that is what it looks like. However, it would not be courteous, and is very rarely advantageous, to run across such areas - please do what you would want people to do if it was you who lived there. In between the blocks of houses are open spaces, often grass with trees, all of which are freely crossable. Intermingled with the blocks of housing are rows of garages and access roads to them - please take appropriate care when racing across areas which are shared with cars. There is also a network of minor roads - none of which are through roads - all of which are normally quiet, but all of which may have buses, cars and traffic travelling at speed.

Parents of potential Junior entries should be aware of, and comfortable with, the following:

Both Course 7s stay within the areas of the buildings and garages except for a marshalled, timed-out (1-minute) road crossing in the morning. Moving cars may be encountered around the garages and access roads to them.

The morning Course 6 crosses one of the least busy distributor roads without a marshalled point. Both Course 6’s also have a marshalled, timed-out (1-minute) road crossing across a slightly busier distributor road.

The nature of the area means that speedy wiggling through while keeping map contact will be a key skill. Almost all controls are on trees or lampposts (usually described as side of open area, paved area, road or path). Courses may visit the same control more than once. Controls may be close together, so be careful to check your codes and sequencing.

**Safety:** Your safety is your responsibility. This is a quiet residential area. Be aware of cars, cyclists, pedestrians, dog walkers etc, take especial care round blind corners and when crossing roads.

**Officials:** Planner: Rebecca Glen (MDOC)  
 Organiser: Alison Doyle (MDOC)  
 Controller: John Britton (MDOC)