

Philips Park and Prestwich Forest Park February 10th 2019

Final Details

Directions: From M60, Junction 17, head N (towards Whitefield) on the A56. A left fork at traffic lights (with McDonald's and Aldi on your left) takes you onto Higher Lane (A665). After about 1K, turn left (O-signed and a white "Philips Park" sign) at traffic lights onto Park Lane. Follow this to a mini-roundabout, go straight across (still Park Lane), and follow this to the entrance to Philips Park (M45 7QJ) . Soon after entering the Park, the road crosses a bridge over the M60. This is restricted to single vehicle use, and has a 32 ton weight limit. Do not go onto the bridge, either entering or leaving, until you are sure that you can get off the other side.

The main car park will be a right fork (signed) shortly after the bridge. When this is full, the other (lower) car park will be used – don't fork right but drive slowly down this road because the route to the Start and many dog-walkers also use it. Parking in the overflow car park is constrained by the fact that some courses pass through it – and we do not want to impede them.

Registration: Registration (etc.) is in the Barn Countryside Centre – about 200m from the main car park (further along the tarmac access road). From the overflow car park it is about 300m (up some steep steps).

Start: From the main car park, there is a marked direct route to the start (about 300m) – ending along the access road to the overflow car park - take care!

Finish: The start is adjacent to the overflow car park and visible en route. The finish is within 100m of the start, and the route to download (in the Barn) is about 250m, including ascending the steep steps mentioned above.

Map: Partially updated 2018/19. 5m contours, scale 1:5000 for White and Yellow, 1:10000 for all other courses. Control descriptions (pictorial – except for White and Yellow) will be printed on maps, with loose copies available in start lanes.

Times: Registration: 10.00-11.45
Starts: 10.30-12.30
Course closing: 14:30

Because of the low number of pre-entries, it has not been necessary to allocate start times. It will be a punching start.

Courses: White to Brown – with a Long Orange, but no Short Green, as follows:

	<u>Length(Km)</u>	<u>Climb(m)</u>	<u>Controls</u>
Brown	8.2	195	23
Blue	6.2	130	15
Green	4.3	100	11

Very Short Green	2.7	50	9
Light Green	3.6	75	10
Long Orange	5.2	80	16
Orange	2.6	45	11
Yellow	2.1	45	11
White	1.4	35	11

SI timing will be used, but contactless punching will not be enabled.

Fees: Entry on Fabian4 - closing date 3/2/19

Seniors: BO members £8 Non BO members £10

Juniors/Students: £3

Limited entry on day at £1 supplement for Seniors, 50p for Juniors

Car parking: **No charge**

SI card hire: £1 for Seniors, no charge for Juniors Lost SI card fee: £30

Safety: There is a Mountain Bike Trail within the area. This will be marked on maps and attention drawn to it on the start lane maps. This must not be followed by any competitors, and great care must be taken when crossing it. This Trail crosses the path from the Upper Car Park to the Start – and a marshal will be in place to ensure that competitors do not impede it.

Prestwich Forest Park extends Philips Park to the N bank of the Irwell. In addition there are several ponds and reservoirs. Do NOT enter any of these water features!

The area is used by dog-walkers, horse-riders and mountain bikers. If there are riders of any type approaching you on a path during the event, please give them a wide berth.

Full leg cover is advised.

Competitors take part at their own risk & are responsible for their own safety.

Facilities: Enquiries, SI hire, registration, download and toilets will be in the Barn Countryside Centre

First Aid will be available at enquiries. North Manchester General Hospital (M8 5RB) is the nearest hospital for any emergencies – Enquiries will have a map if you need one.

At Enquiries, there will be a place to store car keys. All lone drivers should leave their keys here.

Officials: Planner: Ian Gilliver (MDOC)
 Controller: Tom Gray (PFO)
 Organiser: Chris Kirkham (MDOC) 0161 903 9023
 Email: philips2019@mdoc.org.uk