



**Manchester & District Orienteering Club
Regional event and NW Yvette Baker heat
PHILIPS PARK, NORTH MANCHESTER
Sunday 23rd April 2023**



Final Details

Manchester & District Orienteering Club welcome you to their Regional event at Philips Park, incorporating the Yvette Baker Trophy and Shield, Junior inter-club competition, NW heat.

Entries

Please pre-enter via SiEntries (www.sientries.co.uk).

Senior: BOF members £6, non-members £8; Juniors/Students/Unwaged: £3

Closing date for pre-entries is Thursday 20th April 2023. Limited EOD (subject to the availability of maps).

Travel

Philips Park, Park Lane, Whitefield, Greater Manchester M45 7QJ

Grid Reference SD798042

What3words ///marble.loves.hint

Travelling from east or west, leave the M60 at Junction 17. Travel north on the A56, keeping in the left-hand lane and turn left onto Higher Lane, A665. At the next traffic lights by Philips Park High School turn left onto Park Lane. The event will be signposted at this junction. Keep on this lane and go straight on at the mini roundabout. The entrance to the park is by Sedgley Park Rugby Club.

Please share transport wherever possible.

Parking

As you enter the park you will cross over the M60, take care as the road is only wide enough for one car or minibus, so wait for traffic already on the bridge coming in the opposite direction. From here, marshals will direct you towards the right car park. Follow the road down, keeping left, and follow the signs. When you reach the car park, please follow the marshals' directions.

Anyone bringing a large minibus or coach to the event should contact the Organiser Julie Brook in advance for details of alternative parking.

Start/Finish

The Start is adjacent to the car park; please follow signs to the Start. Marshals at the Start will register the competitors.

Starts are from 10:30-12:30. Courses close at 14:00. It is a punching Start and Finish. However, all other controls will be SIAC enabled.

For the YBT courses, competitors from the same club and on the same course must start at least 4 minutes apart.

Separate control descriptions will be available in the Start lanes.

There are two Finishes, one for White to Light Green courses and the second for all other courses.

After finishing, please proceed to Download in the Barn.

Facilities

Enquires, Toilets, First Aid, Key drop, Dibber hire and Download will be in the Barn. SI cards can be borrowed from Enquiries free of charge, but there is a £30 charge for lost cards. Directions to the Barn will be taped from the car park and from both Finishes. There will also be a clothing drop in the Barn. **Please leave muddy shoes at the door.**

Yvette Baker

The Trophy is for large clubs and the Shield for smaller clubs. Eligibility will be determined by competitors club, age class and course entered.

No competitor can be shadowed/helped around the course they have been entered on.

https://www.britishorienteering.org.uk/yvettebaker_rules

Courses

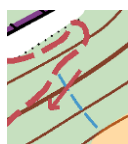
Course	Length (km)	Climb (m)	Controls	Scale
Short Brown	8.3	150	24	1:10000 (double sided)
Blue	6.5	125	17	1:10000
Green (+ YBT)	4.5	105	16	1:7500
Short Green	3.7	75	15	1:7500
Very Short Green	2.8	75	12	1:7500
Light Green (+ YBT)	3.2	80	13	1:7500
Orange (+ YBT)	3.1	65	12	1:7500
Yellow (+ YBT)	2.1	55	11	1:5000
White	1.4	40	13	1:5000

Map and Terrain

All courses start and finish in Philips Park and pass through parts of the Irwell Valley. The flat flood plains of the Irwell Valley include ditches, ponds and interesting vegetation detail. Philips Park sits above the Irwell Valley, with many contour and vegetation features on the slopes down to the Irwell and its tributaries.

While a good path network enables rapid progress at times, steep slopes, and an abundance of "light green" vegetation and seasonal mud provide a physically challenging area once you leave the paths. As of mid-March, undergrowth is still dormant and visibility is good.

The area is popular with walkers, mountain bikers, dog owners and horse riders - take care, be courteous and give way.



A number of purpose built mountain bike tracks run through the competition area. The tracks are marked by red dashes with arrow signs showing the direction of potential bikes. These tracks are strictly out of bounds for all competitors. All runners must take care when crossing the bike tracks.

White and Yellow courses have one taped section between controls.

Other OUT OF BOUNDS areas are marked on the map in red hashing. Do not enter these areas.

Safety

A comprehensive risk assessment has been carried out by the Organiser. However, participants take part at their own risk.

No areas of the park are currently affected by giant hogweed. At this time of the year the risk is very low and the planner has avoided the areas by the river Irwell that may be affected. Some of the 'Light Green vegetation' marked on the map has low level thorny bushes. Competitors should consider wearing eye protection.

Whistles and full body cover are compulsory. **NO WHISTLE - NO GO. NO FULL COVER – NO GO.**

If the weather deteriorates nearer to the event, waterproof jackets will become compulsory. Information will be posted on the MDOC website. There will be notices at Enquiries and in the car park area. Please come prepared.

First Aid will be available at the Barn. For anything more serious the nearest A&E is at North Manchester General Hospital, Delaunays Road, Crumpsall, Manchester M8 5RB.

Please remember to Download even if you did not complete your course.

Organiser: Julie Brook (MDOC)
Planner: Jim Trueman (MDOC)
Controller: John Britton (MDOC)