



Dunham Massey Year End Spunch - Sat 30 Dec - Final Details V2 - PLEASE READ

Summary

- Everything at Dunham Massey Village Hall. Registration from 1030 to 1200. Start window 1100 to 1200 (we may allow earlier starts for the 90/120 min courses if we are ready!)
- Free parking on-site for about 70 cars. Overflow to local lanes if necessary. **Please share transport!**
- On MapRun Select Event: UK/Manchester/Spunch/Dunham Massey 60 or 90 or 120
- 60/90/120min course options - something suitable for all
- SpunchPix photo comp to win free SpunchEntry
- Cake stall serving Tea/Coffee/Soft Drinks & Festive Fayre & chat all available at the Village Hall after you finish.

The Golden Rules

- **All participants take part at their own risk**
- **Think Safe - Stay Safe - especially around traffic, animals, other runners, walkers, cyclists and water hazards**
- **If you are running / walking with kids under 16, please keep them safe too!**
- **Wear footwear with decent grips (studs not necessary) - dress appropriate to weather**
- **Report to the finish - we need to know you are back safely**
- **You must finish by 1415pm - before we call the rescue services and before the food and drink runs out!**
- **Stay only on permitted routes & respect private property - don't trespass, don't cross walls or fences other than at stiles/gates or other allowable or marked crossing points. Don't go out of bounds (cross-hatched areas or areas with hard boundaries).**
- **Don't go within 25m of the Finish until you are actually ready to finish!**
- **Please read at least the section on Safety & Reputation**
- **Make sure you have the MapRun app installed and your Smartphone/Garmin well charged**
- **If you are new to Spunch events, please read ALL the details - they will help you!**

Event Centre

Free parking, toilets, registration, start, finish, VAR, food and drink are all at the Dunham Massey Village Hall, 2 School Lane, Dunham Massey, Altrincham, WA14 4SE [📍 Dunham Massey Village Hall](#)
What3words [combining.chiefs.mallets](#)

It is easy to find using GoogleMaps or similar, and will not be signed.

Car Parking / Transport

The venue has good on-site free parking but we are likely to fill it. Any overflow will be to local lanes. A car park official will be present in hi-vis. Please park as directed.

Please share transport wherever possible, arrive early and park legally and safely.

If you are running late don't panic - we will give you a late start within reason!

Bikes: There are places to lock your bike at the venue (at your own risk).

Public Transport: Altrincham station is 5k from the Village Hall. 10mins by taxi. 15mins by bike.

Event Format

The event is a 60, 90 or 120 minute score event using an enlarged and enhanced extract of the OS Explorer Map. You can choose whether to go for 60, 90 or 120 minutes when you "Select Event" on the MapRun app. There are 74 checkpoints (Spunchpoints) – you visit as many as you can within your chosen time limit. Each checkpoint visited scores you 20 points. There is a 10 point penalty for each minute or part minute that you are late back. It is very unlikely that anyone will be able to "get the lot" even in 2 hours.

There are no flags or markers at the checkpoints, and nor is there a description sheet as all checkpoints are at (or very near to) a self-evident feature (e.g. junction, footbridge, etc) on the map. **You must stay on the rights of way and other permitted routes as shown on the map - you must not take "illegal" short-cuts or trespass across fields or other private land where there is no public right of way. You must not cross walls and fences other than at recognised stiles & gates etc. Nor must you use routes which are marked as prohibited. We follow these rules to ensure fair competition, to maintain good relationships with landowners and other members of the public, and to safeguard you and the reputation of the sport. If you are in any doubt about interpreting the map, please ask or look at the OS legend here: <https://www.ordnancesurvey.co.uk/documents/25k-raster-legend.pdf>**

The MapRun app will be used for start and finish timing, recording visits to checkpoints and results production. In order to feature in the results you will need to use the MapRun app on your smartphone or MapRunG on your Garmin. If you are using a Garmin, please also carry your mobile phone for safety reasons.

Your result should be automatically uploaded immediately after you have finished to appear in the on-line results (subject to phone data / wifi signal). If your result doesn't automatically appear, you can do a manual upload when you have a data signal.

We are **trialling** a new near-real-time flexible results service at this event for the first time (developed by club-member Ian Watson). You should be able to see your result, and view it in a variety of different ways via this link www.mdocresults.co.uk Amongst other things, this service should combine the results from all the courses, and also present a set of results adjusted for age and gender. This will be the first full-scale "volume/performance test" of the beta version, so we are keen to see how it is received and performs. Please have a look and let us know what you think.

We are still learning about, and experimenting with MapRun capabilities and limitations. **If you don't get a beep at a Spunchpoint AND you know you are in the right place, then just continue on your run and make an appeal to the Video Assistant Referee (VAR) after you have finished!** If it is clear from your GPS track that you should be credited with the points for the missing beep control(s) then you will be! Please make your appeal on the day of the event at the event centre before you go home (so that the results can be finalised for everyone's benefit at the event). Late appeals will only be considered in exceptional circumstances!

You will be issued with a waterproof map. A compass may be useful (but not mandatory) and a watch to ensure you stay within the time limit. (You won't need a dibber, or pencil or any description sheet).

Trail shoes with good grips are strongly recommended as there are likely to be some muddy paths to negotiate.

The Map

The event uses an enlarged and enhanced extract of the OS 1:25,000 Explorer Map which will be printed at a scale of about 1:15,000. The 74 checkpoints are marked by a numbered circle; **the start is marked by a triangle; the finish is marked by a double circle.**

MapRun App

If you previously used MapRun6 you should replace it with the new version which is just called MapRun

Whilst you are at home, before you come to the event:

-Ensure you have the app loaded on your device and **your user name details entered**

-Ensure your device battery is well charged

-"Select Event" from the MapRun home screen on the app and download **UK/Manchester/Spunch/Dunham Massey 60 or 90 or 120**

-Also we recommend going to "Options and Settings" from the MapRun home screen and checking 2 settings. 1. Check that the "Hide pts accuracy worse than (m)" is set to 20, then 2. Browse down to the "Check Notification Settings" in order to ensure you are going to get an audible Spunchbeep!

If you have any queries in advance about MapRun you can message Peter on 07768 431478. If you are a new MapRun user, please make it known at Registration - there will be help available on the day to get you going!

Registration / Start & Finish Process

Registration will be inside the Village Hall and will be open from 1030 to 1200. Enquiries and advice will also be available at Registration. **You must go to Registration before going to Pre-Start.**

There will be a rolling start, at your convenience from 1100 to 1200. We may open the start a little earlier if we are ready. (This is to help spread the impact on the start / finish officials - It is likely to be busy, please be patient). If you are opting for the 60min course please do not start before 1100. If you are opting for the 120min course please try to start before 1130 (so you get back before the cakes run out!)

- On arrival go to registration to have your name checked off on the start / safety list. For those entering on the day pay for your entry online via SiEntries or by CASH only. There will be no card machine!
- You can then proceed to the Pre-Start nearby. Please don't press "Go to Start" on your MapRun device until you are advised to do so at the pre-start. When your GPS has settled and you have got a "green" GPS fix you will be able to collect your map and proceed to the start.
- If you do not get a 'beep' at the start, return to the pre-start and we will try to fix any problem. DO NOT continue unless you have got the start 'beep'.
- The finish will also be in the grounds of the Village Hall. You must get a 'beep' at the finish to complete your run correctly. **You MUST report your name to the finish official so we know you have returned safely and can tick you back-in on the safety list.** Please do not go near the finish until you are actually ready to finish - if you go within about 25m of the finish mid-run there is a risk your device will record the finish before you wanted it to!

Food & Drink

Tea, coffee, soft drinks and a selection of festive fayre will be available after your run/walk from the food stall.

Safety & Reputation

Roads / traffic – The course has been planned such that you should only need to cross roads at places where there is good visibility. Similarly courses have been planned to avoid any sections of road where traffic levels or speed present a more significant risk - such sections of road have been marked on the map and/or marked as out of bounds.

Nevertheless some of your course may be on minor roads with varying traffic levels. Some of these roads have no pedestrian pavement. On roads where there is a pedestrian pavement please stick to the pavement apart from when crossing. Please take great care at all times when using or crossing any roads and be ready to move off the road if needed. Be especially careful in the surroundings of the event centre where the start, finish and car park are, and where there will be others both in vehicles and on foot.

Canal - Several checkpoints are either on, or accessed via the canal towpath. The towpath is generally in good condition but can get slippery in places. PLEASE take care when running / walking along the canal towpath and keep your kids safe and dogs on a lead around the canal.

Other visitors & locals – Please give way to horse riders, off road motorcyclists, cyclists, other runners and walkers and their dogs - all popular in this area. If you meet other competitors, members of the public or land owners (particularly around farm buildings and locals' homes) please behave with courtesy.

Livestock - there is livestock in some of the fields including cows, sheep and horses. The cows can be curious and may approach you but they are not aggressive. In all cases be prepared to pass wide and slow around livestock.

Trail Conditions - The paths & tracks in the area are generally in good condition so you will be unlucky to encounter any undergrowth. The event can be run in shorts without problem (subject to weather). Some of

the paths can be slippery/muddy when wet. We recommend trail shoes with good grips, studded shoes are not necessary.

Weather – the current forecast is for unsettled but mild weather and there is a risk of rain. Conditions can change quickly, so (especially walkers / slower runners) please plan to dress accordingly and consider carrying a warmer layer and / or a waterproof and windproof top.

Dogs - Well behaved dogs are allowed and welcome outside the Village Hall and on the course. Please keep your dog under control at all times, and on a lead when around other animals, humans and traffic.

Stick to the rights of way & legal crossing points - Please do not go off the permitted paths, tracks and lanes and under no circumstances should you trespass or cross fences or walls other than at crossing points. Take great care at the stiles some of which are in a poor state of repair and can be a little rickety. Always observe the [Countryside Code](#)

Under 16s must be accompanied by a parent/guardian

Please carry a mobile phone for safety - The emergency phone number is Peter on 07768 431478. Please put this into your phone. It can be used if you are lost / injured / need to be recovered or to report any other situations requiring urgent attention

You must report to the finish at the end of your run so that we know you are back

MapRun Live Tracking

MapRun Live Tracking provides the MapRun administrator a real time view of where the runners are located during the event. Periodically during your run (eg. every 60 seconds) the MapRun App sends your location to the MapRun system. The size of the data transmitted is trivial, and there is an insignificant impact on the phone's battery. The runners' location appears on the administrator's console, and for data protection reasons, nowhere else.

Is every runner to be tracked? No. Live tracking is dependent on phone data signal and so doesn't work with Garmin, and anyone can use "Options and Settings" on their smartphone App to turn Live tracking on or off.

Why do we use live tracking? Because it is an additional safety feature. In the event that a participant fails to return to the finish, this feature might just help us come and find you!

SpunchPix Photo Comp - Win free entry to a future event

For those who are less bothered about pace, and more bothered about picturesque, please take some pics before, during and after the event that you are happy to be used on social media (anonymously).

Any pics WhatsApp'd (07751932749) or emailed (1andythornton@gmail.com) to me within 48hours of the event will be considered for the SpunchPic of the day photo comp.

Things the judges will be looking for in your pics are.....Scenery, runners/walkers (especially brandishing maps), happy families, smiling faces, fun / humour, imaginative poses, selfies, big skies, nice paths, landmarks, weather, lighting etc.

The SpunchPic of the day photo taker will receive a free entry to a future Spunch event of their choice. Get snapping!

Acknowledgements

Big shout out to Andrew & Peter (a different Andrew & Peter!) at the Dunham Massey Village Hall for allowing us to use their excellent hall again.

That's all - see you on Saturday!

Andy Thornton (Event Organiser) & Peter Ross (Event Planner)