



# **MDOC NEWS**



**Newsletter of Manchester and District Orienteering Club**

**FEBRUARY 2010**



**Snow!  
Social  
Prizegiving  
Beaudesert  
Northern Championships**

## SNOW!

It was all very pretty when it first came, covering not just the hills but parks, gardens and roads with a blanket of white. However after a few days of enjoying the unusual views and admiring the many snowmen, the continued freezing cold and further falls of snow began to cause no end of problems.

### Lyme Park

We thought our New Year's charity event at Lyme Park would be safe, as snow was not forecast until the afternoon. However the snow started early and conditions gradually worsened. All controls were in place, and about 20 competitors had registered when, only about 30 minutes before the start, the park was closed.



Dave McCann, the organiser (*pictured above*) wrote:

“The selected charity this year was the Lake District Search and Mountain Rescue Association, as a thank you for their help during the 2008 OMM, which was called off. So it's ironic that the fund raising event was also called off at the last minute. All the controls were in place when we were told that the park gates were closed and please could we leave as soon as possible. The conditions were not good in and around the car park and access roads and out on the courses there would have been fresh snow covering sheet ice.

Many thanks to all who did make it to the park for this popular annual event. Those who had made donations or bought raffle tickets were happy for the monies to proceed as intended to the Lakes Rescue Teams. If anyone who could not make it would like to make a donation anyway, please contact me.

Finally, thanks are due to all the helpers in advance and on the day when the weather was not ideal for any of the jobs essential to make these events run.”

In view of the continued poor weather, it has been decided not to reschedule the event this year. Hopefully it will continue as normal next year.

## **Wythenshawe Park**

In contrast, on January 9<sup>th</sup> our Saturday morning event at Wythenshawe Park went ahead with bright sunshine making the park look very attractive. There was about 10cm of snow on the ground, but with no hills or steep slopes conditions were ideal for fast running. The sprint course was the most popular, with two courses of about 3k, and a chasing start on the second depending on the time taken for the first. The second part of the course traversed an attractive area of woodland that has recently been much improved by the park wardens, including some wooden animal sculptures, three of which were used as control sites. The cover picture shows Alice Fellbaum running through the woodland, and two of the sculptures are shown in the photos on the back page.

## **CompassSport Cup – Watergrove**

The North West first round of the CompassSport Cup has also been postponed due to the weather and ground conditions.

We received the message on 11<sup>th</sup> January. Edward Mellor, the planner, wrote:

“Myself and the organiser, Clive Atty, visited the area today. The snow is knee deep on the lower slopes ... and waist deep on the upper slopes.☹☹The snowfall has also meant that control tags put out before the new year were buried under snow when the controller visited the area. ☹☹In conjunction with the controller we have therefore taken the decision to postpone the event at this early stage and seek to rearrange the fixture in the near future.”

## **OTHER NEWS**

Congratulations to Tom Fellbaum who has been selected for British Orienteering's inaugural World Class Talent Squad.

Congratulations also to Alistair Thornton (M14) and Vicky Thornton (W45) who have been selected to represent England in the Interland Cup 2010 on 7 March at Hechtel, Leopoldsborg in NE Belgium, and to Tom Fellbaum (M18) who has been selected as 'travelling reserve'. They will compete against two Belgian teams (Flemish and French speaking), the Netherlands, the Nordrhein-Westfalische team from NW Germany team and a French team.

The Britton family's experiences at last year's OMM were featured on the BBC's Living Dangerously program in December. The program was very well presented, with video footage from the actual event, some reconstruction on local hills, and interviews with the family and others involved.

Congratulations to our new Northern Champions, from the National Event at Baslow, Curbar and Froggatt edges on 31<sup>st</sup> January: James McCann (M10), Alice Fellbaum (W18), Vicky Thornton (W45) and Rae Lomas (W65).

The Committee have been discussing a variety of topics, including the need to involve more members in organising and planning local events, the need to stimulate coaching within the club, ideas for participation, plans for future events and difficulties in obtaining access for orienteering in the Goyt Valley and Longendale.

## CLUB CHAMPIONSHIPS 2009

Steve Lang calculates the annual club statistics, based on performance in designated events. The full details and results are given on the club website but, as a brief summary, the five best scores are taken. The Open class covers TD5 courses, while the junior scores are for the less technically difficult classes. Juniors have to be 16 or younger at the start of the year. For the junior classes scoring is based on pace (time/distance) while for the open classes the score is adjusted for category and course length.

Awards were made at the annual social to the first 10 in the Open class and to the best juniors in each class. The top 20 in the Open class are listed here, and the leading juniors.

### Open

1	Vicky Thornton	W45	5456		11	Jane McCann	W40	5174
2	Heather Fellbaum	W45	5402		12	Roger Bryant	M18	5171
3	Alice Fellbaum	W16	5399		13	Ian Watson	M60	5167
4	Thomas Fellbaum	M18	5314		14	Alex McCann	M14	5132
5	Andrew Gregory	M70	5295		15	Jim Trueman	M45	5116
6	John Britton	M55	5284		16	Trevor Roberts	M60	5106
7	Sue Birkinshaw	W70	5241		17	Alan Poxon	M55	5079
8	Dan Parker	M45	5199		18	Dave Mawdsley	M65	5060
9	Jillyan Dobby	W55	5183		19	Ray Humphreys	M50	5037
10	Dave McCann	M45	5181		20	Tony Wagg	M60	5001

### Junior

JM1	1	Ben Dempsey	2349		JW2	1	Rosie Martland	2012
	2	James McCann	2100			2	Rosemary Ogden	1756
	3	Ben Martland	1950			3	Laura Hindle	1060
JM2	1	James McCann	5109		JW3	1	Romane Salathé	2165
	2	Hector Salathé	1977			2	Carolyn Hindle	1052
	3	Jason Salathé	1830			3	Rebecca Hunphreys	1046
JM3	1	Matthew Fellbaum	5191			4	Laura Hindle	917
	2	Tom McCann	4971		JW4	1	Rebecca Humphreys	4239
JM4	1	Alistair Thornton	5307			2	Carolyn Hindle	983
	2	Alex McCann	3620			3	Allanah Birtwistle	945
	3	Matthew Fellbaum	1958			4	Romane Salathé	941

### Orienteer of the Year Awards

This year it has been most difficult to select the winners for the various classes as there have been quite a few who in their own right, have produced very creditable results in events, both in the UK and abroad and in a range of events from local to national including Sprint and Urban.

Special mention must be made of the junior relay team who only just missed keeping their Peter Palmer relay champions crown. Also the noteworthy performances of the pupils from Fallibroome High School in the British Schools Championships, and the many excellent results by MDOC members in events in France, Portugal and Australia. For the future our juniors continue to progress, notably one of youngest, James McCann, who is more than holding his own in his class. *Pete Lomas*

**Most Promising Newcomer: Tom Horton**

He has come through from Fallibroome High School and has shown that he has ability to do well in the sport shown by some very good results.

**Most Improved Orienteer: Matthew Fellbaum**

He has shown that he has the ability to be a force in his class as his third place in the British Schools Championships showed and other regional events

**Team of the Year: M18 Relay team: Tom Fellbaum, Roger Bryant & Alice Fellbaum**

To achieve 3<sup>rd</sup> place in one of the most competitive classes at the British Championships, is an excellent result, and well deserving of the award.

**Junior male Orienteer of the Year: Alistair Thornton**

Now that he is combining his outstanding running ability with an ever increasing improvement in his technique, he has gained some excellent results shown by gaining selection for England in the forthcoming Interland competition.

**Junior Female Orienteer of the year: Alice Fellbaum**

Fitness and ability combined with dedication has ensured that she has stayed at the top of her class and deservedly gains the award again.

**Senior Male Orienteer of the Year: Dave McCann**

In an age group where competition is very fierce, he has shown that he can hold his own and has consistently gained good results. With this, coupled with a tremendous and enthusiastic input into club activities, the award is well deserved.

**Senior Female Orienteer of the Year: Kate Bryant**

Always a very good orienteer in her successive age classes, she has shown a great determination to maintain her consistency despite having to cope with a potential disabling condition and get back to being a leader in her class.

***PICTURES FROM THE PRIZEGIVING***



*James McCann*



*Jason Salathé*



*Hector Salathé*



*Matthew Fellbaum*



*Tom McCann*



*Alex McCann*



*Laura Hindle*



*Carolyn Hindle*



*Romane Salathé*



*Alistair Thornton*



*Alice Fellbaum*



*Tom Fellbaum*



*Dave McCann*



*Vicky Thornton*



*Heather Fellbaum*



*John Britton*



*Sue Birkinshaw*



*Andrew Gregory*

## **PICTURES FROM THE CEDILIDH**



## **NORTHWEST NIGHT LEAGUE**

Our event contributing to the Northwest Night League was on the new map of Reddish Vale on the evening of January 30<sup>th</sup>. Chris Rostron was organiser and planner, with Martin Green, who had recently updated the map, as controller.

A fine, clear but cold evening attracted 25 competitors. On the Blue course, Alex McCann had an excellent run to come second, beating his dad Dave McCann, who was fourth, by 5 minutes. Liz Britton was sixth and John Kewley tenth. On the Orange course Jane McCann won, and Rosemary Ogden did very well to complete the course in fourth place.

In the league overall, after four events, MDOC members in the leading positions are:

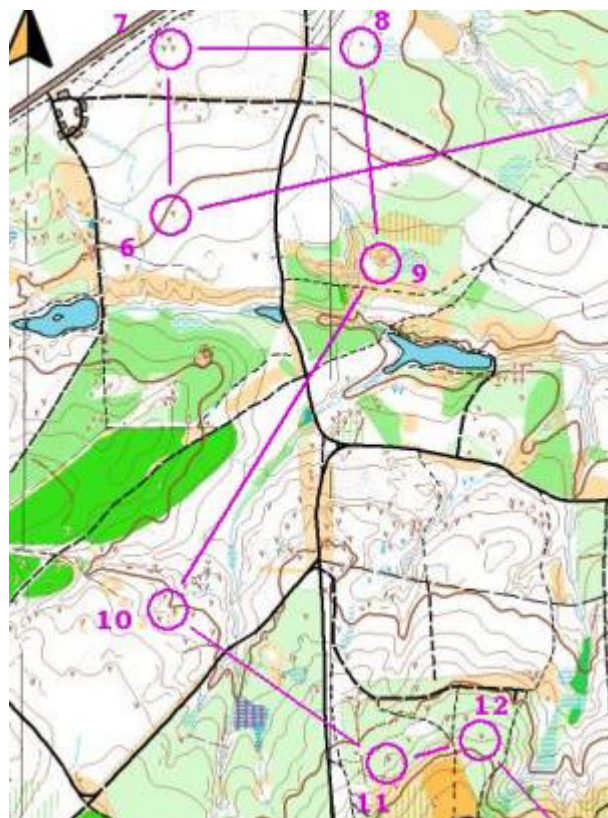
		<u>events</u>	<u>pts</u>			<u>events</u>	<u>pts</u>		
M18-	1	Alex McCann	3	96	W18-	4	Alice Fellbaum	1	25
	2	Tom Fellbaum	1	40		6	Rebecca Humphreys	1	19
M40+	3	John Kewley	3	89	W19+	2	Liz Britton	1	35
	4	Chris Rostron	3	85	W40+	6	Jane McCann	1	20
	13	Dave McCann	4	58		10	Pip Humphreys	1	10

## BEAUDESERT

Beaudesert is one of the toughest and most technical areas in the West Midlands, and the National event on 13<sup>th</sup> December 2009 attracted a good turnout from MDOC. We had almost 50 competitors running the National courses (listed below), and several more on the Colour Coded courses.

The most impressive performance of the day was Thomas Fellbaum winning the very tough M18L class by over 5 minutes. The other very good results were Vicky Thornton 3<sup>rd</sup> on W45L, James McCann 1<sup>st</sup> on M10A and Alistair Thornton 4<sup>th</sup> on M14A. Lucy Harris, running for ShUOC came a very good 5<sup>th</sup> place on W21E.

(Number on each course in brackets)



M10A	(5)	1	James McCann	20.31	36	Tony Wagg	85.13
M14A	(38)	4	Alistair Thornton	38.25	37	Chris Rostron	85.43
		21	Matthew Fellbaum	52.55	51	Chris Kirkham	100.31
M16A	(30)	16	Alex McCann	63.28	52	Peter Ross	105.03
		24	Will Humphreys	83.00	M60S	(17)	12 Grahame Crawshaw 65.38
M18L	(25)	1	Thomas Fellbaum	56.06	M65L	(36)	22 Dave Mawdsley 75.53
		12	Roger Bryant	74.46	M65S	(9)	4 Geoffrey Millan 53.41
		21	Sean Malkin	90.05	W16A	(20)	17 Rebecca Humphreys 64.52
M21L	(11)	4	Steffan North	104.12	W18L	(15)	10 Alice Fellbaum 66.54
M21S	(8)	7	Ian Farrell	96.48	W21E	(7)	5 Lucy Harris 92.20
M40L	(26)	13	Jim Trueman	101.23	W40L	(19)	11 Jane McCann 82.43
		16	Warren Mason	108.48	W40S	(9)	6 Claire Barnett 75.37
M45L	(47)	20	Dave McCann	75.00	W45L	(37)	3 Vicky Thornton 52.36
		22	Andy Thornton	76.14			13 Heather Fellbaum 65.29
		30	Ray Humphreys	83.04			31 Pip Humphreys 87.49
		44	Stephen Fellbaum	112.52	W50L	(31)	18 Marie Roberts 87.39
M45S	(17)	15	Tony Mason	82.50			24 Kath Speak 86.13
M50S	(18)	7	Martin Green	64.30	W55L	(23)	9 Jillyan Dobby 58.10
M55L	(44)	10	Phil Colville	63.36			10 Kate Bryant 59.45
		30	John Britton	78.48			19 Alison Doyle 79.19
		41	Ian Gilliver	95.47	W60L	(24)	18 Jan Ellis 76.33
M55S	(17)	3	Alan Poxon	50.12	W65L	(14)	5 Rae Lomas 60.33
M60L	(55)	10	Cliff Etherden	63.34			12 Irene Crawshaw 74.32
		26	Ian Watson	74.05	W70L	(4)	3 Sue Birkinshaw 68.36
		29	Trevor Roberts	76.27			



## NORTHERN CHAMPIONSHIPS

The 2010 Northern Championships were hosted this year by SYO on a very large newly mapped area including Baslow, Curbar and Froggatt Edges, the rocky wooded slopes below and the moorland above. The edges are well known to walkers, and the complexity and variety of rock and boulder detail always seem very impressive. There was a good turnout of MDOC members on a fine but cold day. Results of club members who completed their course are shown (numbers on each course in brackets):

### M10A 2.4k (3)

1 James McCann 29.10 \*

### M14A 3.9k (14)

4 Alistair Thornton 39.53

12 Matthew Fellbaum 47.53

18 Tom McCann 96.25

### M16A 6.3k (21)

10 Alex McCann 56.03

### M18E 9.2k (11)

2 Thomas Fellbaum 70.25

### M18L 7.6k (4)

3 William Humphreys 85.27

### M21E 12.8k (20)

15 Steffan North 123.59

### M35S 6.4k (5)

2 Steve Lang 65.29

### M45L 7.8k (37)

12 David McCann 76.51

19 Jim Treuman 80.18

### M45S 5.2k (8)

7 Tony Mason 107.23

### M50L 7.8k (41)

19 Andy Thornton 87.21

23 Ray Humphreys 90.51

25 Tom Bedwell 94.11

26 Stephen Fellbaum 94.50

27 Tim Mallon 97.38

### M55L 6.3k (36)

15 John Britton 65.58

35 Ian Gilliver 100.24

### M55S 4.1k (12)

2 Alan Poxon 53.02

### M60L 6.3k (41)

21 Cliff Etherden 73.52

22 Ian Watson 73.56

37 Chris Rostron 89.30

28 Chris Kirkham 91.08

### M60S 4.1k (14)

7 Stephen Beresford 66.43

8 Grahame Crawshaw 67.55

### M65L 5.2k (20)

10 Tony Wagg 75.09

15 Dave Mawdsley 79.27

### M65S 3.6k (9)

3 Geoffrey Millan 50.05

9 Ted Smith 75.13

### M70L 4.1k (17)

16 Peter Lomas 83.24

### W12A 2.8k (10)

6 Laura Hindle 40.32

### W14A 3.2k (13)

7 Carolyn Hindle 37.17

### W16A 4.1k (13)

9 Rebecca Humphreys 56.23

### W18E 6.4k (7)

2 Alice Fellbaum 63.10 \*

### W21L 7.6k (6)

1 Elizabeth Britton 75.47

### W40L 6.4k (16)

9 Jane McCann 89.05

### W45L 5.2k (22)

1 Vicky Thornton 50.18 \*

10 Heather Fellbaum 67.56

### W45S 3.6k (15)

6 Julia Simpson 54.10

### W50L 5.2k (19)

17 Jenny Mallon 95.45

18 Pip Humphreys 108.10

### W50S 3.6k (11)

11 Julie Bedwell 82.22

### W60L 4.1k (23)

23 Alison Doyle 101.39

### W65L 3.6k (13)

4 Rae Lomas 57.48 \*

9 Irene Crawshaw 71.26

\* Northern Champion

## BEELEY WOODS Middle Distance event 30<sup>th</sup> January

Black 5.2k (47)	20	Tom Fellbaum	40.26	Green 2.8k (91)	4	Alan Poxon	29.12
Brown 4.2k (73)	49	Jim Trueman	44.02		22	Dave Mawdsley	35.13
	51	Alice Fellbaum	45.23		33	Jillyan Dobby	38.00
	63	Trevor Hindle	51.49		42	Stepheb Beresford	41.01
	64	Stephen Fellbaum	53.46		77	Alison Doyle	59.05
Blue 3.4k (84)	36	Heather Fellbaum	39.23		80	Sue Birkinshaw	62.20
	51	Peter Ross	43.07		81	Tony Mason	64.56
	60	Chris Kirkham	47.07				

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### Why British Orienteering Needs a 4 Level Event Structure

At the 2010 British Orienteering AGM, to be held on Saturday 3<sup>rd</sup> April 2010 at the JK, we are tabling the following Proposal:

**That the current BOF Event Structure be amended, with effect from 1<sup>st</sup> January 2011, from a 3 tier structure to a 4 tier structure, the Levels to become:**

- **Level 1 Events - British Orienteering's major events, including the British Championships (Sprint, Middle, Long, Relays) and the JK.**
- **Level 2 Events - comprising a limited number of high quality events, including the best of the traditional age-class based cross country events, high profile city races and the Harvester Relays.**
- **Level 3 Events - comprising a wide range of typical Sunday morning events for competitors largely from within their Region, including colour-coded cross country events (former District events), urban races, etc.**
- **Level 4 Events - small scale events aimed at providing local competition (e.g. within a club) and increasing participation. e.g. introductory events, club summer evening events.**

This Proposal, if carried, will have the effect of creating a 4 tier Event Structure, by the insertion of an additional Level to enable a clear distinction between those events aimed at attracting competitors primarily from within the Region, and those aimed at a wider audience.

Following the introduction of the new Event Structure, clubs are now being encouraged to register their former District Events in the new Level 2, as Regional Events, instead of in the New Level 3, as Local Events, as was initially intended. Merging the former Regional and District Events into a single tier of Events of widely differing qualities, has created a number of problems, all of which may effect the quality or cost of our orienteering, including:

- **Identification of Quality Events:** How is a competitor to decide which of these Events are worth travelling to if they are all now described as Regional Events?
- **Entry Fees:** If Clubs choose to register their former District Events as Regional Events, they may well be tempted to increase their entry fees for these Events.
- **Embargoes:** The requirement for a 12 month embargo on areas to be used for Regional Events has been dropped, to permit former District Events to be registered as Regional Events.

- **Controllers.** Level 2 Regional Events should be being controlled by Grade 2 controllers, but there aren't enough of them for all the former District Events, so now experienced Grade 3 Controllers are being allowed to control Level 2 Events. Newly qualified Grade 3 Controllers can only control Level 3 Local Events, many of which don't need a controller at all.

The creation of a separate Level for the best of the old Regional Events, along with other events aimed at a national audience, will enable all of these, and other, problems, which didn't exist under the old Event Structure, to be easily resolved.

To get our Resolution adopted at the AGM, we need your support, either to attend and vote at the AGM, or to use your Proxy Vote, details of which will be sent out to you by British Orienteering. Few members of British Orienteering have yet had an opportunity to express their opinions on the current Event Structure. Use your chance to do so now.

Sue Birkinshaw, Dick Towler, Mike Atherton, Roger Smith

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## **GREATER MANCHESTER ORIENTEERING ACTIVITIES**

### **THE FUTURE DEVELOPMENT OF YOUR ORGANISATION**

GMOA is the only Organisation of its kind, being concerned purely with the leisure side of our sport, affiliated to BOF as a Closed Club, yet made up of members of two competitive clubs. For many years it has been looked upon as an example of good practice, and long may it remain that way. We now have Permanent Courses on 45 sites with other new ones in the process of construction. As we draw nearer the magic number of 50 sites we are trying to take a critical look at where we go in this new decade.

#### **WOULD YOU LIKE TO BE INVOLVED?**

**Are you approaching retirement and looking for a worthwhile activity?**

**Have you spare time that you are looking to fill?**

If you are a born Organiser, who likes to see that everything gets done, this could be your scene. Then out on the sites we need maps updated, new courses planned and current courses continually reassessed when parks change their structure, which involves negotiations with park managers. If you have an interest in publicity you would also be most welcome.

If working as a volunteer, expenses can of course be claimed. There might even be an opportunity for some part time paid work.

As I mentioned last September I will not be available to try to steer GMOA along after May 2011. Before then I would like to see GMOA's future direction established. If anyone is interested in making a contribution to GMOA, in whatever field, please contact me (Beryl Blackhall) to discuss possibilities.

01942 254835 or [beryl@bbee.ndo.co.uk](mailto:beryl@bbee.ndo.co.uk)



*Registration at Lyme Park*



*Dave McCann runs through the snow at Wythenshawe Park*



*Alex McCann at Wythenshawe*



*..... and a fox trying to keep warm*



*Steve Rawlings .....*



*and Tom Fellbaum at a control by a fish sculpture*