



MDOC NEWS



Newsletter of Manchester and District Orienteering Club

February 2018



John O'Goats event - Lyme Park

(Photo: Peter Cull)

**LYME PARK CHARITY EVENT
NEW YEAR SOCIAL & PRIZE-GIVING
EDINBURGH BIG WEEKEND
STOCKHOLM INDOOR EVENT**

CompassSport Cup

Our next major event is the first round of the CompassSport Cup, the annual inter-club competition, sponsored by CompassSport magazine. The Northwest round is quite close this year, at the SELOC area of Clowbridge, near Burnley, so we are hoping for a good club turnout. The date is Sunday March 11th.

Tom Fellbaum, as Club Captain, is co-ordinating the club entry, so please contact him if you would like to take part. Entries have to be sent in by February 25th. The club will pay for all entries for members running in their correct competitive class.

The area is a combination of open moorland surrounding Clowbridge reservoir, with some interesting contour detail, and smaller areas of woodland and semi-open. In the Cup competition we shall be competing against LOC, WCOC and AIRE. The Trophy competition for smaller clubs comprises SROC, PFO and SELOC.

Twin Peak 2018

Our annual 2-day Twin Peak weekend will be on the 3rd/4th November this year. This will be part of the Euro City Race Tour – a series of urban events based on well-known cities, so we have offered Manchester. A 2-part sprint race in the housing estates of Offerton on the Saturday will be followed by an urban event in the city of Manchester, including Castlefield. Eddie Speak is co-ordinating the weekend, and is looking to appoint organisers and planners, so do contact him if you would like to be involved.

Lakes 5-Days 2018

This, the North West's premier event, takes place every 4 years, and this year will run from July 29th to August 3rd. Some of the best technical areas in the Lakes will be used, and all the North West clubs will be helping. As a club we shall be helping with Central Services on all days, and it should be quite possible to both run and help every day.

Macclesfield Urban event

MDOC will be hosting an event for the UK Urban League on March 25th in the East Cheshire town of Macclesfield. Historically famous for the production of silk, it is now the manufacturing base for the pharmaceutical company – AstraZeneca.

The event will be based at the Tytherington High School and planner, Trevor Hindle, has designed courses venturing into the back streets of the historic town centre as well as the housing estates of Tytherington and local parks. Junior courses are expected to also include a maze. Pre entries can now be made at www.fabian4.co.uk and there are also entries on the day itself.

A team of helpers will be required. All helpers will be able to run a course if they wish and enter at half price. Please contact the organiser, Trevor Roberts by email on maccurban18@mdoc.org.uk to volunteer and to obtain the helpers discount code to use on the fabian4 system.

Following your run you will be able to visit Macclesfield's monthly Treacle Market which will take place on the same day.

For those people who would like to make it a full weekend of orienteering, DEE are hosting the JOK Chasing Sprint at Delamere Forest on Saturday 24th March. Details are available at www.jok.org.uk/chasing_sprint/2018.

JOHN O'GOATS CHARITY EVENT

Our annual New Year charity event in Lyme Park was planned and organised this year by John Kewley, assisted by Tim Martland, and with help from a good number of club members. The charity being supported was Cheshire Search and Rescue, of which John Kewley is an active member.

It was a typical winter's day, cold and windy, but relatively fine, and the event attracted 156 runners or pairs.



Medium course start

(Photo: Peter Cull)

In total £1292 was raised for CSAR, from donations and the raffle, and with Gift Aid that should come to £1482.

The courses were well planned, with a good amount of route choice, which is important in a mass start event. There was unfortunately a slight shortage of maps on some courses, but it is always difficult to predict in advance the numbers of entries on each course.

However all those who came enjoyed their run, and the raffle was as usual well supported, with a very good selection of donated prizes.

NEW YEAR SOCIAL

The 2018 New Year social was held at High Lane Village Hall on January 13th, and was attended by nearly 40 members. Dave Mawdsley, Cecilia Fenerty and Rae Lomas provided hot dishes. Rae Lomas was co-ordinating and, as for the last two years, a bake-off competition was held, with the theme being “a control site”. This produced some very imaginative entries, which were consumed after being admired. The winner of the bake-off was Alan Ogden (*bottom right*).



(Photos: Peter Cull)

CLUB AWARDS

The 2017 performance awards were based on the results from three major events: the British Championship, the JK and the Scottish 6 Day. The podium position only was used as it was felt that to achieve a podium position in whatever class showed a high level of performance. With this in mind the following awards were presented:

Vicky Thornton	W55L	1 st	British	1 st	Scottish 6 Day
Cerys Manning	W21L	1 st	British	2 nd	Scottish
Andrew Gregory	M80	1 st	British	3 rd	Scottish
James McCann	M18L	1 st	JK		

The Next Group of Awards were for the Club Championships (101 competitors)

- | | |
|---------------------|-------------|
| 1. Heather Fellbaum | 6307 points |
| 2. Jillyan Dobby | 6301 points |
| 3. Martin Green | 6263 points |

Junior Male (Yellow)	Jack Riley
Junior Female (Yellow)	Megan Francis
Junior Male (Orange & Light Green)	Dominic Wathey
Junior Female (Orange)	Milly Collins



Jack Riley



Dominic Wathey



Martin Green



Heather Fellbaum



Jillyan Dobby
(Photos: Peter Cull)



Vicky Thornton

2018 MDOC ANNUAL SOCIAL AWARDS

Rae Lomas

At the previous two club socials recognition was given to members for the contribution they made to the club.

In 2016 members who provided the frills such as the Wednesday run and the mini-bus were given a tea towel, long shoe-horns and other strange mementoes.

In 2017 recognition was given to all members who enabled events to take place from officials to helpers and this was everyone attending the social that year. Everyone took home a candle-holder with candles being burnt during the social.

In 2018 members were recognised for the contribution that they made as the engine of the club, without which the club would not be able to function. These were:

Sue Birkinshaw - Fixtures and permissions

David Wathey -Advertising

Chris Rostron, Tony Wagg and Alison Doyle – Spring, Summer and Autumn series co-ordinators

Grahame Crawshaw - Night Street League

Dave McCann - Countryside score

Eddie Speak - Map printing

Ian Gilliver - Health and Safety

Pete Lomas – Stores

Julie Brook - Computers

Andrew Gregory - Newsletter

They all were each given a 'goodie' bag for their good work.

On reflection, after the social, I must add another member.

Kath Speak - Membership secretary.

The Chairman's award, given each year for much unsung work behind the scenes, was presented this year by Eddie Speak to Ian Gilliver.



Left: Pete Lomas, Ian Gilliver, Julie Brook, Eddie Speak. David Wathey, Sue Birkinshaw

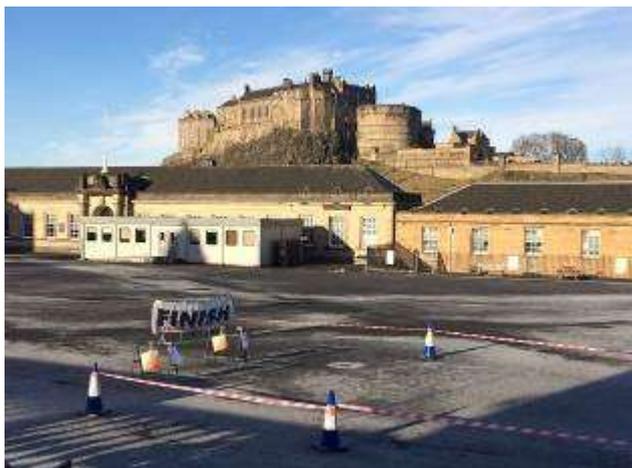
Right: Ian Gilliver with Eddie Speak

(Photos: Peter Cull)

Snow and ice in Edinburgh



James Walsh in snow on Arthur's Seat



Ice at the finish of the urban event

(Photos: Sam Drinkwater)

A number of club members were attracted by the Edinburgh Big Weekend in January, run by Edinburgh University O.C. Friday evening included both a night event on the campus of Edinburgh University, and an indoor O-event in the 8-storey James Clark Maxwell building. James Walsh was 11th on the long course in the night event with Sam Drinkwater 13th, and in the indoor event Sam was 6th with Chris Embrey 8th.

The results of the urban event on the Saturday were voided because of ice, and the classic event on the Sunday on Arthur's Seat was held in heavy snow. On the Brown course Sam Drinwater was 28th, Carolyn Hindle 34th, Chris Embrey 35th and Trevor Hindle 37th. On the Green course John Britton was 8th. Kate Bryant was 13th on Short Green and Dominic Wathey 19th on Light Green.

Matt Fellbaum, who is a student at Edinburgh, was the chief organiser for the weekend.

.... elsewhere ...



The 7 year-old grandchildren of John Williams orienteering for the first time at Lanhydrock near Bodmin.

STOCKHOLM INDOOR CUP

Trevor Roberts

Some months ago, CompassSport published a report on a previous event for the Stockholm Indoor Cup together with a map. The navigational challenge fascinated me, so this year Marie and I decided it was time to try it out and travelled out to Sweden at the beginning of February.

Most terrain orienteering in Sweden takes a break in the depth of winter whilst there is deep snow on the ground. This indoor event provides a weather-proof alternative. This year's event was held over two days and was based in two separate large senior secondary schools. Each one had multiple storeys – four on day 1 and six on day 2 – and each floor of the building was mapped separately on the same page. Within each building (or group of buildings) there were several sets of stairs each identified by a letter which allowed them to be tracked from floor to floor. Controls consisted of SI boxes taped to walls or other features but no kites. This made them a bit more difficult to spot. The legs between controls criss-crossed the different parts and floors of the building and, to make the navigation more challenging, temporary blockages were marked with tape and some parts of corridors could only be followed in one direction. A typical leg would involve following a corridor, zig-zagging through a classroom to manoeuvre around a temporary blockage, up one set of stairs, navigate the corridors of the next floor to another set of stairs to go down again one or two floors to another corridor to eventually arrive at the next control.

Each leg required very careful planning before moving and a re-check of the route was wise since an error such as coming across a previously un-noticed blockage could prove to be very expensive. The scene was one of many people sprinting at full speed alongside almost as many standing still pouring over their maps and scratching their heads.

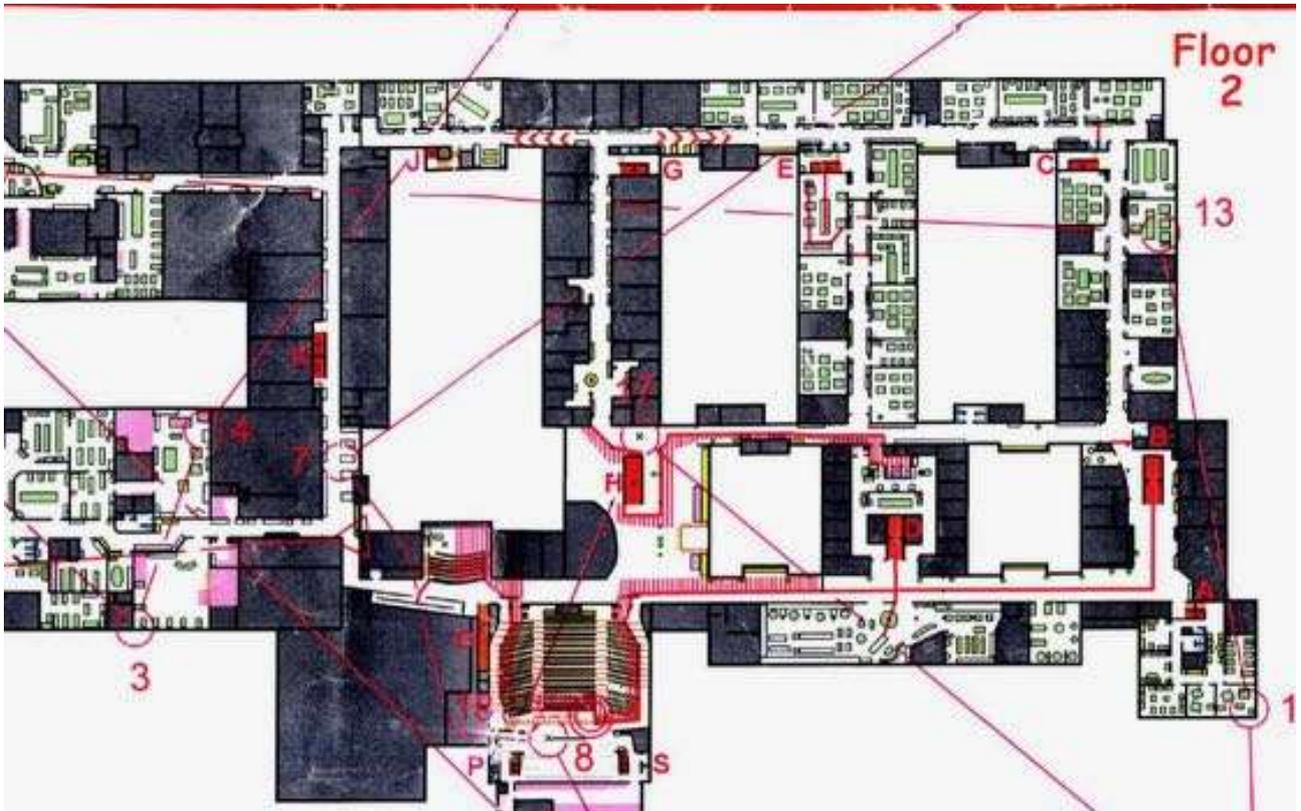
The organisation was superb. Around 800 people competed on each day over a four hour start period. Special arrangements were made to allocate early start times to people like us who needed to catch a plane home on day 2. A large team of officials manned the parts of the buildings with taped blockage points and one-way corridors to prevent cheating. Closed circuit TV, projected onto a large screen in the arena (a lecture theatre or school assembly hall), showed the action in other parts of the building. Refreshments, traders etc. were all present.

No doubt it will be difficult for you to picture all this from this description but if you try to work out some navigation using the sections of map on other pages of this newsletter, you may get the idea and be inspired to mark your calendars for a visit to Stockholm in February 2019.

To view full size copies of the maps go to:

https://www.mdoc.org.uk/documents/sic_day1_map_g.pdf for Day 1 and to:

https://www.mdoc.org.uk/documents/sic_day2_map_g.pdf for Day 2



Day 1 - Floor 2



Day 1 - Floor 3

Brindley Heath

On February 4th a number of members attended the Walton Chasers event at Brindley Heath. Unfortunately this did not go too well. It appears that the planner sent to the printers an earlier planning file that wasn't his final version. As a result the planner and controller put the controls on the correct features for the event, but where the original plans had changed and the control locations had been adjusted, there were no control kites (and, in one case on our course, even the feature itself didn't exist).

I have a lot of sympathy for the planner as this is something that I have worried about when sending the map files to Eddie for printing. So how can we make sure that this doesn't happen on any of our events?

It's very easy to say that the controller should check that the printed maps are correct, but how often does the planner, let alone the controller, get to see the printed maps before they arrive at the start of the event?

One system that I have tended to adopt, when planning MDOC events, is to send both the map file (usually on Condes) along with a scanned copy of each of the final courses, to Eddie so that he can check that the printed course matches my intended course. Whether he actually does so, or not, I don't know, but after this weekend, perhaps I should insist.

I'd be interested in knowing what, if anything, other planners within the club do to make sure that the maps printed actually represent the intended courses, and whether any club members might have any suggestions as to simple systems that can be adopted in order to prevent such a disaster occurring on one of our events.

Alan Ogden

TrailO News

The 2017 European Cup for TrailO (ECTO) saw John Kewley (JK) end up as top Brit in 37th position, one place ahead of Tom Dobra. Both of their best results came in the final event of the series in Slovakia where Tom and JK were 5th and 6th in the PreO.

JK has recently been selected for the British team at this year's European Trail Orienteering Championships (ETOC) in Slovakia. He will compete in both PreO (classic TrailO) and TempO (speed TrailO); selection for one of the two Relay teams will be dependent on the preceding days' PreO results. The event takes place from the 27th April till the 1st May and results will be available (hopefully live) on www.etoc2018.sk

This year's World Trail Orienteering Championships will be co-located with WOC in Latvia in August. A good performance in at least one of the JK and ETOC will be required if John is to qualify for his 10th WTOC in a row.

Night events

The Final event in this season's Night Street League will take place in the Bramhall/Davenport/Hazel Grove area. Trophies and prizes for the 2017-2018 series will be presented. Graham Crawshaw is the co-ordinator for the series.

Our annual night event that is part of the North West Night League will take place on the evening of March 3rd at Brereton Heath, near Holmes Chapel. This is one of the regular areas used for the summer evening series of events, but could be very interesting at night. Chris Rostron is co-ordinating.

FORTHCOMING MDOC EVENTS

MDOC NW Night league

Sat 3 Mar Brereton Heath

CompassSport Cup Heat

Sun 11 Mar Clowbridge (*SELOC event*)

MDOC Urban event

Sun 25 Mar Macclesfield

Spring events (Saturday mornings – Co-ordinator: Alison Doyle)

White, Yellow, Orange & Light Green courses, with a Long Light Green including an adjacent Urban area.

Sat 10 Mar Brabyns Park/Marple

Sat 24 Mar Manor Park/Old Glossop

Summer evening series (*first two events*)

Thu 26 Apr Teggs Nose

Wed 2 May Delamere East (*DEE*)

Wednesday runs (Co-ordinator: Marie Roberts)

Wed 21 Feb Tony Wagg Didsbury

Wed 28 Feb Trevor & Marie Roberts Bramhall

Wed 7 Mar Julie Brook New Mills

Wed 14 Mar Sue Birkinshaw Hale

Wed 21 Mar Dave Mawdsley Macclesfield

Wed 28 Mar Dave & Jane McCann Hazel Grove

Wed 4 Apr Steve Fellbaum Macclesfield

Wed 11 Apr Chris Rostron High Lane

MDOC Night Street League (Co-ordinator Grahame Crawshaw)

Thu 1 Mar Bramhall/Davenport (Final)

Cheshire & Merseyside Schools League (DEE)

Sat 3 Mar Little Budworth *Final event in series*

Sat 13 Mar Birkenhead Park *Schools League Relays*

MDOC Committee Meetings

Mondays 12 March, 9 April, 14 May 7:30 Ladybrook Hotel, Bramhall

NW Colour Awards. Stella Heap has agreed to administer the scheme for the club.

Welcome to Senior BOF member Alan Barker M50 and Senior BOF Member Paul Taylor M50.

LYME PARK



John Kewley distributes maps



Liam Corner



David Wathey



Queue for stile



(Photos by Peter Cull)