



# MDOC NEWS



Newsletter of Manchester and District Orienteering Club

JULY 2014



## *British Champions*

*John Britton  
M60 Champion*

*John Dempsey, Matt Fellbaum & Alistair Thornton  
Winning M18 relay team*

**NORTHERN CHAMPIONSHIPS  
DEE/MDOC CHALLENGE  
BRITISH CHAMPIONSHIPS  
TWIN PEAK 2014  
LAKES-5 HELP REQUEST**

## NEWS

MDOC had some excellent results at the British Championships in Northumberland. John Britton is the new British Champion in the very competitive M60 class, and Alistair Thornton, John Dempsey and Matthew Fellbaum all had excellent runs to win the M18 relay class. In addition Matthew Fellbaum (M16), Vicky Thornton (W50), Sue Birkinshaw (W75) and Andrew Gregory (M75) all gained bronze medals. In the Men's Short relay Tom Fellbaum, Steve Dempsey and Alex McCann won second place. Heather Fellbaum, Hazel Hindle and Vicky Thornton were third in the W50 class and Julie Brook, Alison Doyle and Margaret Gregory second in the W60 class.

Congratulations to Irene Crawshaw who became the new W70 Northern Champion at Blake Holme & Gummers How on 4 May. Other MDOC members producing good results were Matthew Fellbaum (2nd M16A), Alistair Thornton (2nd, M18L), John Britton (2nd, M60L), Vicky Thornton (2nd, W50) and Sue Birkinshaw (3rd, W75).

Congratulations to Matthew Fellbaum and Alistair Thornton who have been selected for the 2014 Talent Development Summer Camp which is being held in Sedbergh from 31 July to 4 August. They have also both been selected to represent England at the Junior Home International near Oban on 30-31 August.

Matthew Fellbaum has also been selected to represent Great Britain in the 2014 European Youth Orienteering Championships in Strumica, Macedonia on 25-28 June.

Vicky Thornton and John Britton have been selected to represent England at this year's Veteran Home International, being held in the Forest of Dean on 13-14 September.

Congratulations also to Ben Dempsey who has been invited to join the NW junior squad.

Steve Birkinshaw, ex club member and son of Sue Birkinshaw, has set a new record in traversing all 214 of the Wainwright tops in the Lake District in less than seven days. The route is about 511km with 3600m of climb, and he completed this in 6 days 13 hrs. He had a strong support team of orienteers and fell runners, and a large crowd greeted him when he returned to Keswick. He is raising money in support of MS charities, including the MS centre which is supporting his sister Hilary. Details of the run and links to the charities are at:

<http://stevebirkinshaw-wainwright2014.blogspot.co.uk/>

We have heard from Lyme Park that their Saturday morning Park Run is proving very popular in all weathers, with a wide range of abilities and ages of people taking part. Their Xplorer course is also proving very popular.

The committee are actively discussing plans for a revamped website which will include social media links and be mobile-friendly. Julie Brook, Trevor Roberts, David McCann and John Britton have been looking at the detailed requirements and the various options currently available.

Another successful series of Countryside Score events has again been organized by Andy Thornton, with events at Birch Vale, Macclesfield and Mobberley. The last local one will be at Marple on 23<sup>rd</sup> July and a special event will be held at Cartmel on Tuesday 5 August as part of the Lakes-5 week of events.

## NORTHERN CHAMPIONSHIP WEEKEND

The early May Bank Holiday weekend provided three days of varied orienteering in the Lake District, with a Middle Distance, Classic and Urban races.

On the Saturday LOC laid on a Middle Distance event on Summerhouse Knott, a small but very technical area next to Finsthwaite House, the farm we use for parking for our events on High Dam. A cuckoo was calling as competitors started out into the detailed terrain – maybe a warning to take great care, or a comment on some of the errors made! Matthew Fellbaum had a very accurate run to come 2<sup>nd</sup> on the Men's Blue course, and Vicky Thornton and Laura Hindle were both 8<sup>th</sup> on respectively Women's Blue and Women's Green.

Sunday was the actual Northern Championships, organized by SROC on the physically tough Blake Holme forest and the more open terrain of Gummers How. A damp morning and a very long walk from car parking to the assembly area made a tiring start, and the hard going in the forest made some of the times very long. Irene Crawshaw was our only Northern Champion, on W70, and Alistair Thornton had an excellent run to come 2<sup>nd</sup> on the very competitive M18L class. Matthew Fellbaum and Vicky Thornton were both 3<sup>rd</sup> on respectively M16A and W50L.

As a contrast, on the Bank Holiday Monday LOC ran an Urban event in Kendal, which is full of small passages and courtyards, as well as being quite hilly. In all an excellent weekend, with three very varied events.

### Middle Distance – Summerhouse Knott

#### Black, 5.8k (73)

56 Alistair Thornton M18 65:52

#### Men's Brown, 4.7k (97)

34 Steve Dempsey M50 55:06

59 David McCann M50 64:43

67 Stephen Fellbaum M50 70:26

73 Trevor Hindle M50 75:06

#### Women's Brown, 4.7k (36)

17 Alice Fellbaum W21 59:51

#### Men's Blue, 4.4k (125)

2 Matthew Fellbaum M16 36:23

42 John Britton M60 54:38

84 Eddie Speak M60 68:08

93 Martin Green M60 74:08

101 Paul Watson M40 80:15

#### Women's Blue, 4.4k (35)

8 Vicky Thornton W50 50:52

#### Men's Green, 3.3k (95)

30 David Mawdsley M70 51:15

32 Trevor Roberts M65 53:03

35 Chris Rostron M65 53:17

38= Ian Watson M65 53:41

44 Peter Ross M65 55:33

74 Richard Blake M65 76:09

#### Women's Green, 3.3k (103)

8 Laura Hindle W16 37:27

29 Heather Fellbaum W50 48:13

67= Marie Roberts W55 63:26

74 Hazel Hindle W50 66:05

95 Liz Hamer-Davies W45 92:15

98 Alison Doyle W65 93:31

#### Short Green, 2.8k (119)

33 Andrew Gregory M75 43:50

38 Jillyan Dobby W60 45:30

46 Jan Ellis W65 51:11

#### Very Short Green, 2.3k (26)

13 Sue Birkinshaw W75 58:21

24 Margaret Gregory W75 84:28

## Northern Championships – Gummer’s How & Blakeholme

<b>M16A</b>	3	Matthew Fellbaum	54:10	<b>M70L</b>	14	Pete Lomas	75:32
<b>M18L</b>	2	Alistair Thornton	59:38		18	David Mawdsley	77:32
<b>M40L</b>	9	Liam Corner	101:13	<b>M75L</b>	5	Andrew Gregory	81:38
<b>M40S</b>	3	Paul Watson	110:24	<b>W16A</b>	10	Laura Hindle	60:04
<b>M50L</b>	18	Steve Dempsey	84:46	<b>W18L</b>	14	Carolyn Hindle	78:37
	38	Trevor Hindle	105:00	<b>W21L</b>	16	Alice Fellbaum	90:47
	46	David McCann	117:00	<b>W45L</b>	12	Jane McCann	89:12
	49	Stephen Fellbaum	122:18	<b>W50L</b>	3	Vicky Thornton	59:39
<b>M60L</b>	2	John Britton	59:50		22	Hazel Hindle	97:36
	25	Eddie Speak	86:23	<b>W50S</b>	2	Heather Fellbaum	62:02
<b>M65L</b>	18	Peter Ross	80:49	<b>W55L</b>	37	Marie Roberts	94:35
	20	Chris Rostron	81:21		38	Kath Speak	97:51
	31	Ian Watson	91:00	<b>W60L</b>	14	Jillyan Dobby	78:59
	45	Trevor Roberts	110:16	<b>W65L</b>	19	Julie Brook	82:39
<b>M65S</b>	3	Grahame Crawshaw	79:31		21	Jan Ellis	83:14
	5	Stephen Beresford	89:21		25	Alison Doyle	107:39
	6	Richard Blake	95:53	<b>W70L</b>	1	Irene Crawshaw	75:40
				<b>W75</b>	3	Sue Birkinshaw	88:16

## Kendal Urban event

### Brown, 6.7k (97)

12	Liam Corner	M40	46:13
28	Steve Dempsey	M50	50:03
47	Trevor Hindle	M50	54:25
75	David McCann	M50	64:45
77	Paul Watson	M40	65:59

### Blue, 5.5k (143)

109	Hazel Hindle	W50	58:52
129	Liz Hamer-Davies	W45	70:29
132	Steve Nicholls	M55	74:05

### Green, 3.8k (137)

25	Chris Rostron	M65	36:14
51	Trevor Roberts	M65	41:23
59	Peter Ross	M65	42:42
67	Andrew Gregory	M75	43:28
71	Ian Watson	M65	44:03

76	David Mawdsley	M70	45:38
80	Marie Roberts	W55	46:05
84	Jillyan Dobby	W60	46:39
87	Grahame Crawshaw	M65	47:23
126	Alison Doyle	W65	76:36

### Short Green, 3.3k (54)

16	Rae Lomas	W70	46:33
19	Julie Brook	W65	47:16
30	Irene Crawshaw	W70	51:11
42	Douglas Edwards	M65	60:39
45	Sue Birkinshaw	W75	72:22
49	Margaret Gregory	W75	80:26

### Light Green, 2.8k (45)

17	Laura Hindle	W16	27:07
35	James McCann	M14	37:31

## DEE/MDOC CHALLENGE

The challenge in Welsh from DEE did indeed lead to an event in Wales, at Halkyn Mountain in Flint. This is a very interesting open limestone area full of sink-holes and old mines, most of which have now been fitted with stone caps for safety. Runners were greeted by a bright sunny day and a good view of the Clwydian Hills.

We had some very good results, but sadly the number of club members attending was not very high, which may have been partly due to delays in circulating the information (an invitation in English might have helped!). This was a pity as it was an excellent event, with refreshment provided afterwards in a local village hall. Many thanks to DEE for planning and organizing.

The results of those who attended were:

### Blue 1

2	Liam Corner	M40	54:14
3	Tim Martland	M50	61:22
5	Alan Ogden	M50	79:10

### Blue 2

1	Tom Fellbasum	M21	43:36
2	Matthew Fellbaum	M16	48:34
5	David McCann	M50	64:18
11	Eddie Speak	M60	83:20
12	Stephen Fellbaum	M50	92:07

### Green 1

4	Jane McCann	W45	64:35
5	Andrew Gregory	M75	65:08
8	Kath Speak	W55	71:55

### Green 2

3	Martin Green	M60	58:49
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### Short Green

9	Alison Doyle	W65	56:26
11	Julie Brook	W65	59:47
14	Sue Birkinshaw	W75	85:34

### Light Green

1	Ben Martland	M16	53:02
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## AUTUMN EVENTS

*Chris Rostron*

As coordinator of the series I am looking for volunteers for each event:

**To plan courses.** Please note that there is no complicated numbering system this year for the technical score part. NB: The events this year are ideal for a novice planner who has done little or no planning before but would like to give it a go.

**To organise the events.** Again these events are suitable for novice organisers

**To control the events.**

Please let me know asap which event you can help at and in what capacity.

13 Sept	Chorlton Water Park
4 Oct	Wythenshawe Park
8 Nov	Bruntwood Park, Cheadle
29 Nov	Woodbank Park, Stockport

## BRITISH CHAMPIONSHIPS

The British Individual Championships were held in Northumberland, near Rothbury. The Individual event was held in the woods and moorland of Thrunton Wood and Callaly. This was an extensive area of detailed terrain, but physically very tough going, particularly for the older classes. Thrunton Wood was covered in brashings and thick low-level vegetation, and Callaly was mainly open moorland with thick heather and complex rock formations.

Some of the course winning times were much longer than recommended. The guidelines for course length assume a certain decrease in speed with age, but such physically difficult terrain requires considerable power to get through, and has a much greater effect on those who are less strong. The mild winter had however led to the vegetation being much thicker than normal.

John Britton was our only champion in the Individual event, and he deserves congratulations for such an excellent run in a very tough area.

M12A	24	Ben Dempsey	42:21	M65S	5	Grahame Crawshaw	96:02
M14A	22	James McCann	91:51		6	Stephen Beresford	110:49
M16A	3	Matthew Fellbaum	62:47	M70L	11	David Mawdsley	119:17
M18E	4	Alistair Thornton	96:56	M75L	3	Andrew Gregory	75:22
	16	John Dempsey	160:51	W16A	14	Laura Hindle	60:35
M21E	11	Thomas Fellbaum	134:34	W18E	11	Carolyn Hindle	107:52
M50L	16	Steve Dempsey	93:56	W45L	21	Jane McCann	114:53
	27	Andy Thornton	109:03	W50L	3	Vicky Thornton	78:58
	36	Trevor Hindle	123:17		22	Heather Fellbaum	146:50
	45	David McCann	132:55		25	Hazel Hindle	158:57
M60L	1	John Britton	78:23	W60L	12	Jillyan Dobby	102:43
M65L	26	Chris Rostron	95:53	W65L	20	Julie Brook	123:32
	35	Peter Ross	103:40		22	Alison Doyle	125:27
	36	Ian Watson	104:32	W70L	4	Irene Crawshaw	95:19
				W75	3	Sue Birkinshaw	106:05

## BRITISH RELAY CHAMPIONSHIPS

The British Relay Championships were held on the nearby Cragg Estate & Chesterhope Common. This was a completely different area, being mainly open grassland covering old mining spoil heaps. This resulted in hills with quite complex contours, and fast thinking and great care in map reading was needed.

We had some excellent results. The greatest success was the winning M18 team of Ali Thornton, John Dempsey and Matt Fellbaum. All three had excellent runs, and they won by more than 2 minutes over an SYO team. Another excellent result was the second position of the Men's Short class team, with Tom Fellbaum, Steve Dempsey and Alex McCann all having very good runs to hold second position all the way through, and finishing less than a minute behind the SN team. Thanks to Vicky and Andy Thornton for co-ordinating the relay teams.

Another very good result was the surprise second place of our "second" W60 team.

Julie Brook, Alison Doyle and Margaret Gregory all had slow but accurate runs to achieve a well deserved silver medal.

<b>M18</b>	1	Alistair Thornton (2), John Dempsey (1), Matthew Fellbaum (1)
<b>Men's Short</b>	2	Thomas Fellbaum (2), Steve Dempsey (2), Alex McCann (2)
<b>W50</b>	3	Heather Fellbaum (2), Hazel Hindle (5), Vicky Thornton (3)
<b>M60</b>	10	John Britton (1), Chris Rostron (4), Ian Watson (10)
<b>W60</b>	2	Julie Brook (5), Alison Doyle (5), Margaret Gregory (2)
	-	Irene Crawshaw (4), Jan Ellis (3), Rae Lomas (-)
<b>M/W70</b>	5	Andrew Gregory (4), Sue Birkinshaw (5), Peter Lomas (5)
	n/c	Dave Mawdsley, Grahame Crawshaw, Michael Thompson
<b>Junior Ad Hoc</b>	-	James McCann (8), Ben Dempsey (2), Tom McCann (-)
<b>Mixed Ad Hoc</b>	4	Laura Hindle (11), Trevor Hindle (12), Carolyn Hindle (4)
	10	Jane McCann (7), David McCann (9), Andy Thornton (10)



*Heather Fellbaum*



*Hazel Hindle hands over to Vicky Thornton*



*Matt Fellbaum, John Dempsey & Alistair Thornton*



*Margaret Gregory*



*Ben Dempsey*



*Alex McCann, Tom Fellbaum & Steve Dempsey*

### **LAKES-5 EVENT 3<sup>rd</sup>-8<sup>th</sup> August**

*Sue Birkinshaw*

The Lakes-5 event is moving into its final stages of organization. As usual all NW clubs are expected to help. We are assuming that all club members who are at the event will help in some way.

MDOC are in charge of "Central Services" which includes registration, EOD, download, all the computing, organizing, prizegiving, possibly on-the-day map printing, other tasks as yet unspecified. I think that this will require everyone to do at least two helping sessions, possibly more. There are currently 36 MDOC people entered - I reckon we need more like 70. There is one job that you might not be aware of - manning a pre-registration almost all day on Saturday at a place very near junction 36 of the M6.

Please can I ask you to help me with allocation of jobs by letting me know asap .....

Can you help on the Saturday before the event?

Is there anyone with whom you are travelling who could help even if they are not competing?

Do you want to help on the same day(s) as someone else - e.g. members of family together, people travelling together?

Any friends from other (non-NW clubs) who could help us if we are short-handed?

Is there any day on which you are unavailable to help?

Is there any job which you would particularly like/hate?

On the day(s) when you help you will have an "Open start", whatever the official start list says.



## **TWIN PEAK 2014**

*Andrew Gregory*

We had been planning an urban event in Manchester for some time and, with Tom Fellbaum's excellent map now covering a good area of the city, we agreed a date with the City Council. Our first thoughts were for a Town and Country weekend using Watergrove on the Saturday, but that did not prove possible. Then came the request to host the inaugural Northwest Sprint Championships and we decided to put on a 2-day event including this, with the whole weekend being within the City of Manchester.

David McCann, club chairman, has always argued that we should publicise our events more, and he designed an attractive double-sided colour poster using some of Peter Cull's excellent photos from last year's SELOC event, when the three longest courses used part of the Manchester map. The publicity seemed effective and we were pleased to welcome a good number of competitors from many different parts of the country.

Many thanks to our planners, organisers and controllers. John Kewley and Ian Gilliver on Saturday and Steve Lang on Sunday all provided challenging courses that gave rise to a number of appreciative comments. Alison Doyle had all the details of the complex Saturday event very well organised, and for the Sunday event Margaret Gregory had done all the background work of discussions with the City Council and negotiating the many permissions always required for an urban event, while Chris Kirkham handled more of the on-the-day co-ordination of helpers. Our controllers, Henry Morgan and Peter Gorvett proved tolerant and unflappable and provided valuable constructive advice. Finally, the event could not have happened without the valuable help of so many club members. Thank you to everyone.

For those who prefer more traditional forms of orienteering, do not worry. We hope to be back to the Lake District next year!

### **NW Sprint Championships**

Club members who became NW Sprint Champions were Laura Hindle W16, Jane McCann W45, Rae Lomas W70, Sue Birkinshaw W75, James McCann M14, Matthew Fellbaum M18, Paul Watson M40, John Britton M60.

### **Twin Peak Winners**

Many club members were helping as well as running, so not everyone entered both days, which was necessary to qualify for the Twin Peak awards. Overall Twin Peak winners from the club included Jane McCann W45 and Sue Birkinshaw W75.

Other very good results in the overall Twin Peak competition included Matthew Fellbaum, as an M16, coming 7<sup>th</sup> overall on the Men's Open class. Trevor Hindle was 4<sup>th</sup> in the Men's Veterans class with John Britton 6<sup>th</sup> and Tom Bedwell 13<sup>th</sup> in the Men's Super-Vet class. In the Men's Ultra-Vet class, Chris Rostron was 9<sup>th</sup>, Ian Watson 12<sup>th</sup>, Trevor Roberts 15<sup>th</sup> and Grahame Crawshaw 18<sup>th</sup>. In the Women's Vet class, Hazel Hindle was 7<sup>th</sup>, and in the Women's Ultra-Vet class Rae Lomas was 5<sup>th</sup>. In the Junior Men class River Edis-Smith was 3<sup>rd</sup> and James McCann 4<sup>th</sup>. In the Junior Women class Laura Hindle was 2<sup>nd</sup>.

## RECENT RESULTS

### AIRE - Ilkley Urban race – 10 May 2014

<b>Brown, 6.5k (43)</b>				50 Hazel Hindle	W50	63:33
12	Trevor Hindle	M50	53:38	<b>Green, 3.6k (39)</b>		
16	Steve Dempsey	M50	58:14	35	Alison Doyle	W65 69:32
39	Paul Watson	M40	77:22	<b>Orange, 1.8k (8)</b>		
<b>Blue, 4.9k (61)</b>				1	Ben Dempsey	M12 15:06
19	Tom Bedwell	M55	49:03			

### AIRE - Baildon Moor – 11 May 2014

<b>Short Brown, 7.0k (14)</b>				18	Alison Doyle	W65 78:58
4	Steve Dempsey	M50	60:40	<b>Orange, 2.7k (6)</b>		
<b>Short Green, 3.8k (19)</b>				1	Ben Dempsey	M12 26:17
14	Stephen Beresford	M65	61:02			

### DVO – Matlock Urban event – 11 May 2014

<b>Course 2, 6.2k (24)</b>				<b>Course 4, 4.1k (23)</b>		
3	Liam Corner	M40	47:23	10	Trevor Roberts	M65 52:13
6	Trevor Hindle	M50	49:25	13	Grahame Crawshaw	M65 54:30
<b>Course 3, 5.0k (29)</b>				16	Marie Roberts	W55 55:57
16	Hazel Hindle	W50	56:16	17	Peter Lomas	M70 57:09
				<b>Course 5, 3.2k (8)</b>		
				3	Rae Lomas	W70 43:38

### CLARO – Jennyfields, Harrogate, Urban event – 25 May 2014

<b>Course B, 5.7k (33)</b>				24	Jillyan Dobby	W60 45:10
11	Trevor Hindle	M50	40:22	26	Grahame Crawshaw	M65 46:15
28	Carolyn Hindle	W18	56:50	30	Peter Lomas	M70 48:47
<b>Course C, 4.4k (58)</b>				<b>Course E, 3.0k (21)</b>		
45	Hazel Hindle	W50	45:14	10	Irene Crawshaw	W70 38:59
<b>Course D, 4.2k (39)</b>				11	Alison Doyl	W65 41:21
10	Peter Ross	M65	38:53	<b>Course F, 2.6k (12)</b>		
12	Chris Kirkham	M65	40:03	1	Laura Hindle	W16 17:00

### EBOR – York City Race – 26 May 2014

<b>Men Open, 6.1k (32)</b>				<b>Junior Women, 2.4k (12)</b>		
10	Matthew Fellbaum	M16	42:03	2	Laura Hindle	W16 16:17
24	Stephen Fellbaum	M50	53:05	<b>Women Veteran, 5.0k (24)</b>		
<b>Men Veteran, 6.1k (32)</b>				12	Hazel Hindle	W50 51:06
2	Liam Corner	M40	41:51	<b>Women Ultravet, 3.3k (21)</b>		
3	Trevor Hindle	M50	42:05	7	Rae Lomas	W70 39:05
13	Steve Dempsey	M50	47:44	10	Irene Crawsahw	W70 40:13
<b>Men Ultravet, 3.9k (26)</b>				19	Sue Birkinshaw	W75 58:00
13	Grahame Crawshaw	M65	39:34	21	Jennifer Gibbs	W65 66:46
15	David Mawdsley	M70	41:38			
19	Peter Lomas	M70	49:46			
23	Richard Gibbs	M65	62:42			

## COUNTRYSIDE SCORE EVENT

Wed 23 July The Romper, Ridge End, Marple

### AUTUMN EVENTS

Sat 13 Sept Chorlton Water Park, Manchester

Sat 4 Oct Wythenshawe Park, Manchester

Sat 8 Nov Bruntwood Park, Cheadle

Sat 29 Nov Woodbank Park, Stockport

### OTHER EVENTS

#### **3-8 Aug Lakes 5 Day**

Sun 3 Aug Swindale

Mon 4 Aug Simpson Ground

Tues 5 Aug Grizedale North West

Tues 5 Aug MDOC Evening Countryside Score event, Cartmel

Wed 6 Aug Ulverston Urban race

Thur 7 Aug Pike O'Blisco

Fri 8 Aug Hampsfell and Eggerslack

#### **22-25 Aug White Rose weekend, Scarborough**

Sprint, Classic, Middle distance & Night Score events

Sat 30 Aug PFO Capricorn – 2, 3 or 4 hr, Guisburn Forest & Moors

Sat 6 Sep PFO Introductory event, Marl Pits, Rossendale

Sat 6 Sep British Sprint Championships, Keele University

Sun 7 Sep British Middle Distance Championships, Cannock Chase

Sat 13 Sep AIRE Conistone Long-O & colour coded event

Sun 14 Sep EPOC Brighthouse and Rastrick Urban event

Sat 20 Sep PFO Introductory event, Lee Quarry, Bacup

Sat 27 Sep PFO Introductory event, Carl Hey, Haslingden

Sun 28 Sep PFO Introductory event, Aitken Wood, Barley

Sun 5 Oct DEE level B event, Formby Dunes

Sat 11 Oct SROC Autumn series, Eaves Wood, Silverdale

Sun 12 Oct BL Cumbrian Galoppen, The Beacon, Penrith

### Wednesday Runs

30 July Kath & Eddie Speak

6 Aug *No run – Lakes 5 days*

13 Aug Tony Wagg

### Committee Meetings

7:30 Ladybrook Hotel, Bramhall

Mon 8 Sept, Mon 13 Oct

# Twin Peak 2014

## Fallowfield Sprint



*Nathan Horton*



*Rae Lomas*



*Dave Mawdsley*

## City of Manchester Race



*Registration team*

*Graham Crawshaw, Jen Britton, Rae & Pete Lomas*



*David McCann presents W45 prize to Jane McCann*



*A wet start!*

*Steve Fellbaum and Steve Lang*



*Heather Fellbaum*



*Margaret Gregory  
Day Organiser*

*All photos by Peter Cull*