



# MDOC NEWS



Newsletter of Manchester and District Orienteering Club

JUNE 2013



*M18 Relay team – John Dempsey, Alex McCann & Alistair Thornton  
(Photo: Rob Lines)*

**Sprint – Loughborough**  
**Middle Distance – Stanton Moor**  
**British Championships**  
**British Relays**  
**Summer Evening Events**

## NEWS

Congratulations to our M18 and W60+ Relay teams, who both came 3<sup>rd</sup> in the recent British Relay Championships at Holmbury. Alistair Thornton, Alex McCann and John Dempsey all had excellent runs for the M18 class, holding third place on all three legs. Irene Crawshaw, Jan Ellis and Rae Lomas also held third place in the W60 class.

In the Individual Championships the previous day on Winterfold, Vicky Thornton and Rae Lomas were 2<sup>nd</sup> in respectively W50 and W70, and Andrew Gregory won M75.

In the British Sprint Championships at Loughborough University, Sue Birkinshaw was second in W75 and Andrew Gregory second in M75. The following day Sue Birkinshaw came third in the Middle Distance Championships at Stanton Moor.

Dan Riley has joined the BOF Development Team as Participation Officer – North West, part-time for 3 days a week. His role will be to provide the mapping support for the Community Orienteering Plus programme; support the creation of Community Orienteering Plus projects and the development of current Community Orienteering projects in the region. Dan has recently held the position of Yorkshire and Humberside Regional Community Orienteering Coaching Officer and also has significant experience as an Orienteering coach working in the delivery of the Buxton (DVO) and Hazel Grove (MDOC) Community Orienteering projects as well as coaching orienteering in schools for over 10 years. He is also a qualified coach educator and is working with British Orienteering on the development of the Community Orienteering Leader Award. Outside of orienteering Dan works for the University of Derby in Buxton lecturing on outdoor education.

Dan says: 'I am excited about the opportunity to be part of the Community Orienteering Plus programme. In order to increase participation in orienteering it is more important than ever to make sure that volunteers are valued and supported, especially coaches. Aside from mapping for Xplorer, one of the most crucial parts of my role will be to put systems in place to make sure that they get this. I look forward to meeting club officials; coaches; local partners and members in the North West region over the coming months and would be interested to know how I can best support them'

A Greater Manchester Schools Orienteering event for Year 8 pupils will be held on Tuesday 2<sup>nd</sup> July in Bramhall Park from 3:45 to 5:00 p.m. This will be a 30 min mass start score event for mixed gender teams of 4. The event is being co-ordinated by Elle Baker, but all equipment and maps are being provided by MDOC. John Britton, Pete Lomas and Eddie Speak are actively involved, but we have also been asked to provide additional helpers to act as marshalls in the park.

Club members collected 691 Active Kids tokens (including 87 from last year), and we can spend this on additional orienteering equipment. Thanks to Richard and Jennifer Gibbs for co-ordinating the collection.

Welcome to new members:

David Wathey M45 + Cecilia Fenerty W45 + Dominic Wathey M8

Ben + Sam Amey M14's

Nathanael Horton M12

Steven Hart M21 + Bex Hirst W35

## **TED DANCE (1927 - 2013)**

E.W. (Ted) Dance, who died on 15<sup>th</sup> May 2013, was one of the founder members of MDOC and the first club chairman (1966-1969). Ian P. Watson recalls that he was present at the small informal meeting held in 1965 that agreed to form an orienteering club in the Manchester area. He also competed in the first local event on the moors above Hayfield in 1965, organized by Ian Watson.



*Ted Dance (Photo: Copyright The Rucksack Club)*

Ted Dance came into orienteering from fell running, hearing about the sport from friends in Clayton Harriers and South Ribble Mountain Rescue. He competed for England in early international competitions in Belgium in 1964 and France in 1965, where he was the first English competitor.

He was always one of the 'hard men' of orienteering. The most memorable example of this was when he was planner for an early event in Delamere Forest in 1966. He wrote later: "I was appalled by the numerous paths and decided on a map obscured except for a 1 cm. diam. circle around the check points for the Senior competition." Most competitors, including Chris Brasher, John Disley and Gordon Pirie, were completely foxed and many kept returning to the start or were observed 'helping' juniors who did not have a blacked-out map.

Ted was always a very powerful fell runner and, with Bob Astles, won the first two Mountain Marathons organized by Gerry Charnley in 1968 and 1969. He later moved away from orienteering to concentrate on fell running and mountaineering. He was a very active member of the Rucksack Club, being a former President and an Honorary Member. He was a very well known mountaineer and took part in a number of Himalayan expeditions.

He lived in Chapel-en-le-Frith and had been quite active until shortly before he died. Frank Rose, who remembers him well, represented the club at the funeral.

## British Sprint Championships – Loughborough University – 20 April

The campus of Loughborough University hosted the British Sprint Championships, with heats in the morning around the teaching and sports buildings, and finals in the afternoon around the more tricky student accommodation buildings. Controls tended to be hidden away in corners and needed accurate navigation, and some apparently crossable hedges were in fact impenetrable. The heats just determined which final you ran in, and the overall position just depended on the final. Sue Birkinshaw and Andrew Gregory were the only club members in the first three, but Tom Fellbaum had an excellent result in the hotly contested Men Open class. Steve Lang was 4<sup>th</sup> in M40, Vicky Thornton 4<sup>th</sup> in W50, Rae Lomas 4<sup>th</sup> in W70 and Margaret Gregory 4<sup>th</sup> in W75.

		<u>Final</u>	<u>Pos.</u>	<u>time</u>					
M12	Ben Dempsey	B	4	21:03	M70	David Mawdsley	A	5	18:35
M14	James McCann	B	3	21:41		Peter Lomas	B	4	22:26
M16	Matthew Fellbaum	A	8	19:36	M75	Andrew Gregory	A	2	16:37
M Open	Thomas Fellbaum	B	3	13:23	W16	Laura Hindle	B	n/c	18:12
	Alex McCann	C	3	12:55	W Open	Alice Fellbaum	B	21=	16:20
	Alistair Thornton	C	29	15:40		Carolyn Hindle	C	9	17:10
	John Dempsey	C	40	16:31	W45	Jane McCann	A	16	19:41
M40	Stephen Lang	A	4	17:59		Elizabeth Hamer-Davis	B	17	24:10
M45	Trevor Hindle	B	6	14:34	W50	Vicky Thornton	A	4	16:22
M50	Steve Dempsey	A	16	18:05		Hazel Hindle	B	3	18:23
	David McCann	C	5=	15:34	W60	Jillyan Dobby	A	8=	16:00
	Andy Thornton	C	8	16:03		Kate Bryant	A	11	16:52
	Stephen Fellbaum	C	15	17:12		Alison Doyle	B	9	25:04
M55	Steve Nicholls	C	18	29:12	W65	Julie Brook	A	12	21:25
M60	Ian Gilliver	B	14	20:00		Jan Ellis	A	14	26:38
M65	Chris Rostron	B	2	11:45		Irene Crawshaw	B	5	17:23
	Peter Ross	B	8	13:33	W70	Rae Lomas	A	4	21:47
	Ian Watson	B	n/c	14:04	W75	Sue Birkinshaw	A	2	27:32
	Grahame Crawshaw	B	19	15:30		Margaret Gregory	A	4	35:12

### Sprints at Loughborough



*Andy Thornton*



*Sue Birkinshaw  
(Photo: Gill Sharp)*



*David McCann*

## British Middle Distance Championships – Stanton Moor – 21 April

Stanton Moor in the Peak District provided an excellent venue for the Middle Distance Championships. Courses started into an area of wooded old quarries, and then moved onto heather moorland, with a complex group of small open quarries, a confusing network of paths, patches of woodland and rhodedendron. All courses passed through two spectator controls, and had a surprising long run-in with an uphill finish.

Sue Birkinshaw was the only club member to make the first three, but Matthew Fellbaum was an excellent 4<sup>th</sup> on M16, and Alistair Thornton and Alex McCann both had very good runs on M18 to come respectively 6<sup>th</sup> and 9<sup>th</sup>. Tom Fellbaum again had a very good run to come 10<sup>th</sup> on M21. Steve Lang was 9<sup>th</sup> on M40, Andrew Gregory 4<sup>th</sup> on M75, Margaret Gregory 5<sup>th</sup> on W75, Carolyn Hindle 10<sup>th</sup> on W18 closely followed by Rebecca Humphreys, Alice Fellbaum 10<sup>th</sup> on W20 and Laura Hindle 11<sup>th</sup> on W16.

<b>M12</b> 1.9k (23)		47	Ian Watson	53:52	
22	Ben Demspey	116:18	54	Grahame Crawshaw	58:52
<b>M14</b> 2.3k (22)			<b>M70</b> 3.3k (25)		
10	James McCann	22:51	10	Peter Lomas	47:03
<b>M16</b> 3.1k (28)			12	David Mawdsley	48:01
4	Matthew Fellbaum	29:34	<b>M75</b> 2.9k (19)		
<b>M18</b> 4.8k (29)			4	Andrew Gregory	41:22
6	Alistair Thornton	37:01	<b>W16</b> 3.3k (24)		
9	Alex McCann	38:46	11	Laura Hindle	43:24
20	John Dempsey	44:11	<b>W18</b> 4.0k (16)		
<b>M21</b> 4.8k (52)			10	Carolyn Hindle	49:31
10	Thomas Fellbaum	31:37	12	Rebecca Humphreys	50:29
<b>M35</b> 4.5k (24)			<b>W20</b> 4.0k (11)		
21	Paul Watson	65:25	10	Alice Fellbaum	44:01
<b>M40</b> 4.5k (30)			<b>W45</b> 3.0k (49)		
9	Stephen Lang	38:29	19	Jane McCann	38:26
<b>M45</b> 4.0k (65)			44	Elizabeth Hamer-Davies	67:24
30	Trevor Hindle	42:42	<b>W50</b> 3.0k (49)		
<b>M50</b> 4.0k (81)			10	Heather Fellbaum	35:28
22	Andy Thornton	38:58	14	Vicky Thornton	36:38
32	David McCann	41:35	35	Hazel Hindle	52:32
40	Stephen Fellbaum	43:46	<b>W60</b> 2.9k (35)		
47	Steve Dempsey	46:14	17	Kate Bryant	44:28
54	Ray Humphreys	48:16	22	Jillyan Dobby	46:25
<b>M55</b> 3.5k (77)			30	Alison Doyle	69:26
37	Martin Green	37:22	<b>W65</b> 2.9k (37)		
45	Alan Poxon	40:39	11	Jan Ellis	40:43
57	Eddie Speak	50:16	17	Julie Brook	44:49
<b>M60</b> 3.6k (47)			20	Irene Crawshaw	50:13
30	Ian Gilliver	48:59	<b>W70</b> 2.0k (16)		
<b>M65</b> 3.3k (67)			8	Rae Lomas	39:05
14	Peter Ross	35:40	<b>W75</b> 2.0k (7)		
19	Chris Rostron	38:19	3	Sue Birkinshaw	53:07
35	Chris Kirkham	45:38	5	Margaret Gregory	92:43

## BRITISH CHAMPIONSHIPS

A fine weekend and the attractive Surrey Hills made an ideal setting for the British Championships. The Individual event was held in Winterfold, a relatively runnable forest with a good path network, and good route choice legs. The Relay event was in Holmbury, which in contrast had many more brushings on the ground and so was physically quite tough.

Podium placings were taken by Andrew Gregory, Vicky Thornton and Rae Lomas in the individual event. Sue Birkinshaw just missed out, coming 4<sup>th</sup>. In the very tough M18 class Alex McCann and Alistair Thornton both had very good runs to come respectively 12<sup>th</sup> and 13<sup>th</sup>.

In the relays our impressive M18 team of Alistair Thornton, Alex McCann and John Dempsey all had excellent runs to keep third place over all three legs. Also in third place were our W60+ team of Irene Crawshaw, Jan Ellis and Rae Lomas. The Mixed Ad Hoc team of Tom McCann, Matthew Fellbaum and Trevor Hindle also did very well to come fourth overall.

<b>M14A</b> 5.8k (35)		<b>M75L</b> 5.0k (29)	
28 Ben Martland	98:28	1 Andrew Gregory	54:00
<b>M16A</b> 7.6k (47)		<b>W16A</b> 5.8k (30)	
15 Matthew Fellbaum	57:43	13 Laura Hindle	58:18
42 Tom McCann	115:07	21 Rosie Martland	76:23
<b>M18E</b> 11.7k (25)		<b>W18E</b> 7.9k (18)	
12 Alex McCann	94:21	16 Carolyn Hindle	95:55
13 Alistair Thornton	96:47	<b>W45L</b> 7.2k (46)	
<b>M45L</b> 10.1k (72)		26 Jane McCann	78:54
44 Trevor Hindle	94:00	46 Elizabeth Hamer-Davies	172:00
<b>M50L</b> 9.5k (82)		<b>W50L</b> 6.9k (37)	
19 Steve Dempsey	74:21	2 Vicky Thornton	64:21
23 Timothy Martland	75:39	31 Hazel Hindle	103:18
39 Stephen Fellbaum	86:54	<b>W55L</b> 6.2k (40)	
40 David McCann	88:08	26 Marie Roberts	90:08
51 Andy Thornton	92:52	<b>W60L</b> 5.8k (37)	
<b>M60L</b> 8.3k (76)		13 Jillyan Dobby	71:08
63 Ian Gilliver	111:43	34 Alison Doyle	118:43
<b>M65L</b> 6.9k (77)		<b>W65L</b> 5.8k (34)	
27 Chris Rostron	75:17	14 Julie Brook	82:33
29 Peter Ross	75:44	18 Irene Crawshaw	86:28
<b>M65S</b> 5.0k (17)		29 Jan Ellis	99:21
5 Trevor Roberts	59:54	<b>W70L</b> 5.0k (14)	
7 Grahame Crawshaw	62:10	2 Rae Lomas	70:02
11 Stephen Beresford	71:23	<b>W75</b> 3.7k (9)	
<b>M70L</b> 5.8k (34)		4 Sue Birkinshaw	64:57
9 Peter Lomas	65:46	7 Margaret Gregory	102:55

## British Relay Championships

### M18 (legs ~4.7k)

3 Alistair Thornton 31:31 (3) Alex McCann 33:40 (3) John Dempsey 33:48 (3)

### W18 (legs ~3.8k)

7 Carolyn Hindle 41:45 (8) Rosie Martland 47:34 (8) Laura Hindle 35:21 (7)

### W40 (legs ~4.7k)

6 Jane McCann 59:32 (7) Hazel Hindle 76:15 (7) Marie Roberts 62:31 (6)

### M50 (legs ~4.9k)

10 Steve Dempsey 33:18 (3), David McCann 42:48 (9) Tim Martland 38:08 (10)

22 Andy Thornton 42:49 (22) Steve Fellbaum 48:35 (26) Alan Ogden 48:55 (22)

### M60 (legs~4.7k)

*n/c* Trevor Roberts 59:54 Lewis Taylor 29:15 Grahame Crawshaw 69:00

*dsq* Chris Rostron 50:57 (17) Andrew Gregory 55:45 (18) Peter Lomas 66:24 *dsq*

### W60 (legs ~3.8k)

3 Irene Crawshaw 58:02 (3) Jan Ellis 55:01 (3) Rae Lomas 66:16 (3)

5 Julie Brook 59:42 (4) Sue Birkinshaw 73:40 (4) Alison Doyle 88:17 (5)

### Mixed Ad Hoc

4 Tom McCann 20:51 (2) Matthew Fellbaum 37:19 (6) Trevor Hindle 34:51 (4)

### Junior Ad Hoc

*dsq* James McCann 48:17 *dsq* Ben Martland 29:49 Ben Dempsey 23:45

## British Championships Trail-O

In the British Championships Trail-O competition at Newlands Corner, John Kewley was 10<sup>th</sup> in the Elite class.

In the Novice class, Julie Brook and Andrew Gregory both shared first place.

The picture shows John Kewley presenting Julie and Andrew with their prizes.



## OTHER RECENT EVENTS

LOC provided an excellent weekend with a Middle Distance event followed by a classic distance event at Graythwaite. Esthwaite Intake is on the previous Graythwaite map, but had only been visited before by the longest courses. It is very Scandinavian in character, with open marshes and complex hills and rock forms, very suitable for a middle distance event and worth the long walk to reach it. The following day at Graythwaite was tough going, with fallen trees at first, but as usual a very good area.

### LOC - Esthwaite Intake - Middle Distance - 13 April

<b>Black 4.4k (69)</b>				26	Peter Ross	M65	48:22
5	Thomas Fellbaum	M21	37:59	34	Heather Fellbaum	W50	50:48
29	Alex McCann	M18	47:57	49	David Mawdsley	M70	56:09
41	John Dempsey	M18	54:22	56	Jane McCann	W45	60:12
<b>Brown Men 3.9k (69)</b>				77	Hazel Hindle	W50	69:08
36	Steve Dempsey	M50	55:57	78	Chris Kirkham	M65	70:02
40	David McCann	M50	60:40	85	Stephen Beresford	M65	72:16
42	Trevor Hindle	M45	64:43	88	Ian Watson	M65	73:44
49	Stephen Fellbaum	M50	68:14	90	Tony Wagg	M65	74:36
<b>Brown Women 3.7k (40)</b>					<b>Short Green 2.2k (53)</b>		
19	Alice Fellbaum	W20	46:47	10	Andrew Gregory	M75	37:00
<b>Blue Men 3.4k (77)</b>				13	Jillyan Dobby	W60	40:07
13	Matthew Fellbaum	M16	40:18	29	Julie Brook	W65	54:49
35	Alan Poxon	M55	53:31	35	Jan Ellis	W65	61:07
66	Eddie Speak	M55	77:50	42	Alison Doyle	W60	75:28
<b>Blue Women 3.3k (18)</b>					<b>Very Short Green 1.5k (12)</b>		
1	Vicky Thornton	W50	41:17	1	Sue Birkinshaw	W75	41:10
<b>Green 3.1k (130)</b>				7	Margaret Gregory	W75	63:17
8	Laura Hindle	W16	40:39		<b>Light Green 2.0k (34)</b>		
12	Martin Green	M55	42:56	16	James McCann	M14	36:01
18	Chris Rostron	M65	44:39				

### LOC - Graythwaite - 14 April

<b>Black 9.9k (27)</b>				33	Chris Rostron	M65	104:09
11	Alex McCann	M18	116:51	45	Jane McCann	W45	113:52
<b>Short Brown 1 6.9k (40)</b>					<b>Green 4.2k (85)</b>		
23	John Dempsey	M18	95:53	8	Laura Hindle	W16	66:04
<b>Short Brown 2 6.9k (52)</b>				27	Alan Poxon	M55	79:33
25	David McCann	M50	107:10	32	David Mawdsley	M70	84:47
29	Steve Dempsey	M50	112:19	45	Jillyan Dobby	W60	95:20
30	Trevor Hindle	M45	117:27		<b>Short Green 3.7k (44)</b>		
<b>Blue 1 5.8k (51)</b>				5	Andrew Gregory	M75	75:05
18	Matthew Fellbaum	M16	88:03	6	Ian Watson	M65	75:12
42	Paul Watson	M35	159:06	12	Jan Ellis	W65	86:20
<b>Blue 2 5.8k (49)</b>				22	Kath Speak	W50	92:30
11	Vicky Thornton	W50	95:46	26	Julie Brook	W65	106:31
<b>Short Blue 1 5.0k (22)</b>					<b>Very Short Green 3.0k (26)</b>		
11	Alice Fellbaum	W20	80:04	11	Sue Birkinshaw	W75	93:33
<b>Short Blue 2 5.0k (88)</b>					<b>Light Green 3.4k (38)</b>		
23	Peter Ross	M65	93:09	27	James McCann	M14	73:53
27	Heather Fellbaum	W50	99:52				



### SROC - Nicky Nook - 28 April

<b>Brown</b> 6.3k (16)			15 Julie Brook	W65	77:52
1 Liam Corner	M40	49:51	16 Richard Gibbs	M60	86:32
3 Matthew Fellbaum	M16	53:24	17 Alison Doyle	W60	91:00
10 Stephen Fellbaum	M50	66:26	<b>Light Green</b> 3.6k (7)		
<b>Short Blue</b> 5.3k (19)			4 David Walker	M70	66:31
18 Chris Kirkham	M65	87:21	<b>Orange</b> 3.0k (7)		
<b>Green</b> 4.4k (19)			4 Jennifer Gibbs	W60	73:33

### Dorking Urban event - 6 May

An urban event at Dorking followed the British Championships on the Surrey Hills. This was chosen to be a test event for EMIT's new touch-free punching system, and competitors were issued with small units fitted on the wrist, on which a light would flash if they were within about 50cm of a control. The units were quite convenient to use, but some competitors who mistakenly ended up the wrong side of a fence or wall from a control found that they could still get the unit to respond. Also one control which required a detour up some steps to reach could be activated just by lifting your arm from a lower level, thus saving about 10 seconds. This led to some lively discussions about what is meant by 'visiting a control'

<b>Veteran Men 40+</b> , 6.4k (87)			15 Chris Rostron	M65	31:17
13 Trevor Hindle	M45	44:20	29 Grahame Crawshaw	M65	35:38
76 John Kewley	M50	69:00	35 Andrew Gregory	M75	36:33
<b>Supervet Men 55+</b> , 5.3k (98)			50 Trevor Roberts	M65	47:11
85 Ian Gilliver	M60	61:47	<b>Junior Women 16-</b> , 2.5k (11)		
<b>Ultravet Men 65+</b> , 3.6k (68)			34 Marie Roberts	W55	38:39
2 Laura Hindle	W16	19:10	52 Alison Doyle	W60	63:49
<b>Women Open</b> , 6.4k (39)			<b>Ultravet Women 65+</b> , 3.1k (41)		
22 Carolyn Hindle	W18	61:42	10 Irene Crawshaw	W65	36:47
<b>Veteran Women 40+</b> , 5.3k (46)			17 Julie Brook	W65	41:14
33 Hazel Hindle	W50	58:04	29 Sue Birkinshaw	W75	53:52
45 Elizabeth Hamer-Davies	W45	71:46	30 Margaret Gregory	W75	54:16
<b>Supervet Women 55+</b> , 3.6k (58)					

### DVO Chesterfield Urban event - 12 May

<b>Men Open</b> , 7.4k (17)			30 Ian Gilliver	M60	47:34
4 Stephen Lang	M40	44:58	<b>Men 65+, Women 55+</b> , 3.7k (23)		
14 Paul Watson	M35	62:16	11 Grahame Crawshaw	M65	37:58
<b>Men 40+, Women Open</b> , 6.1k (28)			18 Peter Lomas	M70	45:05
6 Liam Corner	M40	37:15	<b>Women 65+</b> , 3.1k (9)		
7 Trevor Hindle	M45	38:10	2 Irene Crawshaw	W65	32:11
23 Rebecca Glen	W35	54:38	4 Rae Lomas	W70	34:18
<b>Men 55+, Women 40+</b> , 4.9k (40)			7 Julie Brook	W65	38:36
29 Steve Nicholls	M55	47:07			

## Springtime in Shropshire 25 – 27 May

This year's Springtime in Shropshire long weekend included four events. Forest events at Croft Castle, Hopton and Brown Clew on the Saturday, Sunday and Monday and an urban event in Ludlow on the Sunday evening. The weather stayed fine and warm for the whole three days, which was a relief for those who were camping. All the courses at Ludlow finished going into the grounds of the castle, which provided some interesting short legs. A long route choice leg going into the castle was followed by controls hidden in ruined rooms, in the moat and one right inside a dungeon, marked on the control descriptions by a cave symbol and on the map by a rocky pit symbol, which caused some confusion.

		Croft Castle	Hopton	Brown Clew	Ludlow Urban
M16	Matthew Fellbaum			5/7	
M18	John Dempsey			5/10	
M21S	Andrew Stimson	6/11	4/9	6/12	<i>M Open</i> 20/38
	Steven Hart	7/11	6/9	9/12	
M40	Liam Corner	3/12	2/11	4/13	
M45	Jim Trueman	8/23	2/21	24/31	
M50	Steve Dempsey	3/46		4/47	
	Stephen Fellbaum			29/47	
M55	Tom Bedwell	19/40	16/35	24/42	<i>M55+</i> 25/74
	Stephen Bingham	23/40	24/35	22/42	
M55S	Martin Green			4/19	
	Alan Poxon	7/16	8/14	8/19	
M60	Ian Gilliver			44/50	
M65	Chris Rostron			12/49	
	Peter Ross	10/39	4/32	15/49	
	Chris Kirkham	29/39			
M70	David Mawdsley			10/27	
M75	Andrew Gregory	1/10		3/12	<i>M65+</i> 22/47
W35S	Bex Hirst	4/4		3/4	
W45	Elizabeth Hamer-Davies	23/24	22/23	23/24	<i>W40+</i> 50/62
W50	Heather Fellbaum			6/27	
W55S	Julie Bedwell	6/7	6/6		<i>W55+</i> 41/45
W60	Kate Bryant			2/30	<i>W55+</i> 15/45
	Jillyan Dobby	5/20	8/22	8/30	
W65	Julie Brook	13/20	9/20	9/27	<i>W65+</i> 7/31
	Jan Ellis			12/27	
W75	Sue Bikinshaw	3/6	3/5	3/8	<i>W65+</i> 20/31
	Margaret Gregory	6/6			<i>W65+</i> 26/31



*Kate Bryant (Photo Dave Bryant)*



*Control in cannon outside castle*

## NIGHT STREET LEAGUE 2013-2014

*Graham Crawshaw*

Arrangements for a third series of the popular and successful Night Street League events are progressing well. 8 (well 7.5 actually) new areas have been identified, and the mappers, planners and checkers for each area are allocated. As well as the usual suspects, we have been joined by Mike Greenwood (mapping and planning on Macclesfield West), Rebecca Glen and Paul Clifford (checkers on Hazel Grove / Woodsmoor and Cheadle respectively).

The events will follow the same pattern as last year - 4 before Christmas and 4 after, on a mixture of Tuesday and Thursday evenings. The series will feature standardised maps, and a new and improved scoring system. There will also be trophies this year for the winners (male and female) of the Handicap Scores competition. The trophies (originally spotted by Ian Gilliver) have been generously sponsored by Tony Hulme (a regular participant in NSL) of "Running Bear" in Wilmslow.



*Night Street League trophies*

To maintain a complete record, the trophies have also been engraved with the winners of the Handicap competition for the first 2 series - so belated congratulations to John Britton and Jane McCann (2011-12 winners) and Steve Lang and Karen Parker (2012-13). We are hoping to present the trophies to Steve and Karen sometime in the very near future. Apologies to John and Jane - an additional incentive to train for the 2013-14 events!

The first event is scheduled for late October, further details to follow. Watch this space!!

# Greater Manchester Orienteering Activities

## Chairman's Annual Report 2013

*Sue Birkinshaw*

We have had a busy and innovative year, with a lot of new projects either ongoing or envisaged. The demand for new POCs seems to be never-ending, varying from a very small town park to Macclesfield Forest. There also seems to be a demand for old POCs to be resurrected or improved – and yet we have a dearth of information on actual usage.

We faced two major problems, how to keep all the existing POCs in good order, and how to deal with the requests for new POCs. We decided to do a major review of all the Courses, and Caroline will be reporting on this project. Essentially we have employed 6 people (all regular orienteers) to assess every aspect of the POCs. This has resulted in a large amount of work that needs to be done in the next year.

A way of dealing with requests for new POCs is evolving, appointing a Project Manager who is paid to take responsibility for every aspect of the task.

There has been (and there will continue to be) a lot of discussion on how to deal fairly with the regular maintenance of the POCs when some Local Authorities pay and others don't. In some areas such as Alderley Edge we can assume that the rangers will do all necessary maintenance.

We have sent out two Newsletters this year, and are currently working on providing posters to each Park, updating and printing a new leaflet, and improving our website.

Maps will in future be printed on waterproof paper. We are considering adding a red/white marker to the posts in some parks.

There are two other projects under consideration, downloadable maps and using QR codes. Some O-Clubs allow POC users to download maps from their websites. Although there is a way of doing this which does not contravene the OS licence arrangement, we are reluctant to lose the income. Adding a QR code (a square patterned thing) or an alternative electronic marker to every post, would enhance the value of POCs. We are in discussion with BOF about this.

And then of course there are the ongoing tasks, the accounts, the enquiries, the map printing, the regular maintenance. It is a lot of work for a small band of volunteers, and I thank them very sincerely for their willingness to take it on, to allow MDOC and SELOC to concentrate on "proper" orienteering.

Permanent Orienteering Course Development - Activity 2012/13

GM Authorities

Amberswood, Bolton. New Course. Managed by John Britton.

Burnage Rugby Football Club. New Course. Managed by John Britton, with involvement from MDOC. Almost ready for use.

Duke's Drive Monton. (adjacent to Worsley Woods). New Course in preparation. Managed by John Britton.

Media City Salford. Suggested by BBC, but currently on hold awaiting electronic "markers". Steve Round to manage.

Springfield Park. Full update in hand.

Rochdale Parks. Several possible new Courses.

Clowbridge. Update in hand. Request to join GMOA.

Lilford Park, Wigan. Request to join GMOA.

Platt Fields, Manchester. Possibility of finally completing this Course.

Three Sisters, Wigan. Course updated.

Philips Park, Prestwich. Updates done.

Queens Park, Bolton. Replanning done.

Outside Greater Manchester

Alderley Edge. New course at the request of National Trust, funded by a gift to NT

Managed by Pete Lomas. Now complete.

Meriton Road Park, Handforth. New course at request of local resident Mike Bishop (an ex-orienteer). Managed by Sue Birkinshaw. Very simple courses.

Macclesfield Forest. New course at request of Rangers. Funded by UU. Managed by Vicky Thornton. Almost ready for use.

Lyme Park. Courses had deteriorated badly. Pete Lomas has overseen improvements.

Publicity

1. Two Newsletters have been written by Kath Etherden and sent to all known contacts.

At least two a year will be sent, containing information on new initiatives.

2. Websites. The GMOA data held on the BOF website was marginally improved, Trevor Roberts has made some improvements to the GMOA website and it is planned to rewrite a lot of it.

3. Posters at Parks and other Sales Points. The Reviews have shown that there is a demand for posters at most sites. A generic poster has been created by Dave McCann with a blank space for whatever information is required at the site. Copies will be posted out soon.

4. Leaflet. Grahame and Irene are modifying the leaflet to make space for all the new POCs. 5000 will be printed shortly and distributed to all known outlets.

5. We have discussed the possibility of making the POC posts an advertising medium, by putting an O-marker on them incorporating the GMOA website address. This would be very costly.

6. Nestle pack promotion. This has been in place for 3 years, but is finishing in June. It has resulted in over 120 map sales.

We recognise the importance of publicity on the availability of POCs. Several ideas have been considered but without a dedicated Publicity Officer there is a lack of time/enthusiasm to follow them up. A volunteer would be a welcome addition to the committee.

## SUMMER EVENING EVENTS

Our programme of summer evening events has started successfully with Teggs Nose, organized by Rae Lomas and with courses planned by Vicky Thornton and controlled by John Kewley.

The series of Lyme Park events also went well in spite of poor weather for some of them. The three introductory events were planned by Alistair Thornton (week 1) and Matthew Fellbaum (weeks 2 & 3). The final full colour coded event was planned by Carolyn and Laura Hindle and controlled by David Mawdsley. Peter Lomas co-ordinated the complete set of Lyme Park events.

## COUNTRYSIDE SCORE EVENTS

**Countryside Score Event 1** Ye Olde Park Gate Inn, **Over Peover**, WA16 8TU.

Wednesday 12<sup>th</sup> June.

Directions: From Knutsford, take the A50 southbound, and after 4km turn left/east at Stocks Lane, which is the turning for Radbroke Hall (Barclays) and Over Peover. The pub is found on the left (north) 2km from the A50 junction. Alternatively, it is possible to reach the pub from Chelford on the A537 (Macclesfield-Knutsford Road) and/or from the A34 - but you will need a map or Satnav! If you find yourself at The Dog Inn at Peover Heath, you need to be 1km further west.

The Park Gate has its own car park: Please park prettily. If there is insufficient space in the pub car park, please park on-street nearby, making sure that residents can access their drives unhindered. If you'd like to eat at the pub, please order your food before your run, saying when you'd like it to be served. It's a Samuel Smith's pub, so both food and draught beers are good value.

## AUTUMN SATURDAY EVENTS

The series of Saturday morning events this coming autumn will all be score events.

The first two will be before the British Schools Score Championships, so as to give practice at score events for those taking part.

Permissions still need to be confirmed, but the provisional schedule will be:

Sat 14 Sept	Reddish Vale
Sat 28 Sept	Wythenshawe Park
Sat 2 Nov	Mersey Vale (Burnage Rugby Club)
Sat 23 Nov	Brabyns Park
Sat 7 Dec	Bruntwood

## MDOC EVENTS

### Summer evening events

Tues 18 June	Brereton Heath	<i>Organiser: Julie Brook</i>
Thur 18 July	Alderley Edge	<i>Organiser: Jan Ellis</i>

### Countryside Score events

Based on a pub and using paths and bridleways. Register from 6:30 p.m. Mass Start 7:15 p.m. Pub meal available after running. Co-ordinator: Andy Thornton.

Wed 12 June	Over Peover	Ye Olde Park Gate Inn
Wed 26 June	Bollington	Vale Inn, Adlington Road
Wed 10 July	Wilmslow	Boddington Arms, Racecourse Road
Wed 24 July	<i>venue to be confirmed</i>	

### Twin Peak 2013

Sat 26 Oct	Macclesfield Forest	<i>Organiser: Trevor Roberts</i>
Sun 27 Oct	Stockport	<i>Organiser: Pete Lomas</i>

### Wednesday Runs

7:00 p.m.

Wed 19 June	Steve Nicholls, Poynton
Wed 3 July	Andrew & Margaret Gregory, Didsbury
Wed 17 July	Pete and Rae Lomas, Hazel Grove
Wed 31 July	<i>No run – Scottish 6-Day</i>
Wed 7 Aug	Meet at Macclesfield Forest Visitor Centre at 7:00 pm
Wed 14 Aug	Richard Evans, Romiley

### Committee Meetings

7:30 p.m.

Mon 10 June	Burnage Rugby Club, Battersea Road, Heaton Mersey
Mon 8 July	Ladybrook Hotel, Bramhall
Mon 9 Sept	Ladybrook Hotel, Bramhall

### Future MDOC events

Sun 8 Dec	Bosley Cloud <i>(Subject to permission)</i>
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### 2014

Sat 18 January	Dovestone, Night event	<i>Organiser: Chris Rostron</i>
Sun 15 Feb	Irwell Valley	CompassSport Cup round 1
Sat 14 June	Twin Peak day 1	Watergrove
Sun 15 June	Twin Peak Day 2	City of Manchester

## British Relays



*Irene Crawshaw, Jan Ellis, Rae Lomas      John Dempsey (Photos: Rob Lines)*

## British Championships



*Vicky Thornton (r.)*

*Matthew Fellbaum  
(Photos: Rob Lines)*

*Andrew Gregory (l.)*

## Stanton Moor



*Tom Fellbaum chased by Stephen Fellbaum*



*Heather Fellbaum*