



MDOC NEWS

Newsletter of Manchester and District Orienteering Club

May 2017



Unexpected honour! – Alan Ogden (left) joins the Mens Open Relay team in the British Relay Championships, with Tom Fellbaum & Jonny Malley

JK 2017

BRITISH CHAMPIONSHIPS

BRITISH RELAY CHAMPIONSHIPS

FINLAND 100

NEWS

The recent British Championship weekend was a great success for the Northwest region, with major contributions from MDOC. Richard Tiley from LOC has sent his thanks to everyone in the club who helped over the weekend.

We allowed the use of our attractive and highly technical area of High Dam, and John Britton, spent a year planning an excellent set of courses. Over the weekend itself we contributed help mainly in “central services”, co-ordinated by David McCann. In addition, John Kewley planned and organised the TrailO championships, again with help from several club members.

Selections

Congratulations to Matt Fellbaum who has been selected for the British team in the 2017 Junior World Orienteering championships in Tampere, Finland, 10 - 15 July. He has also been selected for the 2017 Junior European Cup competition in Fürstenfeld, Austria, 29 September – 1 October.

In addition he has been invited to the Pre-Junior World Orienteering Championships 2018 Camp at Kecskemét, Hungary, 13 - 19 August.

Summer events

The season of summer evening events has already started. The first two of our regular events in Lyme Park for beginners and novices have already taken place, each attracting about 40 entries (several as pairs or groups, so the total number is significantly higher). Peter Lomas is co-ordinating this series, and the attendance certainly shows that it is well worthwhile.

The series of level C summer events that we run with DEE has also started, with our first event at Tegg's Nose. This attracted 50 entries. Tony Wagg is co-ordinating our events in this series, which runs throughout the summer.

The popular series of Countryside Score events will also be held again this year. The first event is at Styall on Wednesday 31st May, meeting at the Ship Inn, which will be serving food afterwards. These are informal score events using an Ordnance Survey map, with a number of points marked, at each of which a question has to be answered to prove that you have visited that point. David McCann and Trevor Hindle are co-ordinating this set of events.

TrailO

After heading the rankings all year, MDOC's John Kewley has been selected for the British Open class at both PreO and TempO for July's World TrailO Championships in Lithuania. This is the 9th year in a row he'll be competing at WTOC.

John Kewley was also both organiser and planner for the British TrailO Championships held at the YMCA centre at Lakeside immediately after the British Individual Championships at High Dam. In the Elite class Tom Fellbaum came 7th, and in the Standard class Cecilia Fenerty was 4th and Dominic Wathey 5th.

Birchwood Urban Sprint

A new addition to the national orienteering calendar this year is the introduction of the British Sprint Relays for mixed gender teams of 3 or 4 runners. This is a relatively new discipline in the World Championships, so it was felt important for competitors to have experience of the format. This will be held on Sunday 16th July on Edge Hill University Campus, organised by DEE. We have agreed to hold an urban sprint event at Birchwood, Warrington the day before, to make it an attractive weekend for entrants. Birchwood was first used last year, and received acclaim as an excellent detailed urban area, with many small passages linking different sections.

The whole weekend is imaginatively being billed as the Northern Rocket Weekend. The original Rocket ran on the Manchester to Liverpool railway line, which passed through Edge Hill, and not too far from Birchwood. David Wathey has produced an attractive flyer for the whole weekend. Trevor Hindle is planning the courses and Trevor Roberts is organising.

OCAD mapping software

Eddie Speak has bought and installed OCAD 12 for the club. There will be a backup copy of OCAD 11 on a laptop. It is intended that this laptop could be borrowed by planners needing to incorporate map updates, particularly for street league and summer evening events.

Julie Brook has agreed to add a file or website page forming a booking record, and will circulate details of how this may be accessed.

CompassSport Cup 2017

The first round of the CompassSport Cup competition was held in the Lake District at Simpson's Ground on 12th March.

We were, as usual, up against Lakeland OC, this time as the only competition, and although we put up a good showing we were not quite strong enough to beat them. We only lost by quite a small margin, 2468 points for LOC to our 2398.

Tom Fellbaum had managed to encourage a very good turnout from the club, and there were some very good individual performances. The top 25 scores are taken, subject to certain restrictions, and the scorers from MDOC were:

Men Open	Peter Bray, Tom Fellbaum, Jonny Malley, Chris Embrey
M20-, M40+	Liam Corner, Paul Watson
W Open	Carolyn Hindle, Sally Gilliver, Yulia Akhmetyanova
M50+	Jim Trueman, David McCann, Stephen Fellbaum, Trevor Hindle
W20-, W45+	Vicky Thornton, Heather Fellbaum, Laura Hindle, Cecilia Fenerty
M60+	Martin Green, Eddie Speak, Ian Gilliver
M70+, W60+	Ian Watson, Dave Mawdsley, Kate Bryant
M18-	James McCann
M14-	Dominic Wathey

BRITISH CHAMPIONSHIPS – HIGH DAM

A very successful and memorable day! Our own Lakeland area of High Dam is one of the most attractive and technical areas for orienteering in England. Some of the hilltop conifer area had been clear felled and was unusable but the map had been extended to include the slopes down to the Rusland valley, so giving a large enough area for championship length courses.

John Britton was the chief planner, assisted by Ian Gilliver, and the courses received almost universal acclaim. Several of the elite runners commented that it was the best course they had run all year, and most of the other courses had excellent long legs through the most technical parts of the area.

John and Ian had spent all the previous week putting out controls, assisted by Grahame Crawshaw and Sally Gilliver, with Jen Britton and Irene Crawshaw providing the necessary backup assistance. They were helped by the dry sunny weather that lasted the whole week, although on the day of the event a cold wind prevailed. We are lucky to have an area rarely used by walkers, so that most controls can be safely left out for a week, with only a few near frequented paths having to be put out on the day.

As a club we also provided considerable assistance on both days of the championship weekend. Eddie Speak was providing the computing, assisted by Julie Brook. Several members helped with control collection, and with the TrailO championships run by John Kewley at the nearby YMCA centre at Lakeside. Our main help was in the area of general services, including enquiries, SI card hire, relay registration, results display and so on. David McCann efficiently co-ordinated our help on both days.

We had 40 members competing in the individual championships. The most noteworthy performances were Peter Bray 3rd and Tom Fellbaum 7th on the M21 elite course. Matthew Fellbaum was second on the M20 elite. Others in the prizes were Vicky Thornton 1st on W55L, Andrew Gregory 1st on M80, Cerys Manning 1st on W21L, Rae Lomas 2nd on W75, Jillyan Dobby 3rd on W65L and Sue Birkinshaw 3rd on W80.

Photos from the Prize-giving



Matt Fellbaum



Vicky Thornton



Rae Lomas



*Andrew Gregory & Sue Birkinshaw
(Photo: Wendy Carlyle)*

BRITISH RELAY CHAMPIONSHIPS – SUMMER HOUSE KNOTT

The life of a relay co-ordinator is never an easy one, and Tom Fellbaum had more problems than usual with our relay teams this year. Following injury, Steve Martin was unable to run in the M50+ team, so this team was cancelled. Then the day before the relays Peter Bray felt unwell after his brilliant run to come third in the Men's elite individual race, and couldn't run in the very competitive Mens Open relay team. Alan Ogden was then promoted at the last minute to the crucial last leg in this class, running against Grahame Gristwood and other well-known elite runners. The team name "Destiny is all" was perhaps well chosen!

On the day, Tom Felbaum had a storming run to finish in third position on the first leg (he would have been second if he hadn't tried to remove his shirt on the run-in!). Jonny Malley, fresh from running the Stuc a'Chroin category A Scottish Hill Race the day before, had a good run to leave the team in seventh position. Alan Ogden completed valiantly, and said:

"I would like to thank Tom for giving me the opportunity to compete directly against Graham Gristwood, and, then, to appear above him in the results was just an added bonus! "Destiny is all"."

In the other classes, the W50+ team had the best result. Heather Fellbaum had a brilliant run on the first leg, to come in first. Jane McCann managed to keep the team in fourth place, despite some very strong opposition, and Vicky Thornton on last leg had a very good run, but couldn't improve on their fourth place.

In the hotly contested Mens Short class, Steve Dempsey, Ben Dempsey and James McCann all had good runs to finish in 13th position. The Womens Short with Alison Fryer, Alison Doyle and Elizabeth Hamer-Davies managed 15th place. In the Ad Hoc class, our team of Jan Ellis, Dave Mawdsley and Doug Edwards were 22nd. The 70+ class team of Chris Rostron, Andrew Gregory and Ian Watson were non-competitive, as the rules require one woman in the team, but all had good runs.

In addition, Matthew Fellbaum was running for one of the Edinburgh University teams in the Open class, which came 6th, and Alistair Thornton was running for Loughborough University in a team that came 10th.

JK 2017

The annual four-day festival of orienteering held every Easter, was located this year in the south east of England. The Sprint event on the first day was held on the campus of Brunel University, near to Uxbridge. The two individual days and the relays were all held in the attractive wooded area of The Weald in Sussex.

Brunel University was a pleasant self-contained campus, with many buildings surrounded by lawns, but no great complexity nor passages giving clever through routes. Our prize-winners included Vicky Thornton 2nd on W55 and Sue Birkinshaw 2nd on W80. On M20E Matt Fellbaum was 5th, and on M21E Peter Bray was 8th and Tom Fellbaum 17th. Dave Mawdsley was 5th on M75 and Trevor Hindle an excellent 8th out of the 122 competitors on M50.

The second day was a Middle Distance event in the forest of Ambersham near Midhurst in West Sussex. This was followed on the third day by a long distance event at St Leonards and Holmbush, near Horsham. Both were attractive areas of woodland, with a lot of detail, but the vegetation boundaries were often vague and many unmapped paths added to the difficulties.. The overall individual result was calculated by adding together the times for the two days, although in fact this had the result of giving much more weight to the results on long distance day.

Our only prize-winners for the combined individual days were Rae Lomas, 2nd in W75 and Sue Birkinshaw 3rd on W80. Other good results were James McCann who was first on M18L, Vicky Thornton 4th on W55L, Peter Bray 6th on M21E, John Britton 7th on M65L, Dave Mawdsley 7th on M75L and Jillyan Dobby 6th on W65L.



Sue Birkinshaw and Rae Lomas at the prize-giving

The relays were held at Pippingford Park in Ashdown Forest in East Sussex. We had a smaller number of runners than usual for the relay teams, probably due to the distance from Manchester, but Tom Fellbaum, as club captain and relay co-ordinator had put together some good teams.

The Mens Open team running for the JK Trophy came a very respectable 8th. Tom Fellbaum on the first leg handed over to Jonny Malley and then Peter Bray on the final leg. On the very competitive Mens Short class, Steve Dempsey, Ben Dempsey and Liam Corner came 14th. The Senior Mens 120+ team of James McCann, Charlie Bleau and Toby Scott also achieved 14th place. The potentially strong W120+ team of Heather Fellbaum, Alison Fryer and Vicky Thornton unfortunately mispunched. The Veteran Mens team of Chris Rostrom, Dave Mawdsley and Stephen Fellbaum were 45th.

Photos from the JK Sprint



Laura Hindle



Alison Doyle



Jane McCann



Liam Corner



Graham Crawshaw



John Kewley

(Photos: Wendy Carlyle)

Alan Brook 1946-2017

We are sorry to record the death of Alan Brook at the age of 70. Although mainly known to many of us as the husband of Julie, he was a very active outdoors person with a special enthusiasm for rock climbing. A number of MDOC members attended his funeral, as well as a large number of friends from the local climbing community, in which he was very well known. Our sympathy to Julie for her sad loss.

Steve Beresford knew him as a climber and has contributed the following tribute:

I first met Alan "Cooch" Brook many years ago, but have only seen him briefly over the last few years.

The first time I met Cooch was not under the most propitious circumstances. I and other climbers were on our way to climb on the Aiguille de L'M above Chamonix and came across Cooch at the bottom of a snow slope with several nasty injuries after slipping. I went to raise the alarm at the Montenvers station and watched as the helicopter lifted him to hospital. There I met him properly. That night Julie treated us all to beer. Over the years I met him many times, always in the mountains doing what he did best - climbing. This was his great passion. From an early apprenticeship on the gritstone quarries of Wilton he climbed all over Europe and extensively in the UK. Always enthusiastic, always passionate about his latest venture and always planning the next one, backed up as ever by Julie. A great guy who will be much missed.



Bluebells at High Dam (photo: Wendy Carlyle)

GMOA Annual General Meeting

The Annual Meeting of Greater Manchester Orienteering Activities will be held at 8:00 p.m. on Thursday 25th May 2017 at the Quaker Meeting House in Northenden.

All members of MDOC and SELOC are members of GMOA and are invited to the AGM.

We have had an amazing year, getting (almost) all the posts in all the 50+ Parks in good order. The people who have done all the work would be very appreciative of your attendance at the AGM and your ideas on where we go from here.

The Meeting House is at the junction of Princess Parkway (A5103) and Wythenshawe Road (B5167), just west of the junction. Look for the Britannia Airport Hotel.

The Meeting House is the first building on the north side of Wythenshawe Road and will have an O-kite at the entrance gate.

The postcode is M23 0DJ. It is easy to find from all directions except coming from the east on M60. Possibly use M56 as your link to the A5103

Tea/coffee and biscuits will be available.

TWIN PEAK 2018

It is planned to hold this 2-day event in the Goyt Valley on 4th and 5th November 2018. We need to start thinking about this soon, and want to assemble a team of people who might be interested in planning, organising, helping with permission and any other aspects of the event.

For anyone wishing to plan or organise a major event for the first time, we can arrange a mentor, or for the planning or organising to be done jointly with a more experienced person. This would be an excellent opportunity to gain experience.

I have offered to start getting such a group together so please contact me, or any other member of the committee, if you might be interested.

Andrew Gregory

Welcome to new members:

Senior member: Jonathan Malley M21

Family members: David M35 & Sophie W6 Gray

Kath Speak, membership secretary



Manchester's Suomi Finland 100 Festival of Orienteering (13-15/10/17)

- celebrating 100 years of Finland's Independence, part of the 'Centenary of Finland's Independence' programme.

Manchester and District Orienteering Club in co operation with The Consulate of Finland are putting on a themed weekend of Orienteering activities in order to celebrate 100 years of Finnish Independence.

The weekend (Friday 13th to Sunday 15th October 2017) will show how the Traditional Finnish Forest Orienteering enjoyed in Finland and the UK has developed.

The themed weekend is promoted to the whole UK Orienteering Community as a Festival of Orienteering celebrating Finland's 100 years of Independence.

In particular, for the urban event we will have local Finns at strategic points around the town to inform the general public what the event and orienteering is about and to promote Finland at the same time.

The Local Council in Stockport representing over 250,000 residents are very enthusiastic about helping promote Finland's 100 year celebration as part of the urban event being held in their Town Centre.

Friday 13th October evening - MetrO

An urban Street Event using simple street maps and street furniture as control sites. Long Medium and Short courses using the Metro tram system to the 3 different start points.

Children under 16 must be accompanied by an adult.

Finish and registration at a pub in Didsbury. (The Metropolitan).

Saturday 14th October - Traditional Orienteering over open park and moorlands of Lyme Park Stately Home Estate on the outskirts of Stockport.

Colour coded courses available from White to Brown.

Courses available for children and beginners.

Sunday 15th October - Urban event in the centre of Stockport

Start and finish in the town centre

Courses for under 16s may have limited urban content.

The weekend will also be promoted to the Orienteering Community in Finland who can travel directly to Manchester by Finnair and have a Festival of different Orienteering disciplines that have developed in the UK, in a compact weekend of activities.

The direct flights mean they can arrive Friday evening and depart Sunday afternoon.

All events can be accessed by public transport.

However on Saturday there is a significant walk from the Train station or Bus stop to Lyme Hall. Competitors travelling to Lyme by public transport are requested to contact the organiser: finland100@mdoc.org.uk as assistance may be available.

Entries via Fabian which will be available at a later date. Check website: www.mdoc.org.uk

MDOC EVENTS

Summer evening events (joint programme with Deeside orienteering club)

- | | | | |
|-----|----|------|---|
| Tue | 23 | May | Lyme Park |
| Wed | 31 | May | Bryn Alyn (DEE) |
| Tue | 6 | June | Little Budworth - Middle distance (DEE) |
| Wed | 14 | June | Eastham - Middle distance (DEE) |
| Thu | 22 | June | Brereton Heath |
| Wed | 5 | July | Rivacre (DEE) |
| Thu | 13 | July | Alderley Edge |

Countryside Score events – rural score events on public rights of way using an OS map. Registration from 6:30 pm for 7:15 pm mass start

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|-----|----|------|--|
| Wed | 31 | May | Styal – The Ship, Altrincham Road, Styal |
| Wed | 14 | June | Higher Poynton – The Boar's Head, Shrigley Road N, Poynton |
| Wed | 28 | June | Hayfield – The Royal Hotel, Market Street, Hayfield |
| Wed | 5 | July | Alderley Edge – The Wizard, Macclesfield Road, Nether Alderley |
| Wed | 19 | July | Marple Ridge – <i>(venue to be confirmed)</i> |

Other events

SELOC Sprints 2017

- Sat 17 June Northwest Sprint Championships – Skelmersdale, Lancs
Sun 18 June Horwich Festival of Racing

Northern Rocket Weekend

- Sun 16 July British Mixed Sprint Relays – Edge Hill campus, Ormskirk, Lancs (organised by DEE)
Sat 15 July Birchwood Urban Sprint (organised by MDOC)
Sun 20 Aug DEE urban race – Frodsham, Cheshire

Wednesday runs

- | | | | | |
|-----|----|------|----------------|--------------|
| Wed | 24 | May | Julie Brook | New Mills |
| Wed | 7 | June | Dave Mawdsley | Macclesfield |
| Wed | 21 | June | Sue Birkinshaw | Hale |
| Wed | 12 | July | Richard Evans | Romiley |

MDOC Committee Meetings

Mondays 12 June, 10 July: 7:30 Ladybrook Hotel, Bramhall

British Championships at High Dam (photos by Wendy Carlyle)



Carolyn Hindle



Dave McCann



Jane McCann



Hazel Hindle



Margaret Gregory



Steve Beresford

British Relay Championships



Tom Fellbaum



Ben Dempsey



Vicky Thornton