



Manchester & District Orienteering Club

Festival of Orienteering celebrating Finland 100 years



Friday 13th October to Sunday 15th October

Two level C events in Stockport, Lyme and Town Centre and a fun 'Metro' event in Didsbury, Manchester

Final details

General Information

Venue Friday: Didsbury, South Manchester suburb (Evening Street event)
 Saturday Lyme National Trust, South Stockport (Classic Parkland/Moorland event)
 Sunday Stockport Town Centre (Urban event)

SI Punching will be used.
 SI cards are available for hire. See Fees per event (Lost cards £30.00)
 Contactless punching will NOT be used

Starts All events will be punching starts and there are no allocated start times

BIBS Numbered BIBS to be worn for the Sunday Urban event see below

Friday 13th October

Assembly The Gateway (Wetherspoon), 882 Wilmslow Road, East Didsbury, Manchester M20 5PG
 Everyone must go to Assembly prior to starting to pick up their map.

Facilities We have exclusive use of a room above the pub.
 It is secure so you will be able to store clothes and kit securely
 Toilets, Bar and food are served downstairs

Parking Please don't use very small Pub Car park.
 Opposite the pub across Manchester Road there is a very large Car Park for Parris Wood
 Entertainment Centre (Free for 4 hours)
 Otherwise there is free unlimited Parking at East Didsbury Metro Station which is 350m to the north of
 the pub.

Public Metro to East Didsbury Station then 350m walk south to the pub.
Transport Bus 42, 50 or 130 from Piccadilly Gardens (City Centre) to East Didsbury

Registration From 17:00 to 19:30. **The last Starts will be 8.00pm, BUT that means competitors MUST leave
registration by 19:30 to allow 30 minutes from the pub to your Start**

Start Times 17:45 to 20:00
 Details of how to get to the starts will be provided at Registration

Finish Next to Assembly
Course Close Courses Close 22:00

EOD Fees Senior £3 Junior £2 (**BUT No unaccompanied under 16s allowed**)
 Subject to availability of maps

Entries via fabian4. www.fabian4.co.uk
 online entries close Wednesday October 11th
 If you can't use Fabian4 for any reason then contact the Finland100 coordinator
 Finland100@mdoc.org.uk

SI Punching is only used for the Start and Finish there are no SI controls. See equipment below
 SI cards are available to borrow (Lost cards £30.00)

Safety Competitors take part at their own risk and are responsible for their own safety.
 All competitors must wear suitable reflective jackets/bibs and have suitable torches
 Although early competitors may benefit from some daylight they will finish in the dark.

Terrain Map	Typical suburban streets some of which can be quite busy 1:12,500 (Long), 1:10000 (Medium and Short) Based on Open Street Map line map showing roads passageways and very little other detail of the terrain.
Courses	To those of you yet to experience a MetrO this is how it works: MetrO events use the Metro to take competitors to a remote start from which they run back to a pub on a linear course using standard Night Street Event controls Long 10km (Optimum 14.2km), Medium 7km (Optimum 9.5km) and Short 4.1km (Optimum 5km) using three different Metro stations as starting points.
Equipment	Metro Fare For those without a pass the Metro will charge £1.80 for the Long (Withington) and Medium Starts (Burton Road) but only £1.40 to get to the Short Start (Didsbury Village). The machines take cash and contactless Street furniture is used as the control sites and you will need a pencil or non water based pen to write down the answers to the appropriate question on the waterproof question sheet provided.
Officials	Planner/Organiser Peter Ross MDOC Controller Jillyan Dobby MDOC Assistant Organiser Chris Rostron

Saturday 14th October

Assembly	Lyme Main Car Park, Peak District National Park, Disley, Stockport SK12 2NR
Facilities	One Registration/download tent. One tent for clothes and kit, left at owners risk National Trust Toilets, Cafe and shop
Travel Directions	From M60 Stockport from either Junction 1 or 26/27 follow the Brown Lyme signs or A6 Buxton signs Lyme Park entrance is on the A6 From the South follow A6 through Disley to Lyme entrance (beware sharp left turn)
Travel issues	Roadworks are scheduled to take place at or near Disley and are likely to affect all road traffic in the vicinity of Lyme please allow extra time.
Parking	Lyme Car Parks (£8 or NT members free)
Public Transport	If you intend to use public transport then please inform the coordinator at Finland100@mdoc.org.uk Train Station Disley 4km walk to Assembly (Buxton Train from Piccadilly Station) Bus stop 199 2km walk from the stop (Buxton Bus 199 from Airport or Stockport Bus Station) (From Manchester Centre get train or bus to Stockport and then walk to Bus Station) Lyme can provide transport from the car park Kiosk at the entrance to the park by asking the attendant. Saves 1.6km walk
Registration	From 10:30 to 12:30
Start Times	11:00 to 13:00 Punching start but suggested Start Blocks Very early and early 11:00 to 12:00 Middle 11:45 to 12:30 Late and very late 12:30 to 13:00.
Start	Uphill walk from south end of Car Park approx 500m Allow 10mins
Finish	100m from Assembly
Course Close	Courses Close 15:00
EOD Fees	Senior £9 Junior £4 Adult Novice £4 (Light Green, Orange, Yellow or White courses only) Subject to availability of maps
Entries	via fabian4 . www.fabian4.co.uk online entries close Wednesday October 11th If you can't use Fabian4 for any reason then contact the Finland100 coordinator Finland100@mdoc.org.uk
SI Punching	SI cards are available for hire @ £1 per day for Adults Free hire to Juniors (Lost cards £30.00) Pre-hired SI Cards should be picked up from Registration

Contactless punching will NOT be used

- Safety Competitors take part at their own risk and are responsible for their own safety.
Suitable bad weather clothing may be compulsory, Whistles must be carried and Lone runners please leave car keys
- Terrain Parkland and Open Moorland rising from about 200m to 400m
- Map 1:10000 on A4 5m contours
2015 major update produced by Chris Smithard
Control Descriptions on the map and loose ones available in start lanes
- Courses

Course	No	Suggested Mens classes	Suggested Womens Classes	Length/Climb Subject to final controlling
Brown	1	M21, M35+, M20-		9.5km 340m
Blue	2	M45+ M18-	W21, W35+ W20-	6.5km 220m
Green	3	M65+	W45+ W18-	4.4km 120m
Short Green	4	M75+	W65+	2.6km 60m
Light Green	5	M14 (Novice Adult)	W14 (Novice Adult)	3.5km 95m
Orange	6	M12	W12	2.7km 95m
Yellow	7	M10	W10	2.1km 50m
White	8	Novice Junior	Novice Junior	1.6km 25m

- Officials Planner Trevor Hindle MDOC
Organiser Jan Ellis MDOC
Controller Alan Ogden MDOC

Sunday 15th October

- Assembly Stockport Town Centre Merseyway Precinct, Stockport SK1 1PJ
Opposite Halifax Bank at Eastern end of Precinct
Merseyway/Bridge Street/Warren Street/Tiviot Dale junction
- Facilities One Registration/download tent. One large tent for clothes and kit, left at owners risk
Public toilets in Precinct 200m away (open 10:30)
Retail outlets have toilets (Macdonalds next to assembly should be open before 10:30 but please ask first or buy something)

Travel Directions to Merseyway Car Park. Use Post Code SK1 1HF which is 100m past entrance on one way street

From Junction 1 M60

At motorway roundabout Follow Town Centre or Station signs

At next roundabout take 3rd exit (Merseyway Car park sign at exit)

2nd set of lights turn left signed Merseyway Car Park, under viaduct and road bridge turn right up hill signed St Petersgate entrance then top of hill left and then 300m left into Car park

From Junction 26 or 27

Follow Buxton or Marple or Merseyway Car park signs at large roundabout

At Top of Hill turn right (no sign as road being improved!!)

At next lights straight on, round corner then left at next lights (Wellington Street) then Merseyway

Parking signs reappear



Follow them to Car park entrance

From A6 south

Continue along A6 ignoring Diversion signs Turn right at Town Hall (whiteish Wedding Cake Building) Edward Street/Greek Street junction signed Magistrates Court.

Left into Piccadilly signed Merseyway Car parks and follow signs.

- Parking Stockport Town Centre Merseyway Car park (20p an hour, pay when return)
Use Post Code SK1 1HF which is 100m past entrance on one way street
When Parked follow signs to the shops and assuming you are to the south of the open air Precinct turn right at the bottom
Peel Centre Car Park is expensive
Sainsburys and Asda time limit applies
- Train Train to Stockport Station then Free Metroshuttle bus to Merseyway Starts at 9:45 then every 15mins or 1km walk route avoiding competition area.

Bus	<p>Walk to main road (Macdonalds), turn left downhill (road probably still closed but pedestrians allowed past). At bottom cross Mersey square to Debenhams corner, turn right (this is the route to start) down to end, turn right and Assembly on right.</p> <p>Bus any route to Stockport Bus station then Free Metroshuttle bus to Merseyway Starts at 9:45 then every 15mins or 600m walk route avoiding competition area. Walk under Road bridge turn left into Mersey square to Debenhams corner, turn right (this is the route to start) down to end, turn right and Assembly on right.</p>
Registration BIBS	<p>From 10:00 to 12:00</p> <p>Numbered Bibs are to be worn for this event only. The numbers will be allocated separately and the Bibs can be collected next to Registration, pins will be provided, if required. A list of allocated Bib numbers will be available at Registration.</p>
Start Times	<p>10:30 to 12:30</p> <p>Punching start but suggested Start Blocks</p> <p>Very early and early 10:30 to 11:30</p> <p>Middle 11:15 to 12:00</p> <p>Late and very late 12:00 to 12:30,</p>
Start	<p>800m from assembly in Heaton Norris Park</p> <p>10min walk (North from Assembly past the Halifax, left along Prince's Street to Debenhams, then right over motorway on Wellington Road North and finally right into the Park)</p>
Finish	Next to Assembly.
Course Close	Courses Close 14:30
EOD Fees	<p>Senior £9 Junior £4</p> <p>Subject to availability of maps</p>
Entries	<p>via fabian4. www.fabian4.co.uk</p> <p>online entries close Wednesday October 11th</p> <p>If you can't use Fabian4 for any reason then contact the Finland100 coordinator Finland100@mdoc.org.uk</p>
SI Punching	<p>SI cards are available for hire @ £1 per day for Adults</p> <p>Free hire to Juniors (Lost cards £30.00)</p> <p>Pre Hired SI Cards should be picked up from Registration</p> <p>Contactless punching will NOT be used</p>
Safety	<p>Competitors take part at their own risk and are responsible for their own safety.</p> <p>Please be considerate to members of the public especially when entering the Precinct at the end of your course. Please take the corners wide to avoid collisions.</p>
Terrain	Complex Town centre with many steep alleyways and irregular street pattern plus inner town estate areas with open land and parks surrounding.
Map	<p>1:5000 on A3 with 5m contours</p> <p>Standard Urban mapping conventions</p> <p>Including Standard Urban features that are Forbidden to be crossed. See table below</p> <p>Non standard feature: black circle symbol  represents lamp post or post</p> <p>Roads marked OOB MUST NOT be crossed, this particularly applies to Junior courses 6 and 7. However, the pavements may be used.</p> <p>2008 map produced by Graham Gristwood and latest updates October 2017 by Chris Rostron</p>
Timed out Crossing	<p>Junior courses 6 and 7 will have a marshalled timed out crossing in the latter part of their courses.</p> <p>Three minutes will be allowed to cross between controls 130 and 131</p>
Control Descriptions	<p>On the map and loose ones available in start lanes</p> <p>Control description symbol  represents lamp post or post.</p>

Courses Standard UK urban league classes

Course No	Suggested Mens classes	Course name	Suggested Womens Classes	Course Name	Length/Climb
1	Open (M18-35)	MO			7.4km 115m
2	Veteran (M40+)	MV	Open (W18-35)	WO	6.3km 110m
3	Super Veteran (M55+)	MSV	Veteran (W40+)	WV	5.3km 95m
4	Ultra Veteran (M65+)	MUV	Super Veteran (W55+)	WSV	3.8km 80m
5	Hyper Veteran (M75+)	MHV	Ultra Veteran (W65+) Hyper Veteran (W75+)	WUV WHV	3.0km 45m
6	Junior (M16-)	MJ	Junior (W16-)	WJ	3.6km 65m
7	Young Junior (M12-)	MYJ	Young Junior(W12-)	WYJ	1.6km 30m

Juniors under 16 on the day can only enter courses 6 and 7



Officials
 Planner Paul Watson MDOC
 Organiser Chris Kirkham MDOC
 Controller Andrew Gregory MDOC

Finland 100 Orienteering Festival Coordinator Chris Rostron MDOC/Consulate of Finland

Updated 10th October 2017