



Manchester & District Orienteering Club

www.mdoc.org.uk

Spring 2015

Saturday Park Events around Manchester

Enquiries to spring2015@mdoc.org.uk

Venues

January 24th Reddish Vale Country Park, Stockport

SJ904934 SK5 7HE Signed east from B6167, just south of Reddish South Station

February 7th Heaton Park

SD825045 M25 2GT St Margaret's Road entrance at NW of the Park.
Signed from A665 about 1km south of M60 jn17

March 7th Bramhall Park

SJ887863 SK7 3NX Entrance on Hall Road, off Bramhall Park Road.
Brown Tourist signs from Bramhall and Cheadle Hulme.
Pay and display car park

March 28th Macclesfield Forest

SJ960711 SK11 ONE Signed from A523 1km south of Macclesfield town centre.
Then 5km via Langley to Forest Office.

Courses available

White, Yellow, Orange and Light Green courses, suitable for everybody, newcomers, improvers and regulars, with advice and instruction available.

Register between 10.00 and 11.00 Starts 10.30 to 11.30.

Fee: Seniors £3/ Juniors £1.50. Free SI-dibbers (but £30 if not returned)

There will also be a 2-part Chasing Sprint for those who like head-to-head racing, as enjoyed in 2009 / 2010

Part 1 Run the Orange course between 10.30 and 11.00

Part 2 This will use the Light Green course.

Your start time is calculated by adding your Part 1 running time to 11.20.

(e.g. if you take 23 minutes on Part 1 your Part 2 start time is 11.43)

Slower runners will be able to start earlier than this calculation suggests!

Other MDOC events in Spring 2015

Details available on www.mdoc.org.uk

Annual Charity Race at Lyme Park. January 3rd. Mass start 11.30.

North West Night League event at Irwell Valley, Prestwich (Orange, Green and Blue Courses). **January 24th**

Night Street League Events. Score events based on pubs (with meals available), using simple line maps and "street furniture" controls. Starts from 6.30 to 7.30

Tuesday January 6th

Hazel Grove, The Fiveways, Macclesfield Road SK7 6BE SJ925857

Thursday January 22nd

Disley, The White Horse, 18 Buxton Old Road SK12 2BB SJ975845

Tuesday February 3rd

Poynton, The Kingfisher, London Road SK12 1NJ SJ918834

Thursday February 19th

Wilmslow, The Old Dancer, 16 Grove Street SK9 1DR SJ846811

Thursday March 5th

Ashton upon Mersey, The Old Plough, 56 Green Lane M33 5PG SJ773926