

# **Twin Peak 2017, Day 1 Torver Back Common**

## **Middle Distance Event Saturday 11th February 2017**

- Assembly** Raymond Priestley Centre, on the west side of Coniston Water, between Torver and Coniston. LA21 8AX GR SD300950. We shall be using the Boat Shed.
- Travel** Signed from A593 600m north of Torver village at GR 288 947. The Centre is 1.2km along a well maintained track.  
Bus X12 Coniston to Ulverston service could be used. See [www.cumbria.gov.uk](http://www.cumbria.gov.uk)
- Parking** Cars will be parked on limited hard-standing and track verges, between 200m and 1 km from Assembly. Fee £2. Please inform the organiser if bringing anything larger than a car.
- Pre-entry** [www.fabian4@co.uk](mailto:www.fabian4@co.uk) Entries close February 4<sup>th</sup>.  
**Please note that there is an entry limit of 250.**
- EOD** 10.30 to 12.30 at Registration at Assembly, until entry limit reached.
- Fees**
- |              |             |  |
|--------------|-------------|--|
| Pre-entry:   | Seniors £8  | Juniors and Students £3                        |
| EOD          | Seniors £10 | Juniors and students £4                        |
| SI card hire | Seniors £1  | Juniors and students 50p (£30 if not returned) |
- Start times** 11.30 to 13.30. Courses close 15.00  
Start times will be allocated, but will be flexible.
- Start** Less than 500m from Assembly. Allow 15 minutes.
- Clothing** Whistles will be compulsory and checked. Cagoules may be compulsory. No clothing dump.
- Finish** Adjacent to Assembly. Download at Assembly.
- Toilets** In the Centre. No muddy shoes please.
- Catering** NW Junior Squad will be offering soup, hot butties, cakes and drinks. Please support them.
- Traders** No traders.
- First Aid** Available at Assembly
- Dogs** On leads in car parking areas only.

**Twin Peak Competition** See General information

**Safety and Risk/Insurance/Privacy** See General information

## Map

Updated 2006, with minor updates 2011 and 2015. 1:10,000 or 1:7,500 with 5m contours. Only relatively significant rock is mapped. Bracken is not mapped. In some areas there are thick juniper bushes, which are not individually mapped. The open moorland is heavily walked by the public, and there are some seasonal paths. Most maps will not have a legend, however spare legends will be available at registration.

## Terrain notes

Torver Back Common is a relatively small but beautifully varied area, consisting of :-

- A sheep-cropped hilltop area where running is fast and navigation straightforward
- A bracken covered slope with considerable contour, vegetation and rock detail, where navigation is tricky and fast progress requires use of sheep trods and marshes
- A detailed strip of rocky woodland with very little undergrowth and a good path network.
- Between the woodland and the slope is a region of complex and slippery rock, and a deeply-incised stream.
- There are some small lakes and deep marshes.

## Course details

Course length, technical difficulty and climb will be compliant with BOF Rules of Orienteering, Appendix B, Section 9.

You may enter whichever course you want, but if you wish to be eligible for a prize in the 2-day Twin Peak Competition you should enter the appropriate course for your age class, or run-up on both days.

Course	Age Classes		Length km	Climb m	Controls	Map Scale
Black	M18, M20, M21, M35, M40		4.6	225	22	1:10,000
Brown	M45, M50	W18, W20, W21	3.9	180	18	1:10,000
Blue	M16, M55, M60	W35, W40	3.5	160	17	1:10,000
Green	M65, M70	W16, W45, W50	2.8	135	15	1:7,500
Short Green	M75, M80	W55, W60, W65	2.4	110	14	1:7,500
Very Short Green	M85	W70, W75, W80, W85	1.9	70	13	1:7,500
Light Green	M14	W14	2.2	95	12	1:7,500
Orange	M12	W12	1.8	75	9	1:7,500
Yellow	M10	W10	1.1	45	8	1:7,500

## Officials

Organiser: Steve Fellbaum (MDOC) Tel: 01625 421525 (*before 10 p.m.*)  
Planner: John Kewley (MDOC)  
Controller: Patrick Smyth (NATO)

**Enquiries**      **tp2017@mdoc.org.uk**