

## NSL Cup Final Chapel en le Frith 8/3/2022

**Age-Adjusted Scores on the night**

				aa factor	time	points	adj time in secs	pens	adj score	counting points	aa otn
1	John Embrey	SROC	M	1.262	49:26	440	2966	0	440	534	<b>674.2</b>
2	Joanna Miles + Julian Brown	Macclesfield Harriers	W	1.436	53:05	380	3185	0	380	430	<b>616.9</b>
3	John Britton	MDOC	M	1.353	59:16	440	3556	0	440	445	<b>602.7</b>
4	Peter Gorvett	SYO	M	1.428	49:40	330	2980	0	330	399	<b>569.1</b>
5	Chris Rostron	MDOC	M	1.428	51:16	340	3076	0	340	398	<b>568.1</b>
6	Cecilia Fenerty	MDOC	W	1.399	51:26	340	3086	0	340	397	<b>554.9</b>
7	Tim Raffle	MDOC	M	1.217	50:31	370	3031	0	370	439	<b>534.8</b>
8	Paul Turner	SELOC	M	1.262	60:20	430	3620	10	420	418	<b>527.3</b>
9	Fiona Millington	MDOC	W	1.176	53:07	390	3187	0	390	441	<b>518.2</b>
10	Jim Edwards	MDOC	M	1.124	57:11	420	3431	0	420	441	<b>495.5</b>
11	Anna Thomas + Mark Hanna	Manchester Triathlon Club	W	1.176	58:00	400	3480	0	400	414	<b>486.7</b>
12	Peter Brooke	SELOC	M	1.030	55:57	440	3357	0	440	472	<b>486.0</b>
13	Andrew Mainwaring (+ Steve Fairclough)	Bramhall Runners	M	1.184	54:58	370	3298	0	370	404	<b>478.2</b>
14	Clare Griffin	MDOC	W	1.253	55:57	350	3357	0	350	375	<b>470.4</b>
15	Eddie Speak	MDOC	M	1.312	58:53	350	3533	0	350	357	<b>468.0</b>
16	Ian Watson	MDOC	M	1.428	46:07	250	2767	0	250	325	<b>464.5</b>
17	Ruth Beresford	MDOC	W	1.138	45:40	310	2740	0	310	407	<b>463.6</b>
18	Rachel Munday	IND	W	1.194	58:58	380	3538	0	380	387	<b>461.5</b>
19	David McCann	MDOC	M	1.206	48:45	310	2925	0	310	382	<b>460.0</b>
20	Andy Thornton	MDOC	M	1.239	53:43	330	3223	0	330	369	<b>456.7</b>
21	Catherine Osborn	MDOC	W	1.136	46:28	310	2788	0	310	400	<b>454.6</b>
22	Lisa Bloor (+Cath Tombs)	PENNINE	W	1.364	59:25	330	3565	0	330	333	<b>454.5</b>
23	Jillyan Dobby	MDOC	W	1.682	47:01	210	2821	0	210	268	<b>450.8</b>
24	David Wills	IND	M	1.009	59:42	440	3582	0	440	442	<b>446.2</b>
25	Robert Taylor	Stockport Harriers	M	1.387	59:50	320	3590	0	320	321	<b>445.0</b>
26	Jane McCann	MDOC	W	1.364	51:16	270	3076	0	270	316	<b>431.0</b>
27	Peter Ross	MDOC	M	1.428	47:54	240	2874	0	240	301	<b>429.2</b>
28	John Williams	MDOC	M	1.339	52:52	280	3172	0	280	318	<b>425.4</b>
29	Dominic Wathey	MDOC	M	1.021	52:14	360	3134	0	360	414	<b>422.1</b>
30	Nicholas Colwill	IND	M	1.024	55:37	380	3337	0	380	410	<b>419.8</b>
31	Paul Hunt	MDOC	M	1.206	59:09	340	3549	0	340	345	<b>415.8</b>
32	Anton Petho	IND	M	1.000	49:26	340	2966	0	340	413	<b>412.7</b>
33	Ian Ankers	POTOC	M	1.387	58:17	280	3497	0	280	288	<b>399.8</b>
34	Mike Greenwood	GRAMP	M	1.228	49:52	270	2992	0	270	325	<b>398.9</b>
35	Doug Edwards	MDOC	M	1.428	45:31	210	2731	0	210	277	<b>395.3</b>
36	Richard Griffin	MDOC	M	1.115	52:34	310	3154	0	310	354	<b>394.6</b>
37	Ian Gilliver	MDOC	M	1.353	49:06	230	2946	0	230	281	<b>380.3</b>
38	Marie Roberts	MDOC	W	1.517	50:31	210	3031	0	210	249	<b>378.3</b>
39	David Chadwick	IND	M	1.013	52:21	320	3141	0	320	367	<b>371.5</b>
40	Daniel Martin	IND	M	1.018	54:40	330	3280	0	330	362	<b>368.8</b>
41	Grace Hunt	IND	W	1.135	57:21	310	3441	0	310	324	<b>368.2</b>
42	Julie Brook	MDOC	W	1.794	41:59	140	2519	0	140	200	<b>358.9</b>
43	James Corden	Stockport Harriers	M	1.124	61:19	340	3679	40	300	294	<b>330.1</b>
44	Clay Conlon	IND	M	1.000	42:26	230	2546	0	230	325	<b>325.2</b>
45	Nick Roberts + Rick Coulby	Stockport Tri	M	1.174	59:34	260	3574	0	260	262	<b>307.4</b>
46	Stephen Beresford	MDOC	M	1.406	58:21	200	3501	0	200	206	<b>289.2</b>

47	Ros Sutton + Steve Williams	MDOC	W	1.561	58:28	180	3508	0	180	185	<b>288.3</b>
48	Afy Afrouz + Darren Warburton	Bramhall Runners	W	1.157	59:22	240	3562	0	240	243	<b>280.6</b>
49	Tony Hulme	IND	M	1.428	47:17	150	2837	0	150	190	<b>271.8</b>
50	Andy Payne	DEE	M	1.353	58:25	180	3505	0	180	185	<b>250.1</b>
51	Lisa Kershaw	Ind	W	1.157	52:32	150	3152	0	150	171	<b>198.1</b>
52	Miriam Hoelzl + Megan Good	IND	W	1.135	53:27	140	3207	0	140	157	<b>178.4</b>
53	Dave Mawdsley	MDOC	M	1.606	53:20	70	3200	0	70	79	<b>126.4</b>