

## NSL Cup Final Hazel Grove

8/3/2023

**CUP FINAL Scores**

								cup factor	Hydrants	manual	phone	counting points	time	pens	gross per hour	Cup Final points
1	Afy Afrouz	Bramhall Runners	W	60	74.6	240	0	1440	1680	58:39	0	1680				<b>22517</b>
2	Chris Donnelly	Sale harriers	M	60	108.6	300	0	1840	2140	62:44	164	1976				<b>18197</b>
3	Nick Roberts (+ Paul Farrington)	STC PFNR	M	60	81.5	180	0	1240	1420	58:46	0	1420				<b>17424</b>
4	Andy Payne	DEE	M	60	49.5	120	820	0	940	61:31	91	849				<b>17141</b>
5	Grace Hunt	IND	W	60	106.6	180	0	1560	1740	59:43	0	1740				<b>16322</b>
6	Jacky Embrey	SROC	W	60	77.7	60	0	1170	1230	55:04	0	1230				<b>15824</b>
7	David Mawdsley	MDOC	M	40	31.7	40	0	470	510	42:57	177	499.5				<b>15744</b>
8	Andy Thornton	MDOC	M	60	92.6	180	600	670	1450	59:34	0	1450				<b>15653</b>
9	Mark Grundy + Ric Coulby	Stockport Tri Club	M	60	79.9	120	0	1130	1250	53:54	0	1250				<b>15645</b>
10	Jean Payne	DEE	W	60	51.3	120	750	0	870	61:12	72	798				<b>15571</b>
11	Ian Watson	MDOC	M	60	81.7	120	0	1140	1260	58:31	0	1260				<b>15422</b>
12	Christopher Embrey	MDOC	M	60	145.3	300	0	1980	2280	60:58	58	2222				<b>15292</b>
13	Fiona Millington	MDOC	W	60	114.3	180	30	1520	1730	58:14	0	1730				<b>15131</b>
14	Rebecca Glen	MDOC	W	60	120.0	240	0	1550	1790	59:26	0	1790				<b>14912</b>
15	John Embrey	SROC	M	60	150.3	300	0	1930	2230	59:35	0	2230				<b>14838</b>
16	Julie Brook	MDOC	W	60	37.6	60	0	630	690	62:15	135	555				<b>14752</b>
17	Mike Ashby	Sale Harriers Manchester	M	60	134.9	300	0	1680	1980	59:43	0	1980				<b>14675</b>
18	Albert Sunter	SELOC	M	60		180	0	1350	1530	56:19	0	1530				<b>14647</b>
19	Cecilia Fenerty	MDOC	W	60	95.1	180	0	1220	1400	60:13	13	1387				<b>14585</b>
20	Fiona Blagg	Macclesfield Harriers	W	60	133.4	240	0	1700	1940	59:21	0	1940				<b>14544</b>
21	Marie Roberts	MDOC	W	40	65.6	120	0	590	710	41:16	76	951				<b>14493</b>
22	Robert Taylor	Stockport Harriers	M	60	75.4	120	0	960	1080	59:52	0	1080				<b>14317</b>
23	Karen Andrew + Rob Heywood	Marple Runners	W	60	68.6	120	0	860	980	57:04	0	980				<b>14281</b>
24	Steve Fairclough + Andrew Mainwaring	Bramhall Runners	M	60	126.8	240	0	1560	1800	56:33	0	1800				<b>14194</b>
25	Debra Walker + Timon Wright	IND	W	60	115.2	180	0	1460	1640	60:27	27	1613				<b>14000</b>
26	Ian Gilliver	MDOC	M	60	67.0	120	0	830	950	60:13	13	937				<b>13993</b>
27	Tony Hulme	IND	M	60	81.9	120	0	1020	1140	57:32	0	1140				<b>13913</b>
28	Trevor Hindle	MDOC	M	60	125.8	180	0	1570	1750	59:08	0	1750				<b>13911</b>
29	Ruth Beresford	MDOC	W	40	138.7	120	0	1160	1280	39:38	0	1920				<b>13847</b>
30	Maria + Simon Rushton	Marple Runners	W	60	69.6	120	0	840	960	57:03	0	960				<b>13799</b>
31	Paul Hunt	MDOC	M	60	110.8	180	0	1420	1600	61:42	102	1498				<b>13522</b>
32	David McCann	MDOC	M	60	109.7	180	0	1430	1610	62:15	135	1475				<b>13445</b>
33	Peter Brooke	SELOC	M	60	136.1	180	30	1620	1830	60:22	22	1808				<b>13280</b>
34	Daniels Family (Sarah, Gary, Marcus, Jacob)	MDOC	M	60	80.0	120	0	940	1060	57:15	0	1060				<b>13253</b>
35	John Britton	MDOC	M	40	113.2	80	0	920	1000	39:19	0	1500				<b>13250</b>
36	Michael Greenwood	GRAMP	M	60	115.5	240	0	1320	1560	60:36	36	1524				<b>13196</b>
37	Becky Albrow	Ramsbottom running club	W	60	79.3	60	0	970	1030	57:30	0	1030				<b>12994</b>
38	Peter Gorvett	SYO	M	60	130.5	180	0	1490	1670	57:32	0	1670				<b>12801</b>
39	Jim Edwards	MDOC	M	60	147.5	180	0	1680	1860	60:41	41	1819				<b>12330</b>
40	Chris Rostron	MDOC	M	60	86.2	60	0	1010	1070	60:08	8	1062				<b>12321</b>

41	Nicholas Colwill	IND	M	60	144.1	240	0	1680	1920	63:05	185	1735	<b>12039</b>
42	Barry Chambers	DEE	M	60	87.3	60	0	990	1050	59:07	0	1050	<b>12032</b>
43	Daniel Martin	IND	M	60	129.8	180	0	1380	1560	59:37	0	1560	<b>12023</b>
44	David Wathey	MDOC	M	60	145.1	180	0	1540	1720	59:46	0	1720	<b>11854</b>
45	Nathanael Booker (+ Rowan)	MDOC	M	40	148.8	200	0	1230	1430	44:15	255	1762.5	<b>11845</b>
46	Emma Mason	MDOC	W	60	156.8	180	0	1550	1730	58:14	0	1730	<b>11032</b>
47	Roger Ashby	Pennine Fell Runners	M	60	59.1	120	0	760	880	63:53	233	647	<b>10948</b>
48	Paul Turnock	MDOC	M	60	167.0	180	0	1560	1740	58:03	0	1740	<b>10418</b>
49	Siobhan Henn	MDOC	W	60	163.6	180	0	1520	1700	59:33	0	1700	<b>10391</b>
50	Jane McCann	MDOC	W	60	116.9	180	0	1290	1470	65:01	301	1169	<b>9998</b>
51	Trevor Longman	Macclesfield Harriers	M	60	114.2	180	0	1060	1240	61:41	101	1139	<b>9972</b>
52	Anna Thomas + Mark Hanna	Manchester Tri	W	60	131.7	180	0	1200	1380	62:01	121	1259	<b>9563</b>
53	Peter Ross	MDOC	M	40	143.7	80	0	760	840	39:41	0	1260	<b>8766</b>
54	Paul Turner	SELOC	M	60	172.6	180	1330	0	1510	62:02	122	1388	<b>8044</b>
55	Ade West-Samuel	GVS	M	60	178.7	180	0	1270	1450	60:21	21	1429	<b>7995</b>
56	paul clifford	MDOC	M	60	192.9	180	0	1300	1480	56:28	0	1480	<b>7673</b>
57	Helen Gray	Goyt Valley	W	60	78.8	120	0	890	1010	67:25	445	565	<b>7171</b>
58	Graham Heap	MDOC	M	60	122.1	60	0	810	870	58:24	0	870	<b>7123</b>
59	Hannah Coates (+Claire Howarth)	Chorlton Runners	W	60	201.2	120	0	1260	1380	60:01	1	1379	<b>6855</b>
60	Jonathan Gilmour (+ Laura Owen)	IND	M	60	168.5	120	0	1150	1270	62:08	128	1142	<b>6778</b>
61	Anna Ashton	Marple Runners	W	60	146.3	120	0	860	980	56:58	0	980	<b>6699</b>
62	Robert Verity	DEE	M	60	123.5	60	760	0	820	57:48	0	820	<b>6639</b>
63	David Isherwood	MDOC	M	60	165.6	120	0	950	1070	51:06	0	1070	<b>6462</b>
64	Matthew Snarr	MDOC	M	60	217.2	180	0	1210	1390	60:03	3	1387	<b>6386</b>
65	Edward Mellor	SELOC	M	60	202.3	120	0	1130	1250	60:05	5	1245	<b>6155</b>
66	Doug Edwards	MDOC	M	60	175.7	60	0	830	890	57:14	0	890	<b>5066</b>
67	Stephen Beresford	MDOC	M	40	183.1	40	0	490	530	36:48	0	530	<b>4341</b>
68	James Verity	MDOC	M	60	204.6	0	0	590	590	48:29	0	590	<b>2884</b>